

CENTRAL ATLANTIC REGION OF NARCOTICS ANONYMOUS

P.O. Box 1959, Chesterfield, VA 23832

www.car-na.org

(800) 777-1515

Area Name	Almost Heaven Area	Appalachian Area	Blue Ridge Area	New Dominion Area
Cities/Towns	Cumberland and Hagerstown, MD; Berryville, VA; Charlestown, Keyster, Martinsburg, Romney, and Shepardstown, WV	Amherst, Bedford, Lynchburg, Lynch Station and Madison Heights, VA	Churchville, Craigsville, Fishersville, Harrisonburg, Luray, New Market, Staunton and Waynesboro, VA	Amelia, Ashland, Chesterfield, Farmville, Goochland, Mechanicsville, Midlothian, and Powhatan, VA
Helpline Number	(800) 777-1515	(800) 777-1515	800-777-1515	804-965-1875
Web Site	http://na2day.tripod.com/cgi-bin/index.htm	www.car-na.org/appalachian.htm	www.brana.org	www.metrorichna.org

Area Name	New River Valley Area	Outer Limits Area	Peninsula Area	Piedmont Area
Cities/Towns	Blacksburg, Christiansburg, Dublin, Galax, Pearisburg, Pulaski and Radford, VA; includes Floyd and Giles Counties	Emporia, Franklin, Lawrenceville, VA; Halifax, Macon, and Roanoke Rapids, NC	Gloucester, Hampton, Newport News, Warsaw, Williamsburg and York County, VA	Albermarle County, Charlottesville, Culpeper, Greene County, Lovingston, Nelson County, Orange County, Palmyra and Stanardsville, VA
Helpline Number	(800) 777-1515	(800) 777-1515	(757) 875-9314	(434) 979-8298
Web Site	www.newrivervalleyrna.org	charter.net/shaycsper/olana.html	www.peninsulana.com	www.piedmontvana.org

Area Name	Rappahannock Area	Richmond Area	Roanoke Valley Area	Shenandoah Valley Area
Cities/Towns	Caroline County, Fredericksburg, Spotsylvania, Stafford County and Tappahannock, VA	Richmond, VA	Clifton Forge, Covington, Roanoke, Salem, Rocky Mount and Vinton, VA	Berryville, Front Royal, Mt Jackson, Stephens City and Winchester, VA; Innwood, WV
Helpline Number	(800) 777-1515	(804) 965-1871	(800) 777-1515	(800) 777-1515
Web Site	www.rappahannockareaofna.com	www.metrorichna.org	www.rvana.com	www.shevana.org

Area Name	Southside Area	Tidewater Area	Tri-Cities Area	NA World Services
Cities/Towns	Clarksville, Danville, Martinsville, South Boston, VA, includes Henry, Mecklenburg and Pennsylvania Counties	Chesapeake, Norfolk, Portsmouth, Suffolk and Virginia Beach, VA; Outer Banks: Corolla, Hatteras, Kill Devil Hills, Manteo, Nags Head, NC, Includes Currituck and Dare Counties	Chester, Colonial Heights, Dinwiddie, Fort Lee, Hopewell, Petersburg and Prince George, VA	P.O. Box 9999 Van Nuys, CA 91409 Fax: 818-700-0700
Helpline Number	(800) 918-0523	(866) 972-5055	(818) 773-9999	(818) 773-9999
Web Site	www.southsideareana.org	www.tidewaterareana.org	www.tca-na.org	www.na.org