




Public Relations (PR)

Due to concerns expressed by our phone line volunteers in receiving calls.

- First, we identify and provide them with Area codes for each city, town, and county where meetings is located throughout our region.
- Second, we changed the questions that the operator asked the caller so they could better redirect the calls closest to the location of the caller.

Presentations

- Quadrant #3 Public Relations Workshop in Bedford, Virginia
- The Piedmont Area's PR Subcommittee requested our help in conducting a workshop during their Piedmont Area Campout.
- Virginia Summer Institute of Addiction Studies (VSIAS) July 19-21 at Williamsburg Hospitality House, Williamsburg, VA.
- Quadrant #1 PR workshop
- Quadrant #2 PR Workshop in Martinsburg, West Virginia.



We realized there was so much information to share with these new members, we provided them with hard copies, as well as, burned these templates and the PowerPoint presentations upon a CD. This will allow them to customize and print copies for their own Area training workshops



Central Atlantic Region
Website
car-na.org

Welcome
To the
**Central Atlantic
Region**
Of
Narcotics Anonymous

We are a group of recovering
addicts in the states of:

Maryland
North Carolina
Pennsylvania
Virginia
West Virginia

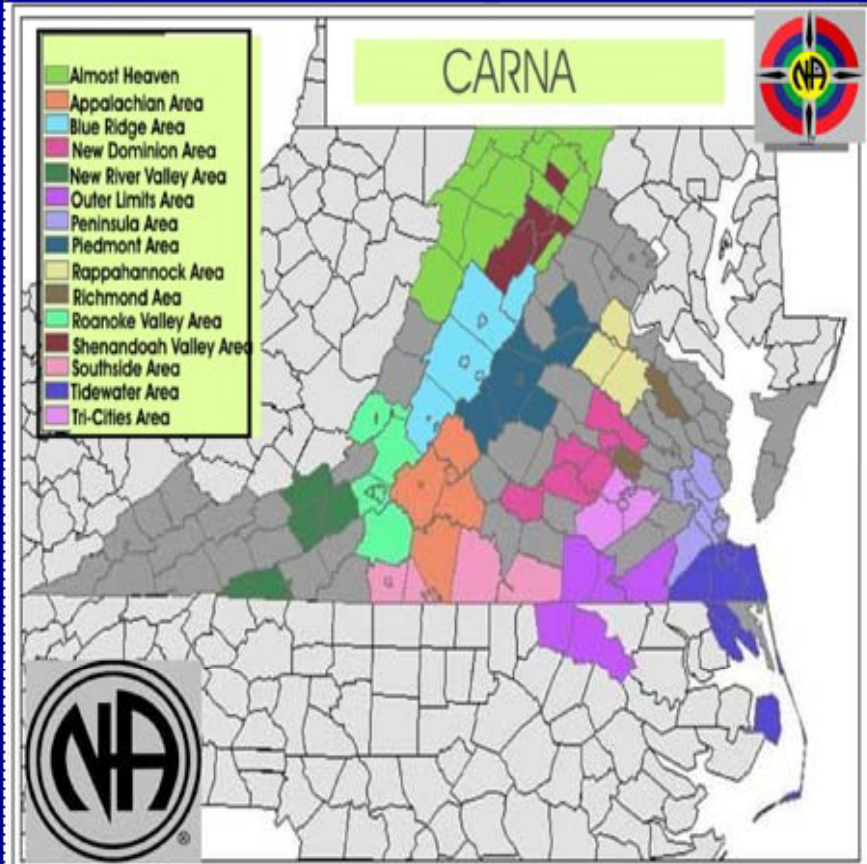
Who help each other stay clean in the fellowship of
Narcotics Anonymous
and carry the message to the still suffering addict.
If you are new to NA our message is a simple one:

WE Never Have to Use Again!!!!
Welcome and How can We
Help????

800-777-1515

Central Atlantic Helpline

[Click Here for Meetings and more Info](#)



WEBSITE TRAFFIC

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Regional Committee Members

[Almost Heaven RCM](#)
[Appalachian RCM](#)
[Blue Ridge RCM](#)
[New Dominion RCM](#)
[New River Valley
RCM](#)
[Outer Limits RCM](#)
[Peninsula RCM](#)
[Piedmont RCM](#)
[Rappahannock RCM](#)
[Richmond RCM](#)
[Roanoke Valley RCM](#)
[Shenandoah Valley
RCM](#)
[Southside RCM](#)
[Tidewater RCM](#)
[Tri-Cities RCM](#)

Contact Information

RSC Chair chair@car-na.org Sherry V (April, 2009-2011)

RSC Vice Chair vicechair@car-na.org VACANT

RSC Secretary secretary@car-na.org Cynthia W. (Feb, 2011-2013)

RSC Treasurer treasurer@car-na.org VACANT

Regional Delegate rd@car-na.org Etta S. (Oct., 2010-2012)

Regional Delegate Alternate rda@car-na.org Donnalee P (Dec., 2010-2012)

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Subcommittees

Activities activities@car-na.org VACANT

Hospitals & Institutions hi@car-na.org VACANT

Literature Review lit@car-na.org Project Driven

Outreach outreach@car-na.org VACANT

Policy policy@car-na.org Bill Mc (Feb, 2011-2013)

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Speakerjam jam@car-na.org Shawn C. (Dec. 2010-2012)

Mailing Address

Central Atlantic Region
RSC
P. O. Box 1959
Chesterfield, VA 23832

Upcoming Events

Please Note:

For fliers to be posted 1 week prior to event must be sent to webmaster 3 weeks prior to Event

Fliers need to be in .pdf format

E-mail additions, corrections or changes to: webmaster@car-na.org

April 3, 2011

Artwork

hosted by Shevana

Daily Grind

Loundon Street Mall

Winchester, VA

Info: see flier:

[Printable Flier](#)

Current Events

Past Events


- [2011](#)
- [2010](#)
- [2009](#)
- [2008](#)
- [2007](#)
- [2006](#)

NA Links

- [Area Resource Sheet](#)
- [Living Clean Project Service System Project](#)
- [World Service Office of](#)



Hospital Institutions (H&I)

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- Currently we are distributing letters from inmates to the appropriate Regional Committee Member (RCM) with the option that if unable to respond that a member of the Regional
 - Committee Team will help out.



Virginia Regional Convention Corporation (VRCC)

VRCC

<http://avcna.org/>

**Welcome to the Virginian Regional Convention
Corporation (VRCC)**

<http://avcna.org/html/VRCCBYLAWS2010.pdf>

**BY-LAWS OF
VIRGINIA REGIONAL CONVENTION
CORPORATION, INC.
A VIRGINIA NON-STOCK CORPORATION**

http://avcna.org/html/VRCC_Policy2010.pdf

*Virginia Regional Convention Corporation
Policies & Procedures*

VRCC Special Meeting
VRCC and Regional Open Forum Meeting
Saturday, July 7, 2007
10 a.m. – 3 p.m.
Region Ten Community Service Building
401 4th cy. NW
Charlottesville, Virginia

- The goal of this meeting was to continue taking steps in bridging the gap between the two service bodies of the Regional Service Committee (RSC) and the Virginia Regional Convention Corporation (VRCC).

Motion from 146th passed at Region

October 2010

2010 Central Atlantic Region, Guidelines and Rules of Order

Section XIII Convention Corporation

A. Relation between the Corporation and Region

The Virginia Regional Convention Corporation (VRCC) was created to achieve efficiency, continuity, accountability, and unity in connection with putting on our Region's convention while maintaining our corporation's autonomy. This allows our corporation to function as a business and to provide protection to the fellowship from legal liability and to help maintain the fellowships policies on anonymity and non involvement in issues outside of recovery. Neither the Region nor any other service body of Narcotics Anonymous can be held responsible for debts or law suits against the Corporation. The Corporation also maintains autonomy over distribution of any and all funds.

Motion from 146th passed at Region

B. Corporation Chair Duties (per Corporation policy)

Compiles a report for every RSC consisting of:

- a. Activities since last conference
 - b. Recommendations
 - c. Reports on motions committed to the VRCC
 - d. Upcoming events
1. Compiles a report of previous years' activities for GSR assembly in April.
 2. Attends all Regional Service Conferences
 3. Is accountable for clarifying convention/host committee issues at the RSC as needed.

C. Regional Service Conference Chair to notify Corporation in case of non-compliance of Duties (146th) (this was put under Regional Chair Duties)

VRCC

*The vote: **Motion- Jim H. Motion: To Amend the Corporation by-laws with the following changes pending has been sent back to the groups and we will not have the results until our July meeting.-VRCC Chair report...June 2010***

Motion: To amend our Corporation by-laws on a motion at the 144th Regional Service Conference (RSC) on June 19th 2010 will not know results until July 2010.

Still have not heard the outcome from the motion.

VRCC Vice Chair

April 2011

- “We have no policy directing us to this event”

Speaker Jam Year End Report

- We held our last speaker Jam in September of 2010. It was hosted by the Shenandoah Valley Area of Narcotics Anonymous. The event was attended by approximately 100 addicts throughout the day and a strong message of NA was presented.
- The spring of this year event was canceled due to no area willing to bid to host the event. Just a reminder that any area may bid to host the event, the region pays for the event up to a budgeted amount and areas typically wind up making a little bit of money through food sales and donations. It is also a great chance for an area to bring a message of recovery to their area from different speakers throughout our very large region. The bid requirements are in our regional policy, but basically all that is needed is a location, a coffee pot, a letter of from your area and a letter of support from an adjacent area. It is also suggested the hosting area provide some type of lunch. The region has helped with the cost of this in the past.

Activities

Purpose of Subcommittee:

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum.

Activities:

1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
2. Schedule and plan the GSR Assembly annually in April.
3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005).

Passed at the 123rd RSC