

**Central Atlantic Region of Narcotics Anonymous  
Addendum 1  
Subcommittee's Creation and Purposes 2011**

**1. Regional Policy:**

Motion made by Laura S. and Seconded by Greg F. (Tri-cities)  
To form a standing Policy Committee.

**Intent:** To create a single point of accountability for the ongoing maintenance and update of the CARNA guidelines/policy.

Passed at the 107<sup>th</sup> RSC

**Passed** at the 123<sup>rd</sup> RSC

**Purpose of Subcommittee:**

Discuss motions and proposals that amend the Guidelines and Rules of Order. Advise the RSC officers about the Guidelines and Rules of Order.

**Activities of Subcommittee**

- A. The RSC Chair may commit any motion that amends the Central Atlantic Region Regional Service Committee Guidelines and Rules of Order to the Policy Subcommittee for its report and recommendations before permitting discussion or debate of such a motion on the RSC floor. Policy Subcommittee will review a motion committed to it to determine which parts of the Guidelines and Rules of Order will need to be amended to conform to the intent of the motion. Policy Subcommittee will report on the motion to recommend adoption or rejection of the motion, and to recommend amendments to the motion, if any.
- B. Each February, Policy Subcommittee will issue its annual report, including a revised version of the Guidelines and Rules of Order as amended by the RSC minutes approved by the RSC. Guideline Motions included in RSC minutes, which the RSC has not approved, will be attached separately in an Addendum for reference, pending approval of the correlated minutes.
- C. Copies of the annual report will be provided to new RSC officers, RCMs and RCM Alternates upon request during the year.

**2. Regional Hospitals and Institutions**

Motion 113-1 made by Daniel P. and 2<sup>ed</sup> by Almost Heaven.  
For the CARNA to establish a standing H&I Subcommittee.

**Intent:** To pull together out Areas H&I committees to help provide resources for our Entire Region.

**Passed** at the 115<sup>th</sup> RSC

**Purpose of Subcommittee:**

RSC H&I Subcommittee serves the needs of all the areas within the Central Atlantic Region by conducting activities that promote the growth

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and strength of all H&I efforts and needs within the Region and the fellowship.

**Functions of the Subcommittee**

- A. Is a resource for members, groups, and areas in their H&I efforts by providing supplies, literature, information, and other materials necessary to better carry the message.
  - B. Provides bi-monthly subcommittee meeting rotated throughout the four quadrants for area H&I subcommittees to share their experience, strength, and hope.
  - C. Maintains an updated listing of all appropriate facilities within the region and records which ones are served by which area subcommittees and the type of services that are being performed.
  - D. Conducts and/or coordinates panel presentations that carry the message into facilities that cannot be served by an area subcommittee.
  - E. Conducts workshops upon request throughout the region.
  - F. Maintains communication with the WSC H&I Committee so that member areas may inform of it activities. Communication flows both ways between the area and world level through the regional subcommittee.
  - G. Conducts and/or coordinates panel presentations to institutions to utilize NA as a resource in their facility.
  - H. Performs any other H&I activities that support the purpose of CARNA.
- Passed at the 123<sup>rd</sup> RSC

**3. Regional Outreach (Project Driven):**

Motion 140-9, To make Outreach Subcommittee project driven.

Passed at the 142 RSC: 9-for; 1-against, and 2-abstain

Motion 115-6 Made by Erin C and 2nd by Vanessa Roanoke Valley

To create an outreach committee on the Regional level, to fulfill the regions purpose of better carrying the message.

**Intent:** To delegate authority so that the Region can better serve the Areas.

**Passed** at the 116<sup>th</sup> RSC

**Purpose of Subcommittee:**

Outreach Subcommittee serves as the outstretched hand of an established NA community to isolated groups and addicts and to new and struggling areas. The subcommittee helps deep geographically isolated groups and addicts in touch with the mainstream of the NA fellowship.

**Activities of Subcommittee**

- A. Outreach Subcommittee contacts nonparticipating areas to determine if help is needed. A nonparticipating area would be any area that has missed two consecutive RSCs. A contact could range from communications to a visit to their ASC. Outreach subcommittee

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coordinates services to assist new or struggling areas specific to the needs of the area. Passed at 126th RSC

- B. Outreach contacts isolated groups yearly to provide information on services available to them such as nearby areas, registration with NAWS, and GSR Assembly.
- C. Outreach assists Public Information Subcommittee with obtaining information to update the phone line and website and other areas of mutual concern.
- D. Outreach refers isolated members to local services where available, such as
- E. Starting new meetings. Passed at the 123rd RSC

**4. Regional Activities:**

Motion 115-7 Made by Erin C and 2<sup>nd</sup> by Vanessa Roanoke Valley

To create an activities subcommittee on the Regional level, to fulfill the regions purpose of better carrying the message.

**Intent:** To delegate authority so that the Region can better serve the Areas.

**Passed** at the 117<sup>th</sup> RSC

**Purpose of Subcommittee:**

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum.

**Activities of Subcommittee**

- A. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
- B. Schedule and plan the GSR Assembly annually in April.
- C. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
- D. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005).

Passed at the 123rd RSC

**5. Regional Literature Review (Disbanded):**

Motion 137-7, To disband Literature Review Subcommittee due to lack of fulfillment of Chair position and the lack of consistent need for literature review passed at the 138th RSC

Motion passes with 10 in favor and 0 against and 2 areas abstaining.

Motion 115-8 Made by Erin C and 2<sup>nd</sup> by Vanessa Roanoke Valley

To create a literature review subcommittee on the Regional level, to fulfill the regions purpose of better carrying the message.

**Intent:** To delegate authority so that the Region can better serve the Areas.

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**Passed** at the 118<sup>th</sup> RSC

**Purpose of Subcommittee**

- A. To stock and make available review and approval form literature.
- B. To serve as a communication link in all matters of literature between the group and literature committee on all levels- Area, Region, and World.
- C. To provide the forum and atmosphere where members may contribute to the development and creation of NA literature.
- D. Providing a forum and an atmosphere where our members may contribute to the process of creating and developing our literature is extremely important. This responsibility can best be fulfilled by having regularly scheduled meetings for the purpose of reviewing and preparing input to our review-form literature. Members of the local fellowship should be informed regularly of meeting times and locations, and of the pieces of literature on which the committee is currently working. It is the literature chairperson's responsibility to organize a work agenda for each piece of NA literature that is out for review and input. Creative writing is an important aspect of working on review-form literature. Although the WSC Literature Committee welcomes all types of comments and input, creative writing is particularly helpful. If a piece is weak or needs additional writing on a topic, write it. Critical analysis is important, and yet creative input is equally important. Our literature is written by addicts for addicts. The unique quality of our literature can occur only when members participate by providing creative writing. Input sheets developed by area literature committees should be turned in to the regional literature committee. The regional literature committee will then either compile the input with the input for other areas, or forward the input directly to the WSC Literature Committee. If the regional literature committee is not reviewing the piece, the input can be sent directly to the WSC Literature Committee.

Passed at the 123<sup>rd</sup> RSC

**6. Regional Public Information:**

Motion 115-9 Made by Erin C and 2<sup>nd</sup> by Vanessa Roanoke Valley

To create a PI subcommittee on the Regional level, to fulfill the regions purpose of better carrying the message.

**Intent:** To delegate authority so that the Region can better serve the Areas.

**Passed** at the 118<sup>th</sup> RSC

**Purpose of Subcommittee**

The purpose of the Public Information Subcommittee is to inform the public that NA exists. It offers recovery from addiction and information about how and where to find it. To coordinate and channel PI requests that overlap area/region

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to proper service committee within their geographical location. All activities directed to that end shall be carried out in accordance with the Twelve Traditions of Narcotics Anonymous.

**Activities of Subcommittee**

- A. Selects a member to maintain and update the website.
- B. Selects a member to be the phone line contact person.
- C. Holds workshops on related PI issues concerning area/world.
- D. Coordinates and plans activities in conjunction with:
  - i. Virginia State Fair
  - ii. National Recovery Month
  - iii. National Drug and Drunk Driving Month
  - iv. Etc.
- E. Is the communication link between the world and area service.
  - i. Means the CARNA PI Subcommittee must provide information and material developed at world level to the Areas.

Passed at the 123<sup>rd</sup> RSC

**7. Regional Speaker Jam:**

Motion 117-18 made by: George B. 2<sup>nd</sup>: Anthony H. Richmond

To create a standing subcommittee that is responsible for Speaker Jams.

**Intent:** To create a Speaker Jam Subcommittee.

**Passed** at the 118<sup>th</sup> RSC

**Purpose of Subcommittee**

To help bring unity to section of areas who don't get support from the their areas and region

**Bid Requirements:**

- A. Dates are to be the second Saturday of March and September (138<sup>th</sup> RSC)
  - i. (Dates may have to be change due to other Regional events or conflict in dates)
- B. To have a location adequate to host event
- C. A letter of need from your Area or Institution
- D. A letter of support from an adjoining Area
- E. Bids are to be turned in at the speaker jam. The Area will be selected by the subcommittee and announced by the second RSC after the speaker jam.

**Suggestions for Host Area**

- A. Provide lunch
- B. Provide coffee pots
- C. Invite Treatment Centers

Passed at the 123<sup>rd</sup> RSC<sup>5</sup>