

Central Atlantic Region
Regional Service Committee
Guidelines & Rules of Order

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2010 Central Atlantic Region, Guidelines and Rules of Order

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PURPOSE

On March 10, 1985, our Region was formed in the spirit of love. We would like to continue our spiritual direction, asking that each member act with respect and love to every other member of this Conference. From our inception, we have worked in the spirit of unanimity. This process allows all members to have their questions, answers and all input heard before votes are taken. This course of action takes time and allows a loving God to express Himself through an informed Group Conscience. We hope to, in all our endeavors, strive to better carry the message in a loving way to the addict who still suffers. With everyone's help we can still do this, just for today, the NA way.

We are dedicated to be supportive to our Members, our Groups, Areas and Service Committees and their primary purpose so that no addict seeking recovery need die without having the chance to find a better way of life. We are committed to the linking together, within our Region, by helping each other deal with our basic needs and situations and by encouraging the growth of our Fellowship. This Conference is here to serve the basic functions of unifying the Fellowship within our Region, to contribute to carrying the message of recovery through subcommittee actions and to contribute to the growth of NA by initiating work to be finalized at the World Service Conference. We must always remember, as individual Members, Groups and Service Committees, we are not in competition with each other and never should be. We work separately and together to help the newcomer and for our common good. Internal strife cripples our Fellowship and prevents us from providing the services necessary for our growth.

God, Grant me the serenity,
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.

2010 Central Atlantic Region, Guidelines and Rules of Order The 12 Traditions

We keep what we have only with vigilance; and just as freedom for the individual comes from the TWELVE STEPS, so freedom for the group springs from our TRADITIONS.

As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our Group purpose, there is but one ultimate authority - a loving God as He may express Himself in our Group Conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is the desire to stop using.
4. Each Group should be autonomous except in matters affecting other Groups, or NA as a whole.
5. Each Group has but one primary purpose - to carry the message to the addict who still suffers.
6. An NA Group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. NA has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion. We need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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12 Concepts for NA Service

1. To fulfill our fellowships primary purpose, the NA groups have joined together to create a structure, which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rest with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means in which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision making process.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all view points in the decision making process.
10. Any member of a service body can petition that body for redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our service structure should always be one of service never of government.

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Section I: Region Name (136th)

The region will be called the Central Atlantic Region of Narcotics Anonymous.

Section II: QUORUM

Quorum shall be five RCMs (does not include new areas)

Section III: RECOGNITION OF NEW AREAS

1. The Central Atlantic Region recommends all Areas planning to divide and/or create a new ASC follow Narcotics Anonymous *Guide to Local Service's* chapter on dividing of ASCs.
2. New Areas must show evidence (ASC minutes) of having held three current, consecutive ASC meetings in order to be a recognized area in the Central Atlantic Region. (134th)
3. Areas absent from RSC for one or more years shall no longer be considered "recognized," shall be removed from the roll call and shall be required to re-qualify per Item 2 above. (134th)

Section IV: VOTING / MOTIONS

1. Any attending RCM or RCM Alternate (in the RCM absence) of a recognized area may vote.
2. The Chair can vote in the case of a tie; only in RSC Procedural Matters.
3. Voting will be done by unanimous voice vote or a show of hands; or a Roll Call vote when requested by an RCM/RCM-Alternate or an RSC officer. All Group Conscience votes will be Roll Call.
4. Motions amending the Guidelines and Rules of Order must be passed by 2/3 majority vote. All other motions require a simple majority. (121st)
5. Any member of NA can make a motion. The motion then must be seconded by an RCM (or RCM-Alternate in the RCM's Absence).
6. All Main Motions and Amendments must be written.
 - (A) A Motion is submitted to and read by the Secretary.
 - (B) Chair asks for 2 pros and 2 cons.
 - (C) Chair asks if there are any questions that are to be directed to the Chair or motion maker only.
 - (D) Chair asks for secondary motions or amendments:
If there are any, go back to (A).
If there are none, go on to (E).
 - (E) Chair asks if RCMs are ready to vote.
If 2/3 is ready to vote, a vote is taken.
If 2/3 are not ready to vote, go back to (C).
7. Minutes shall include a tally of votes on all motions, reserving a section for Roll Call votes.
8. No member may make two motions at the same time.
9. No member may speak on a motion more than once unless others desiring to speak on the motion have exercised their opportunity.
10. There shall be a time limit on debate by any member. No member may speak longer than three minutes on a motion for each time they are recognized by the Chair to speak. However, the Chair may exercise discretion to extend the time limit when in the Chair's opinion such action is warranted. To otherwise extend debate, a motion (Extend or Limit Debate) must be adopted.
11. There shall be a limit on debate of the number of speakers on any motion. There shall be no more than two members to speak in favor (pro) on any motion, and no more than two members to speak in opposition (con) on any motion.

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However, the Chair may exercise discretion to extend the number of speakers when in the Chair's opinion such action is warranted. To otherwise extend debate, a motion (Extend or Limit Debate) must be adopted.

12. Every main motion must be presented in writing on the appropriate form and contain the name of the member or Area making the motion and the name and Area of the RCM seconding the motion. Every amendment to a main motion must be presented in writing and contain the name of the member or Area making the motion and the name and Area of the RCM seconding.

A proposed main motion or its amendment must be presented in writing at the time the main motion or its amendment is recognized by the Chair.

13. On matters of procedure, such as Lay on the Table, Recess, Amended, Commit, etc., the number voting in the affirmative required for adoption (regardless of type of majority required, whether simple or 2/3), shall be determined by the number of RCMs present and voting yes or no. (Abstentions have no effect).

14. No changes other than clerical can be made to the Central Atlantic Region Regional Policy handbook and Rules of Order without those changes first being sent back to areas group conscience.

15. On motions that change the guidelines, the following procedures apply:

- a. Establish total number of members participating in vote.
- b. Two-thirds (2/3) of the members voting must have a yea or nay vote.
- c. of the 2/3 voting yea or nay, there must be a 2/3 majority in order to carry the motion.
- d. Abstentions shall be taken prior to the yea or nay vote to determine if 2/3 of the members have a definite yea or nay vote. On motions where 1/3 of the voters abstain, abstentions will be polled. The motion will be table one time to Old Business at the next RSC where abstentions will have no effect on the motion.

e. Ex. (based on 10 voting RCMs):

I. During first vote:

1. If there are 4 or more abstentions, the motion goes back to home groups.
2. If there are 3 or fewer abstentions, the vote proceeds.

II. During second vote:

1. Abstentions are ignored.
2. If 2/3 of those voting cast a yea vote, the motion passes.
3. Anything less than 2/3 yea votes, the motion fails.

f. Other motions

1. Yes means that the RCM (or RCM Alternate in the RCM's absence) has decided to vote for the motion.
2. No means that the RCM (or RCM Alternate in the RCM's absence) has decided to vote against the motion.
3. Abstention means that the RCM (or RCM Alternate in the RCM's absence) has decided that more information is required.

16. An adopted motion shall take effect at the close of the Conference, unless otherwise stated in the motion. (133rd)

Section V: REPORTS

1. Only written reports included in the minutes.
2. All reports will be limited to ten (10) minutes each. Any items needing to be addressed will be placed under Old or New Business as appropriate.
3. The following suggested format should be used in all RCM reports:
 - (a) How many groups in your area

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- (b) How many GSRs attending ASC
 - (c) Area trusted service positions open
 - (d) Area trusted servants elected
 - (e) Group news
 - (f) Area news
 - (g) Subcommittee news
 - (h) Area concerns
 - (I) Area special events calendar
 - (j) Brief summary
 - (k) Next ASC meeting
4. RCMs are asked to turn in an updated meeting list, Area Contact Information and written reports to the Secretary at every Conference.
 5. RSC Minutes shall include the nominee's qualifications (including clean-time and area) for anyone accepting a Regional nomination.
 6. RSC Minutes shall include all motions in their full context and the agenda with no abbreviations or reference to past minutes.
 7. To include in the Central Atlantic Region minutes...the topics discussed during Open Forum.

Section VI: NOMINATIONS OF OFFICERS

1. Positions coming open will be announced and nominations will be opened and accepted two conferences prior to the elections. All nominees must be present. RCM's will go back to the Areas for nominations. (139th)
2. In the event of an unexpected/early resignation of an RSC trusted servant, the Chair will send a letter to the Areas requesting that nominations be presented at the next Conference.
3. One RSC prior to the position coming open, all nominees must be present. The Chair shall read Duties and Qualifications. If one or more persons are nominated, nominations will be closed. Verbal and written qualifications will be given. Pros and cons will be accepted. (139th)
4. Nominees may leave the room during 2 Pros and 2 Cons. On return of nominee to floor, nominee will be given opportunity to provide any rebuttal to cons (Pros and cons and rebuttal will be included in minutes.) or withdraw nominations (pros and cons restricted from minutes.) (138th)
5. Current service positions held will be discussed to determine if a conflict exists.

Section VII: ELECTIONS

1. Each nominee must be present. (139th)
2. When there is a lone nominee, that nominee may be acclimated or elected in the event of one or more dissention. If lone nominee is not elected, nominations are re-opened and will remain open until at least one nomination is received. Cycle will then revert to Section VI, Item 3. The position may be filled pro-temp. (139th)

Example:

RSC # A (December)

Announce Position Open in 2 RSC

Open Nominations

Accept Nominations

RSC # B (February)

Accept Nominations

Accept Qualifications

Accept Pros/Cons

If one or more nominations close

Nominations

RSC # 3 (April)

Elect Trusted Servants

Acclimate or vote on lone nominee

If nominee is not elected, nominations are re-opened and remain open until at least one nominee is received.

Cycle restarts at RSC #B

3. The Chair will ask for a moment of silence before voting.
4. Voting by RCMs is done by paper ballot.

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5. Trusted servants' term of office shall begin and outgoing trusted servants shall turn over all relevant materials and property of the RSC at the adjournment of the RSC when the election is held.

Section VIII: ADDITIONAL GUIDELINES

1. RSC will maintain a prudent reserve. After expenses are paid, all remaining money will be donated to NAWS.
2. RSC will pay for transportation, lodging and per diem for the RDA and RDA2 to attend the bi-annual WSC, and for per diem for the RD to attend. RSC will pay for transportation, lodging and per diem for the RD, RDA and RDA2 to attend Zonal forums and pre-approved workshops.
3. The Conference shall have a smoking and a non-smoking section on the Conference floor if permitted. Smoking is prohibited except during open forum and breaks.
4. The Region shall have a post office box where all Regional correspondences shall be sent. All bills that are paid 100% automatically may be sent directly to the Treasurer.
5. In the event that both the RD, RD-Alternate cannot attend the WSC, the Chair will arrange a phone conference for the RCM's to select by phone conference an assistant for the RD-Alt. 2. This guideline is to be used only as an emergency measure when the CAR cannot meet.
6. Any unbudgeted expenditures over \$300 must be sent to the groups for approval.
7. Receipts are required for all reimbursements by RSC.
8. The RSC will meet as a single-day event without overnight accommodations in the months of February, June, August and December. The RSC will meet as overnight events with accommodations and meals provided for RSC Officers, Committee Members and Alternates in the months of April and October. (114th)
9. All Regional events to be held at handicap accessible facilities. (133rd)
10. To require all fliers for events funded by the region to include the full name of the region. (133rd)

Section IX: OFFICERS DUTIES/QUALIFICATIONS

1A. CHAIR DUTIES

- (A) Compiles a pre-arranged Agenda. The pre-arranged agenda contains the Virginia Regional Convention Corporation Chair on the roll call and reports. (126th)
- (B) Presides over all Conferences.
- (C) Maintains the rules of decorum and discipline.
- (D) Is fair and impartial.
- (E) Refrains from discussing or expressing a personal opinion of a motion when presiding.
- (F) Co-signer on all bank accounts of the Central Atlantic Region.
- (G) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (125th)
- (H) Is ultimately responsible to see that all duties and responsibilities of RSC officers are carried out to completion. In the absence of any officer or officer's action, the Chair sees that the duties and responsibilities are carried out.
- (I) Responsible with Vice-Chair to be custodians of the RSC computer equipment during the time between Conferences. The Chair and the Vice-Chair are specifically empowered to delegate this responsibility to any RSC or committee officer needing the computer to complete RSC-related projects.
- (J) Contacts Officer after one unexplained absence from RSC or other assigned responsibility for statement of their willingness to serve.
- (K) Insures that a person is informed of their removal from office.
- (L) Attends all Regional Service Committee meetings.

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- (M) Responsible for arranging and conducting emergency phone conference calls as needed.
 - (N) Responsible to establish an Ad Hoc Committee to fulfill any duties not covered by standing subcommittee purposes. (138th)
- 1B. **CHAIR QUALIFICATIONS**
- (A) 5 years clean time.
 - (B) 3 years Area and/or Regional service experience.
 - (C) Willingness and desire to serve.
 - (D) 2 year term
 - (E) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
 - (F) Time and resources needed to be an active participant.
- 2A. **VICE-CHAIR DUTIES**
- (A) Performs all duties and has all the responsibilities of the Chair in the absence of the Chair.
 - (B) Liaison between all committees to assure coordinated functioning of said committees per RSC Guidelines.
 - (C) Attends Area Service Committee meetings when requested.
 - (D) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (125th)
 - (E) Co-signer on all bank accounts of the Central Atlantic Region.
 - (F) Responsible with the Chair to be custodians of the RSC computer equipment during the time between Conferences. The Chair and the Vice-Chair are specifically empowered to delegate this responsibility to any RSC or committee officer needing the computer to complete RSC-related projects.
 - (G) Is an automatic nominee for the Chair position when it becomes open.
 - (H) Attends all Regional Service Committee meetings.
 - (I) Audits the Treasurer's reconciliation of bank statement and records.
- 2B. **VICE-CHAIR QUALIFICATIONS**
- (A) 5 years clean time.
 - (B) 3 years Area and/or Regional service experience.
 - (C) Willingness and desire to serve.
 - (D) 2 year term, 4 year commitment.
 - (E) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
 - (F) Time and resources needed to be an active participant.
- 3A. **SECRETARY DUTIES**
- (A) Is responsible for a written report of RSC meetings.
 - (B) Keeps a mailing list of all RSC trusted servants, RCMs, ASC mailing addresses and sends update to WSO.
 - (C) Is responsible for typing minutes so they can be distributed within two weeks following each RSC meeting to area {ASC} mailing addresses and the addresses of RCM's, RCM Alt, Officer's and attendees.
 - (D) Co-signer on all bank accounts of the Central Atlantic Region.
 - (E) Requires that all motions are written on motion forms before the motion is put on the floor.

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- (F) Keeps records, correspondence, files and archives of the Region.
- (G) Compiles a list of motions from annually.
- (H) Attends all Regional Service Committee meetings.
- (I) Minutes shall be emailed to all RCM's, RCM Alternates, RSC Officers, Area Chairs and RSC Attendees unless otherwise requested to have hard copies mailed to a physical address. (138th)
- (J) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (142ND)

3B. **SECRETARY QUALIFICATIONS**

- (A) 4 years clean time.
- (B) 3 years Area and/or Regional service experience.
- (C) Willingness and desire to serve.
- (D) Two year term.
- (E) Clerical skills and access to equipment necessary to perform duties and responsibilities.
- (F) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
- (G) Time and resource needed to be an active participant.

4A. **TREASURER DUTIES**

- (A) Keeps an accurate record of all financial transactions and reconciles bank statements.
- (B) Prepares simplified and comprehensibly written financial reports for each RSC and annually at the GSR Assembly. (142ND)
- (C) Disburses monies as per previously-approved expenditures.
- (D) Deposits all donations from Areas and Committees within 10 working days of receipt.
- (E) Chairs an annual budget subcommittee meeting consisting of RSC Officers and interested persons.
- (F) Will submit a yearly projected budget, running from January 1 and ending on December 31 regardless of the Treasurers term of office, with a line item bi-monthly funding and maximum account levels at the October RSC. (142ND)
- (G) Co-signer on all bank accounts of the Central Atlantic Region.
- (H) Takes care of all Regional bills promptly.
- (I) Attends all Regional Service Committee meetings.
- (J) Makes available financial records and bank statements for the previous 24 months at each RSC.
- (K)
 1. Treasurer will have sole access to debit/visa card.
 2. Debit/Visa card is used for:
 - A. Bill payments: web services for Region (e.g. Networks Solutions), Phone line answering services (e.g. Professional Communications Messaging Service, Inc.), toll free phone line (e.g. Primus), and PO Box (e.g. Postmaster).
 - B. Pre-approved Travel
 1. Air and Rail travel expenses including shuttles
 2. Lodging/Hotel, B&B, Motel
 3. Any misuse of Debit/Visa by Treasurer is grounds for immediate termination of Treasurer Position and cancellation/forfeiture of Debit/Visa card. *Recovery of misappropriated funds shall be handled per World Service bulletin #30.* (135th)

4B. **TREASURER QUALIFICATIONS**

- (A) 7 years clean time.

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- (B) 2 years Area and/or Regional Treasurer experience.
- (C) Willingness and desire to serve.
- (D) 2 year term.
- (E) Skills in bookkeeping or accounting.
- (F) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
- (G) Time and resources needed to be an active participant.

5A. **REGIONAL DELEGATE DUTIES**

- (A) Serves as the communication link of the Regions, Zones and World Service.
- (B) Presents the minutes from report on all World Services, Zonal forums and other regional information (i.e. conventions, conferences, etc.).
- (C) Attends all Regional Service Committee meetings.
- (D) Attends biennial World Service Conference (WSC) Meeting, California, usually end of April; attends annual Mid-Atlantic Regional Conference of NA (MARLCNA) Lancaster, PA, usually second week in February. Attends Zonal Forum Meetings (twice per year), locations vary from throughout the Autonomy Zone geographic range (also organizes and chairs Zonal Forum when it is hosted by Central Atlantic Region); organize, schedule, coordinates and attends WSC Conference Agenda Report (CAR) Workshops throughout CARNA geographical area. (119th) To allow the delegate team to attend in non conference year the nearest World Wide Workshop. (142ND)
- (E) Attends as many Area Service Committee meetings as requested.
- (F) Can be a member of one or more World Service Conference Committees (as elected, with approval of RSC); will not accept a nomination to any Chair, Vice-Chair, Board or Administrative Committee position until two months before the end of their term.
- (G) Submits written report to each RSC Conference.
- (H) Submits annual written report at the GSR Assembly. (125th)
- (I) Provides a written complete tally of the vote from the GSR assembly
- (J) Provides a written complete tally at the first RSC following the WSC on the votes on the WSC floor on CAR motions.
- (K) Researches and secures most economical and appropriate travel plans and lodging (to include air (or rail) itinerary; shuttle, parking, hotel and anticipated tolls and taxes) no later than four months (two RSC's) from pre-approved event *unless* elected or appointed within that time frame. Itinerary research included in report. (119th)
- (L) Submits a written proposed agenda for the upcoming GSR Assembly at the December RSC. (125th)
- (M) Facilitates the GSR Assembly. (125th)

5B. **REGIONAL DELEGATE QUALIFICATIONS**

- (A) 7 years clean time.
- (B) 3 years Area and/or Regional service experience.
- (C) Willingness and desire to serve.
- (D) 2 year term
- (E) Has previously attended a minimum of one World Service Conference.
- (F) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.

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- (G) Time and resources needed to be an active participant.
- (H) Weekly access to Internet and email. (119th)

6A. REGIONAL DELEGATE-ALTERNATE DUTIES

- (A) Works closely with the RD.
- (B) Has all the same responsibilities as the RD.
- (C) Will not accept any nominations on the world level upon election.
- (D) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (125th)
- (E) Becomes automatic nominee for RD position when it becomes open and does not need to be nominated.

6B. REGIONAL DELEGATE-ALTERNATE QUALIFICATIONS

- (A) 5 years clean time.
- (B) 3 years Area and/or Regional service experience.
- (C) Willingness and desire to serve.
- (D) 2 year term, 4 year commitment.
- (E) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
- (F) Time and resources needed to be an active participant.
- (G) Weekly access to Internet and email. (119th)

7A. REGIONAL DELEGATE-ALTERNATE 2 DUTIES

- (A) Works closely with the RD and RDA.
- (B) Has all the same responsibilities as the RDA.
- (C) Will not accept any nominations on the world level upon election.
- (D) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (125th)
- (E) Becomes automatic nominee for RDA position when it becomes open and does not need to be nominated.
- (F) Holds the position of Web servant to NAWS. (135th)

7B. REGIONAL DELEGATE-ALTERNATE 2 QUALIFICATIONS

- (A) 4 years clean time.
- (B) 2 years Area and/or Regional service experience.
- (C) Willingness and desire to serve.
- (D) 2 year term, 6 year commitment.
- (E) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
- (F) Time and resources needed to be an active participant.
- (G) Weekly access to Internet and email. (119th)

8A. POLICY CHAIR DUTIES

- (A) Compiles a report consisting of activities since the last RSC:
 1. Activities since last conference
 2. Recommendations
 3. Report on motions committed to committee

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4. Expenses
 5. Plans
 6. Approved policy changes from previous RSC
- (B) Compiles a report of previous year's policy changes for the April GSR Assembly. (125th)
- (C) Submits line item budget for upcoming year to the Treasurer at or before the August RSC. (142ND) Instruct all subcommittees to include in their yearly budgets all estimated expenses including possible workshops and events. (139th)
- (D) Attends all RSCs.
- (E) Maintains updated CARNA Guidelines and Rules of Order for referencing as needed at RSC.
- (F) Produces updated Guidelines as requested for February RSC. (118th)
- (G) Has available CARNA Guidelines and Rules of Order as requested.
- (H) Is accountable for clarifying policy issues at the RSC as needed.

8B. POLICY CHAIR QUALIFICATIONS

- (A) 5 years clean time.
- (B) 2 years regional and/or area Policy experience. (142ND)
- (C) Willingness and desire to serve.
- (D) 2 year commitment.
- (E) A solid foundation of the Twelve Steps, Twelve Traditions and Twelve Concepts and willingness to answer questions ask by the body concerning this.
- (F) Knowledgeable of Regional Guidelines and Rules of Order.
- (G) Time and Resources needed to be an active participate.

9A. STANDING AND ADHOC SUBCOMMITTEE CHAIR DUTIES (other than Policy Chair) (117th)

- (A) Compiles a report for every RSC consisting of:
 - 1) Activities since last conference.
 - 2) Recommendations.
 - 3) Reports on motion committed to subcommittee.
 - 4) Itemized expenses.
 - 5) Plans including itemized projected expenses of upcoming events.
- (B) Submits annual written report of previous year's activities at the GSR Assembly.
- (C) Submits line item budget for upcoming year to the Treasurer at or before the August RSC. (142ND) Instruct all subcommittees to include in their yearly budgets all estimated expenses including possible workshops and events. (139th)
- (D) Attends all RSCs.
- (E) Is accountable for clarifying subcommittee issues at the RSC as needed.

9B. STANDING AND ADHOC SUBCOMMITTEE CHAIR QUALIFICATIONS (other than Policy Chair) (117TH)

- (A) 3 years clean time.
- (B) 2 years regional and/or area experience.
- (C) Willingness and desire to serve.
- (D) 2 year commitment (standing Subcommittee's only)
- (E) A solid foundation of the Twelve Steps, Twelve Traditions, and Twelve Concepts and willingness to answer questions asked by the body concerning this.
- (F) Knowledgeable of Regional Guidelines and Rules of Order.

2010 Central Atlantic Region, Guidelines and Rules of Order

Section X: REMOVAL OF OFFICERS

1. Voluntary: given in writing or verbal communication to the Chair prior to the next RSC Conference.
2. Involuntary:
 - (A) At the end of the 2nd consecutive conference missed.
 - (B) Immediate upon relapse during term of office.
 - (C) A 2/3 majority paper ballot vote after a reasonable discussion period and a motion made and seconded by RCMs.

Section XI: Creation and Dissolution of Officers Positions and/or Subcommittees

1. Officer Positions
 - a. A motion to go back to the Home Groups to create or dissolve an officer position needs to be presented at one RSC referred to Policy for impact statement and be considered at the next RSC.
 - b. The motion should have a detailed intent which should contain at least
 1. Duties and Qualifications of the office proposed to be created or dissolved.
 2. What is the need to create or dissolve the Officer Position?
 - c. The motion will be voted on according to Section III of the CARNA Guidelines and rules of order.
2. Subcommittees
 - a. A motion to go back to the Home Groups to create or dissolve a subcommittee needs to be presented at one RSC, referred to Policy for impact statement and be considered at the next RSC.
 - b. The motion should have a detailed intent which should contain at least
 1. Duties of the subcommittee proposed to be created or dissolved.
 2. What is the need to create or dissolve the Subcommittee?
 - c. The motion will be voted on according to Section III of the CARNA Guidelines and rules of order. (127th)

Section XII: STANDING SUBCOMMITTEES

1. Activities (117th)
2. Hospitals and Institutions (H&I) (115th)
3. Policy (107th)
4. Public Relations (PR) (118th) (135th)
5. Speaker Jam (118th)

Section XIII: CONFERENCE PROCEDURE

The Regional Service Committee utilizes the "A Guide to Local Services" and Roberts Rules of Order for further clarification.

Section XIV: GSR Assembly (125th)

1. The CARNA shall hold a GSR Assembly every April.
2. The GSR Assembly shall be planned and facilitated by the Regional Delegate.
3. Votes on Conference Agenda Report motions shall be taken and tallied at the GSR Assembly.
4. All Annual Reports by CARNA trusted servants shall be given at the GSR Assembly. All reports are to be written and are limited to a maximum of ten minutes.

2010 Central Atlantic Region, Guidelines and Rules of Order

Section XV: Service Districts (121st)

- A. The Region is divided into four quadrants so that services can be provided to the whole region.
- B. The quadrants of the Region
 - 1. Quadrant 1 consists of New Dominion Area, Rappahannock Area, Richmond Area, and Tri-Cities Area.
 - 2. Quadrant 2 consists of Almost Heaven Area, Blue Ridge Area, Piedmont Area, and Shenandoah Valley Area.
 - 3. Quadrant 3 consists of Appalachian Area, New River Valley Area, Roanoke Valley Area, and Southside Area.
 - 4. Quadrant 4 consists of Outer Limits Area, Peninsula Area and Tidewater Area.
- C. The region and its subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants. (138TH)

2010 Central Atlantic Region, Guidelines and Rules of Order

Section VII change from:

1. Each nominee must be present to be elected and have provided written qualifications to be eligible for elections.
2. Each nominee may be subject to questions.
3. Nominees may leave the room during 2 Pros and 2 Cons.
4. When there is a lone nominee after the position has been open for two RSC's, and then the nominee will be elected through acclimation.

Section VII change to:

1. Each nominee must be present.
2. When there is a lone nominee, that nominee may be acclimated or elected in the event of one or more dissention. If lone nominee is not elected, nominations are re-opened and will remain open until at least one nomination is received. Cycle will then revert to Section VI, Item 3. The position may be filled pro-temp.

Example:

RSC # A (December)	RSC # B (February)	RSC # 3 (April)
Announce Position Open in 2 RSC	Accept Nominations	Elect Trusted Servants
Open Nominations	Accept Qualifications	Acclimate or vote on lone nominee
Accept Nominations	Accept Pros/Cons	If nominee is not elected, nominations are re-opened and remain open until at least one nominee is received.
	If one or more nominations close	Cycle restarts at RSC #B
	Nominations	

Intent: For clarity and simplicity in Guidelines.

Motion 138-13

Mover: Don V. 2nd: Mike G.

Motion: To change policy to instruct all subcommittees to include in their yearly budgets all estimated expenses including possible workshops and events.

Intent: To better inform our areas and home groups of our actual planned and possible yearly expenses.

Changes at 142nd RSC

Motion 138-11

Mover: Don V. 2nd: Donna Mc.

Motion: To change policy to create a budget year for the region beginning on January 1 and ending on December 31. To change the duties of Treasurer to reflect submission of yearly budget in October. To change subcommittee duties to reflect submission of subcommittee budgets to Treasurer in August.

Intent: To coordinate the entire process for establishing the CAR budget.

Motion referred to Policy to report back at 139th RSC. Motion was not covered at the 139th RSC and has been brought back to the floor at the 140th RSC. The policy Subcommittee offered the following amended motion. After lengthy discussion and some secondary amendments that were all accepted by motion mover the following motion is to go back to home groups for a vote.

New Motion:

To change Guidelines on page 11 under Treasurer Duties:

Change from:

(F) Will submit a 2 year projected budget, running from July 1 to June 30, regardless of the treasurer's term of office, with a suggested prudent reserve annually at the December RSC.

Change to:

(F) Will submit a yearly projected budget, running from January 1 and ending on December 31 regardless of the Treasurers term of office, with a line item bi-monthly funding and maximum account levels at the October RSC.

AND

To change guidelines on page 14 under Policy Subcommittee duties and standing Subcommittee Chair Duties:

Change from:

(C) Submits budget for upcoming year to the treasurer at or before the October RSC.

Change to:

(C) Submits line item budget for upcoming year to the Treasurer at or before the August RSC.

Intent: Clarity and consistency.

Motion 139-6

Mover: Nancy S. 2nd: Harry M.

Motion: To waive the qualifications that 2 years as a member of CARNA member term because there is a question regarding clarity of policy.

Intent: That a member who is qualified and willing may be elected.

2010 Central Atlantic Region, Guidelines and Rules of Order

Motion sent to Policy by acting Chair for clarity and recommendation to be given at the 140th RSC.

At the 140th RSC the Policy Subcommittee came back with the following amended motion, which was accepted by motion maker and becomes the new motion 139-6.

Amendment made to replace old motion with new motion made by policy subcommittee and seconded by Harry.

New Motion: To change Guidelines on page 14 under Policy Chair Qualifications (B):

Change from:

(B) 2 years Central Atlantic Region, Regional Service Committee term.

Change to:

(B) 2 years regional and/or area Policy experience.

Intent: For consistency of qualifications of trusted servants on Regional level.

Motion 140-7

Mover: Policy Subcommittee 2nd: Akin S.

Motion: To change guidelines on page 11 under Treasurer duties:

Change from:

(B) Prepares simplified and comprehensibly written financial report quarterly and annually.

Change to:

(B) Prepares simplified and comprehensibly written financial reports for each RSC and annually at the GSR Assembly.

Motion 140-8

Mover: Policy Subcommittee 2nd: Akin S.

Motion: To add in guidelines on page 11 under Secretary duties.

(J) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly.

Intent: To have consistency for duties of each officer and clarity in policy.

Motion 140-9

Mover: Cynthia W. 2nd: Akin S.

Motion: To make Outreach Subcommittee project driven.

Intent: To have in place on an as need basis.

Motion referred to Policy by Chair for impact statement. Report back to the 141st RSC.

Impact Statement from Policy

The impact of making Outreach project driven will be minimal which includes: 1) saving Region money; 2) saving time of holding meetings and reporting at RSC; 3) having individual situations addressed as needed at RSC; 4) address need of Ad Hoc Committee or a point of accountability at that time; and 5) reduce responsibility of Chair or Vice Chair holding meeting in absence of elected Chair.

Motion 140-18

Mover: Shawn C, 2nd: Dustin C.

Motion: To make a change in policy under section XV Service Districts, letter C:

Currently reads: The region and its subcommittees will rotate their meetings throughout the four quadrants.

Change to: The region and its subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants.

Intent: To allow the speaker jam subcommittee to meet in the area hosting the next event, maximizing participation.

Motion 140-21

Mover: Etta S. 2nd: Akin S.

Motion: To include in policy that the delegate team attend the World Wide Workshops as part of their duties.

Intent: To collect information to better inform our region about information released for our knowledge.

Motion referred to Policy by Chair for impact statement and placement in policy. Report back to 141st RSC.

Amendment to Policy

To add on page 12 under Regional Delegate Duties D: To allow the delegate team to attend in non conference year the nearest World Wide Workshop.

Intent: To collect information to better inform our region about information released for our knowledge.