

Minutes: 127th Regional Service Conference
 Region of the Virginians RSC
 June 16, 2007

Met in Richmond, VA in New Dominion Area at 10:10am on 06-16-07.
 Began Region with Open Forum at 10:10am with Serenity Prayer.
 Opened the Region Business at 11:15am with Serenity Prayer.
 Purpose was read by: Cynthia W., 12 Traditions read by: Pat P., 12 Concepts read by: Jimmy C.

Roll Call	Roll Call	Reports	Names
Chair:	Present	Written	Burrell P.
Vice Chair:	Absent		
Secretary:	Present	Written	Cynthia W.
Treasurer:	Present	Written	Tim C.
RD:	Present	Written	Sherry V.
RDA:	Absent		
RDA2:	Present	Written	Etta S.
VRCC Chair:	Present	Written	Jim H.
Policy Chair Pro Temp:	Present	Written	Cynthia W.
H&I Chair:	Present	Written	Jeff H.
Speaker Jam Chair:	Present	Written	Teddie A.
Activities Chair:	Present	Written	Jimmy C.
Outreach Chair Pro Temp:	Present	Written	George B.
Break for lunch at 12:15pm. Reopen at 1:30pm			
Roll Call done to ensure quorum met. 6 RCM present			
Motion: To change the order of the day to conduct old business first. Intent: So that the AHA can vote. Mover: Bonnie W. Almost Heaven Alt RCM 2 nd : Jennifer D. Almost Heaven RCM Passed 6-0-0.			
Motion: To forego reading of motions for group conscience in old business. Intent: To save time. Mover: Cynthia W. Secretary 2 nd : Jennifer D. Almost Heaven Passed 4-0-1			
Motion: To return to order of the day. Intent: To continue business as scheduled. Mover: Don V. Almost Heaven Member 2 nd : Almost Heaven RCM Passed 6-0-0			
Public Information Chair:	Present	Written	Amanda H.
Literature Review Chair:	Present	Written	Bob U.
Almost Heaven:	Present	Written	Jennifer D.
Appalachian:	Present	Written	Melvin L.
Blue Ridge:	Absent	None	
New Dominion:	Present	Written	Bronwen M.
New River Valley:	Absent	None	
Outer Limits:	Present	Written	Ernest A.
Peninsula:	Present	Written	Bob M.
Piedmont:	Present	Written	Tee T.
Rappahannock:	Present	Written	Pat P.
Richmond:	Absent	None	
Roanoke:	Absent	None	
Shenandoah Valley:	Absent	None	
South Side:	Absent	None	
Tidewater:	Present	Verbal	Glenn C.
Tri Cities:	Absent	None	

Quorum met with 8 areas present.

Minutes: Motion: To defer reading of 126th Minutes. Intent: To save time. Made by: Jeff H. H&I Chair 2nd: Bob M. Peninsula Passed 8-0-0 Motion: To approve the minutes for the 126th RSC as submitted. Intent: To move forward with business. Made by: Melvin L. Appalachian 2nd: Ernest A. OLANA Passed 7-0-1

Old Business

Motion 126-4: Mover: Policy 2nd: Jane F. Tri-Cities

Add New Section

Creation and dissolution of Officers Positions and/or Subcommittees

1. Officer Positions

- a. A motion to go back to the Home Groups to create or dissolve an officer position needs to be presented at one RSC referred to Policy for impact statement and be considered at the next RSC.
- b. The motion should have a detailed intent which should contain at least
 1. Duties and Qualifications of the office proposed to be created or dissolved.
 2. What is the need to create or dissolve the Officer Position?
- c. The motion will be voted on according to Section III of the ROVNA Guidelines and rules of order.

2. Subcommittees

- a. A motion to go back to the Home Groups to create or dissolve a subcommittee needs to be presented at one RSC, referred to Policy for impact statement and be considered at the next RSC.
- b. The motion should have a detailed intent which should contain at least
 1. Duties of the subcommittee proposed to be created or dissolved.
 2. What is the need to create or dissolve the Subcommittee?
- c. The motion will be voted on according to Section III of the ROVNA Guidelines and rules of order.

Now

Section IX: Removal of Officers

Section X: Conference Procedure

Section XI: Standing Subcommittees

Change to

Section IX: Removal of Officers

Section X: Creation and dissolution of Officers Positions and/or Subcommittees

Section XI: Standing Subcommittees

Section XII: Conference Procedure

Intent: To have guidelines in place for creating and dissolving positions in G&RO.

Roll Call vote: Yes: Almost Heaven, Appalachian, Outer Limits, Rappahannock, Tidewater. No: Peninsula

Motion passed 5-1

Motion 126-5: Mover: Tim C. Treasurer 2nd: Etta S. Rappahannock

To reschedule the 129th from an overnight event to a one day event. Intent: To cut spending on an overnight RSC one time by \$1500. Chair ruled to send motion back to home groups and George B. appealed ruling. Appeal failed 5-7-0.

Yes: Appalachian, Peninsula, Rappahannock. No: Almost Heaven, Outer Limits, Tidewater. Motion failed

Motion from the GSR Assembly

Motion Maker: Delegate Team

Seconded: Jennifer D. -Almost Heaven Area

Motion:

To submit for inclusion in the Conference Agenda Report (CAR) or Conference Approval Track (CAT) the following motion:

To make available in the Narcotics Anonymous World Service, Inc product inventory all styles (bronze, etc) medallions with the old design roman numerals imprinted on them.

Intent:

Our groups voiced wanting the old design available. It is understood that with the long-term recovery and the number increases the numerals will be smaller to accommodate the space and it will be somewhat more difficult to read.

Financial impact: unknown depends on if the original mold is still available and possible set up fee.

GROUPS:

The only thing we are voting on is to put this in the CAR/CAT. Your Group will vote on this motion this coming year in the CAR/CAT.

Yes: Almost Heaven, Appalachian, Outer Limits, Peninsula, Rappahannock, Tidewater. Motion passed

Nominations and Elections

Policy Chair: Cynthia W. acclimated.

Outreach Chair: Pro Temp George B. and Back to Group for nominations,

Secretary: Pro Temp Cynthia W. and Back to Group for nominations

Vice Chair: Floyd A. nominated. Jimmy B. nominated and Pro Temp. Qualifications: Clean date: Sept. 17, 1985, home group, sponsor, served as Area Chair a few times, PI Chair, H&I Chair, Chair 25th AVCNA, Alt. VRCC Director for New Dominion, RCM and involved in service since 3rd day clean.

Literature Review Chair: need nominations

New Business

Motion 127-1: Mover: Tim C. Treasurer 2nd: Melvin L. Appalachian

To amend the 2007-2009 budget, category A, Phonenumber: Regular expenses billed for long distance and answering services. \$1575.00/bimonthly up to \$1575.00 maximum.

Intent: To increase the prudent reserve to cover the pre-approved expenses. Roll Call vote: Yes: Appalachian, New Dominion, Outer Limits, Peninsula, Piedmont, Rappahannock, Tidewater Passed 7-0-0

Motion 127-2: Mover: Etta S. RDA-2 2nd: Pat P. Rappahannock

To change the name of our region from the Region of the Virginians to the Central Atlantic Region so that this will be more reflective of our meetings that are in Maryland, West Virginia, Virginia and North Carolina.

Intent: To promote unity clarity and better carry our message. Referred to Public Information for report at 129th.

Motion 127-3: Mover: New Dominion 2nd: No second

To direct policy that all group conscience issues that reflect 25% of the vote as abstentions be sent back to groups one more time for further discussion.

Intent: To increase the clarity of our group conscience and improve the integrity of our communications. Motion dropped because of no second.

Motion 127-4: Mover: Etta S. RDA-2 2nd: Tee T. Piedmont

All members attending the 2-day regional in North Carolina should pay for their hotel room and meals for both days. The Regional will be responsible for obtaining the meeting space during meeting time and after.

Intent: cost reduction. Ruled out of order by Chair.

Motion 127-5: Mover: Tee T. Piedmont 2nd: Bronwen M. New Dominion

To reschedule the 129th from an overnight event to a one day event.

Intent: To cut spending on an overnight RSC one time by \$1500. Ruled out of order by Chair because we can't overrule conscience of groups. Appealed by Bob U. Appeal failed 3-4-0

Planning for Next RSC

Saturday, August 18, 2007 from 10am-6pm

Weyers Cave Community Center, 682 Weyers Cave Rd., Weyers Cave, VA 22486

Subcommittee Meetings

Saturday, July 28, 2007

Southside Regional Medical Center private dining room, 801 S. Adams St., Petersburg, VA 23803

Outreach: 10am-11am

Literature Review: 11am to 12:30pm

Lunch: 12:30pm-1:30pm

Public Information: 1:30pm-3pm

Hospitals and Institutions: 3pm-4:30pm

Sunday, July 29, 2007

Southside Regional Medical Center private dining room, 801 S. Adams St., Petersburg, VA 23803

Speaker Jam: 12pm-1pm

Activities: 1:15pm-2:15pm

Policy: 2:30pm-4pm

Motion to adjourn at 3:30pm. Mover: Glenn C. Tidewater 2nd: Pat P. Rappahannock Passed 8-0
Closed with Serenity Prayer

Trusted Servant Reports

Chair

Hi family, first let me say thanks to the Region for putting it trust in me to be your Chair. I hope I can serve up to the bar that has been set by the previous Chair to help the Region to do the tasks that has been set for us by our Areas. Again, like your trust I am going to need your help and consideration in this risk taking adventure for this addict. Congratulations and a heartfelt thanks goes out to all the addicts who put in the effort to make our GSR Assembly the success it was. We had a great turnout and also a lot of good information and fellowship was had by all. Hopefully, the word will get out and we will have a better assembly next year. I was able to attend Literature Review, Hospitals and Institutions, Public Information and Outreach Subcommittees on May 19th. Please continue to pass the word around that our subcommittees are up and running. They also can use members from throughout the Region. Please make an effort to attend the VRCC and RSC meeting at the Region 10 Center in Charlottesville on July 7th from 10am to 3pm.

ILS, Burrell P.

Secretary

I would like to thank this Region for the chance to serve and my position is up today. I was able to attend all the subcommittee meetings in May. I would like to apologize to you all for not mailing out minutes but if you received my email I have been through a lot in my personal life in the past two months. I appreciate your prayers and thoughts because of you I am still here clean and serving my program. Thank you for giving me the chance to have this learning experience in service.

In loving service, Cynthia W.

Treasurer

1. LEDGER: At the last RSC, I reported \$5,652.70 on hand as of April 21, 2007. Deposits and credits from April 21 to June 15 totaled \$6,219.70 and withdrawals and debits totaled <\$5,229.39>, bringing the balance to \$6,633.01 as of today's date.

Almost Heaven ASC \$187.87
Almost Heaven ASC \$274.41
Appalachian ASC \$238.69
Blue Ridge ASC \$100.00
Blue Ridge ASC \$82.31
New Dominion ASC \$1,800.00
New Dominion ASC \$1,200.00
Rappahannock ASC \$120.00
Richmond ASC \$366.00
Tidewater ASC \$1,500.00
Tri-Cities ASC \$233.37
New Vision Group \$30.00
It Can Be Done Group \$12.00
It Can Be Done Group \$8.00
members \$67.05

Total Deposits & Credits \$6,219.70

#2482 Burrell P. (Discretionary: H&I) <\$54.90>
#2483 Jeff H. (Discretionary: H&I) <\$168.43>
#2484 Teddie A. (RSC Ops: Speakerjam) <\$17.71>
#2485 Tara Bossi Reid (RSC Ops: Speakerjam) <\$30.00>
#2486 Cynthia W. (Officer: Secretary) <\$126.90>
#2487 Bonnie W. (RSC Ops: GSR Assembly) <\$10.64>
#2488 Lynchburg Ramada (RSC Ops: Rent \$105.00, Overnight \$1378.79, GSR Assembly \$52.50 rent, \$805.08 food) <\$2,341.33>
#2489 Amanda H. (Subcommittee Ops: PI \$0.22, Outreach \$7.35, Lit Review \$7.35) <\$14.92>
#2490 Tim C. (RSC Ops: GSR Assembly \$40.18, Officer Exp: Treasurer \$21.09) <\$61.27>

#2491 PCMS, Inc. (Answer) <\$627.00>
 #2492 Primus (Phone) <\$144.98>
 #2493 College of William & Mary (Discretionary: PI) <\$175.00>
 #2494 Wiley Ford Church (Subcommittee Ops: Lit Rev., H&I, PI, Outreach \$10.00 each) <\$30.00>
 #2495 Christ Episcopal Church (Subcommittee Ops: Activities, Policy, Speakerjam \$10.00 each) <\$40.00>
 #2496 Primus (Phone) <\$140.71>
 #2497 Sherry V. (Travel: WSW/RD \$221.76 lodging, \$105.00 per diem; WSW/RDA \$221.76 lodging) <\$548.52>
 #2498 Greg H. (Travel: WSW/RDA per diem) <\$105.00>
 #2499 PMCS, Inc. (Answer) <\$592.08>

Total Withdrawals & Debits <\$5,229.39>

2. PRUDENT RESERVE: The base prudent reserve for the period May 1-June 30, 2007 is \$7,883.00 [119-2]. Discretionary funds reserved include \$1,243.61 for H&I Subcommittee [119-3], \$500.00 for PI Subcommittee [125-8], \$150.00 for Outreach Subcommittee [124-7], \$120.00 for RD travel to WSW [125-3], and \$120.00 for RDA travel to WSW [125-4], bringing the adjusted prudent reserve for the period to \$10,016.61. After expenses, funds available today for the period of March 1-April 31, 2007 are \$6,633.01: Our balance is below prudent reserve.

3. 2007-2009 BUDGET: The budget approved at the 125th RSC takes effect July 1 [123-1]. I am recommending an increase in the reserve for Phoneline expenses, as the original estimate was too low, based on a rate of \$425.00/month plus taxes, etc. (See category A, below). The expenses are already approved as category A, so only a reserve increase of \$475/bimonthly or \$2850/year is needed.

Motion to amend the 2007-2009 budget, category A, Phoneline: Regular expenses billed for long distance and answering services. \$1575.00/bimonthly up to \$1575.00 maximum. Intent: to increase the prudent reserve to cover pre-approved expenses.

4. DONATIONS: As a reminder, donations can be mailed directly to the Region's Post Office Box rather than waiting a week or two after your ASC meeting to hand deliver them to the RSC. The faster processing of contributions helps make the Treasurer's reports more informative and less gloom-and-doom speculation. My thanks to New Dominion and Tidewater areas that mailed contributions totaling \$4,500.00 since the last RSC.

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A. Automatic expenses	Category	Base	Expenditures	Reserve	Available 6,633.01
	Answer	600.00	1,219.08	0.00	
	Phone	367.00	284.90	82.10	
	Mailbox	22.00	0.00	22.00	
	Server	12.00	0.00	12.00	
	Bank	0.00	0.00	0.00	
	SUBTOTAL	1,001.00	1503.98	116.10	6,516.91
B. Travel escrow	Category	Base	Expenditures	Reserve	Available 6,516.91
	WSC/RD	0.00	0.00	0.00	
	WSC/RDA	900.00	0.00	900.00	
	WSC/RDA2	900.00	0.00	900.00	
	MARLCNA/RD	100.00	0.00	100.00	
	MARLCNA/RDA	100.00	0.00	100.00	
	MARLCNA/RDA2	100.00	0.00	100.00	
	Jan AZF/RD	0.00*	0.00	0.00	
	Jan AZF/RDA	0.00*	0.00	0.00	
	Jan AZF/RDA2	0.00*	0.00	0.00	
	Jul AZF/RD	175.00	0.00	175.00	
	Jul AZF/RDA	175.00	0.00	175.00	
	Jul AZF/RDA2	175.00	0.00	175.00	
	WSW/RD	370.90**	326.76	44.14	
	WSW/RDA	370.90**	326.76	44.14	
	WSW/RDA2	0.00	0.00	0.00	
	SUBTOTAL	3,366.80	653.52	2,713.28	3,803.63

* ROV hosts the Jan 2008 AZF, no travel budgeted.

** Adjusted by motions 125-3, 125-4

C. RSC ops escrow	Category	Base	Expenditures	Reserve	Available 3,803.63
	RSC Rent	400.00	0.00	400.00	
	RSC Food	0.00	0.00	0.00	
	GSR Assembly	200.00	0.00	200.00	
	Overnight RSC	500.00	0.00	500.00	
	CAR Workshops	600.00	0.00	600.00	
	Speakerjam	167.00	0.00	167.00	
	Zonal Forum	0.00	0.00	0.00	
	Other Events	300.00	0.00	300.00	
	SUBTOTAL	2,167.00	0.00	2,167.00	1,636.63
D. Subcommittee ops	Category	Base	Expenditures	Reserve	Available 1,636.63
	Policy	30.00	10.00	20.00	
	H&I	20.00	10.00	10.00	
	Activities	20.00	10.00	10.00	
	Outreach	20.00	10.00	10.00	
	PI	20.00	10.00	10.00	
	Lit Review	20.00	10.00	10.00	
	Speakerjam	20.00	10.00	10.00	
	Other	0.00	0.00	0.00	
	SUBTOTAL	150.00	70.00	80.00	1,556.63
E. Officer expense	Category	Base	Expenditures	Reserve	Available 1,556.63
	Executive	50.00	0.00	50.00	
	Secretary	60.00	0.00	60.00	
	Treasurer	20.00	0.00	20.00	
	SUBTOTAL	130.00	0.00	130.00	1,426.63
F. Discretionary	Category	Base	Expenditures	Reserve	Available 1,426.63
	H&I	1,243.61	0.00	1243.61	
	PI	500.00	175.00	325.00	
	Outreach	150.00	0.00	150.00	
	SUBTOTAL	1,893.04	0.00		<466.41>
G. Contribution	Category	Base	Expenditures	Reserve	Available
	NAWS	0.00	0.00		

Just for today, Tim C., RSC Treasurer

Regional Delegate

I attended the World Wide workshop in Lincoln, NE on May 7-9, 2007. We had members there from all over the states including Hawaii.

I prepared a packet for the RCM and will ask the Webmaster to put on RD webpage is ok with everyone.

On Friday evening we had NAWS update. Some you have heard some not. I will share on a few:

There were some members that complained but what they perceived as grandiose at the World Convention and the receiving of the plaque from The Governor and that that day was proclaim Narcotics Anonymous Day in the State of Hawaii

With recognition NAWS receives media calls virtually every time there is something on television about NA. i.e. How did NA feel when addicts referenced as trailer trash in the Sopranos?

Workshops were conducted in the Ukraine where it took members 3-4 days to get there. They rode trains and bus to get there and travel through 11 time zones.

There are so many requests coming in for workshops for members all over the world that some consideration is being given on partnering with experienced members and actually paying members.

NAWS has delayed prices increase of literature but in November this will be discussed.

September 1 the approval form of the sixth edition basic text will be released there are changes, additional stories and some pieces edited?

On Saturday our first workshop was on Building Strong Home Groups. There were emphases in five areas. 1. Identifying areas for group improvement. 2 State issue 3. Brainstorming 4. Choose solutions and 5. Make decisions how and how.

See worksheet in packet and Issue Discussion Taking the next steps for more info. Remember I am on a 10 min run.

I next attended How to be effective RCM. It started immediately off with pointing out the similarities and the qualities needed between GSR-RCM-RD. I have enclosed in packet the some requirements.

I then attended the medication workshop. I have enclosed some excerpts from our literature. This is a person struggle for me and I left still not getting clarification or direction with this issue when it comes to being of service. More was discussed at the wrap up.

The last workshop was on the Area Planning Tool. The literature committee is looking at this too. This is the second workshop that I have been involved in and I am personally very excited about this tool. It has 7 planning step to not only identify but implement a thought, dream or necessity. Things like Trusted Servant training, drug court relationships, fund flow. Communications with Areas/region/home groups. The delegate team is always available to help facilitate any workshop or gathering to put this tool into action. Just let us know. I have included a copy of this. It is downloadable from na.org.

On Sunday at wrap up I was able to ask about the impact the new HBO show had on our fellowship as a whole; especially with the scientific community using our term "the disease of addiction and their treatment for it. Anthony from NAWS who deals with the media the most said the phones lit up. Reporters wanting to know NA's view on this and wanting a representative to be in debate on this and our response " We have no opinion. But we do have friends of NA. See me later for more info.

I also attended this past two months our subcommittee meetings PI, H&I, Outreach, Literature Review held in Luray, VA and Policy, Activities, and Speaker Jam in Wiley Ford, WV " just across the river from Cumberland MD.

I will be attending the Zonal Forum in July being hosted by the Greater Philly Region. I believe an estimated cost as requested was put in last minutes. We still do not know where in the Region. Also just a reminder that January 2008 the Region of the Virginians will be hosting the Autonomy Zonal Forum. This occurs approximately every three years.

Please feel free to call or email me for in information or situation that I may be of help.

I do have to leave early today due to a sponsee celebrating her ten year anniversary.

In Service to our Fellowship, Sherry V.

Expenses

Hotel- 2 nights- \$221.76, Plane Ticket to Lincoln NE- \$349.10, Per diem- 105.00, Total: 675.86 expenses

Regional Delegate Alternate 2

Hi Family, it is a pleasure to have the opportunity to make my first report to you today. Because I am new to this position, I have not had the opportunity to do much yet, but I can't wait to get started! I have not had the opportunity to attend any sub-committee meetings since last meeting, but I intend to be there at the next set. I have however, been spending time reading and familiarizing myself with more information and am looking forward to attending the Zonal Forum in the Greater Philadelphia Region at the end of July! I plan on taking thorough notes there and look forward to relaying the information back to this body.

In loving service to N.A, Etta S.

Virginia Regional Convention Corporation Chair

Hello, family! After the 126th Regional Service Conference, I was in contact with the Region Ten Center in Charlottesville to set up the Open Session joint meeting. The best date and time for this meeting was July 7, 2007 from 10am to 3pm. After confirming the date and time, I informed Don V. and Burrell P.

The VRCC held its retreat on May 19 and 20, 2007 in Roanoke, VA. The VRCC and 26th AVCNA Host Committee had a good time at the retreat. By the end of business on Sunday, May 20, everything seemed to be going extremely well.

The next meeting will be held on July 7, 2007 from 10am to 3pm and the next regular VRCC meeting will be July 15, 2007.

In loving service, Jim H.

Activities

The Activities Subcommittee met at Wiley Ford Church, Wiley Ford WV, May 20, 2007. Attending were Cynthia W. (Acting Chair), Chris W., Bonnie W., Don V., Sherry V. Topics of discussion were Car Workshop for each quadrant. We are trying for these time frames, from 10:00 to 6:00 pm. Quadrant 1, March 22 2008, Quadrant 2, March 08 2008, Quadrant 3, February 23 2008, Quadrant 4, March 29, 2008. Also, discussion were held on June 21, 2008, RSC contact and location possibly Jane F. I would also like to thank Cynthia W.

for filling in during my absence from this meeting.

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum. All events are on rotating bases by quadrants, although the one day and two day events do not coincide with each other.

Activities:

1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
2. Schedule and plan the GSR Assembly annually in April.
3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005)

Unconfirmed/Confirmed Events: (TBA=To Be Announced)

Status	Date	Event	Location	Quadrant	Food and/or Lodging (Y/N)
Confirmed	8/18/07	RSC conference 128th	Weyers Cave Community Center 682 Weyers Cave Road Weyers Cave Va. 24486	2	N
Unconfirmed	10/07	RSC conference 129th	Outer Banks.	4	
Unconfirmed	10/07	RSC conference 129th	Outer Banks.	4	
Unconfirmed	12/07	RSC conference 130th	St. Thomas Episcopal Church 303 East Main St. Christiansburg Va. 24073	3	
Unconfirmed	2/08	RSC conference 131st	Glouster, VA	4	
Unconfirmed	3/22/08	Workshop(CAR)	Fredericksburg Va.	1	
Unconfirmed	3/8/08	Workshop(CAR)	Luray Va.	2	
Unconfirmed	2/23/08	Workshop(CAR)	Bedford	3	
Unconfirmed	3/29/08	Workshop(CAR)	Williamsburg	4	
Unconfirmed	4/08	RSC conference 132nd	TBA	2	N
Unconfirmed	4/08	GSR Assembly/Car	TBA	2	Y
Unconfirmed	6/08	RSC conference 133rd	TBA	1	
Unconfirmed	7/08	Zonal Forum	TBA	2	

(TBA=To Be Announced)

In loving service, Jimmy C.

Hospitals and Institutions

Since my last report to the RSC we had the GSR Assembly. As chairperson of H&I it felt good to report to the fellowship the progress that our subcommittee has made over the pass year. I would like to thank the ROV and all who has supported this effort.

H&I met on May 19th in Luray Va. We had 12 in attendance including 3 areas. We had two items of Old Business, AHA requested support for a facility in Cumberland Md. We decided to carry a Inmate Presentation into the facility plus donate \$ 250.00 worth of literature. Since then we have tried to contact this facility to fulfill these motions, but facility has fail to respond so far. There was a request from Southampton Correctional Center, we decided to take a Inmate Presentation in this facility as well . They are very eager to have us. They have 3 populations there , Women Prerelease , Men Work Center, and Men General Population , On July 11th we are going to carry two presentations , One to the women and one to both of the men populations. We are still in the planning stage. Thanks to everyone helping with this.

In New business we passed a motion that ROV H&I canq accept cash donations. We also doubled the size of our Start up Library. We decided to stock additional literature for presentation. We made a motion to contact Gene Johnson in cooperation with PI, intent was to build relations with DOC and improve clearance, and this

has not been done yet. We also decided to post some H&I information on our webpage. We paid rent.

I put together in literature order that the subcommittee approved and gave it to Tim. He hasn't been able to write the checks due to lack of funds. He did indicate he had gotten some donations recently. If it is needed I would like to make a motion to release funds in order to fill this literature need.

I have one receipt to turn in for postage of the amount of \$12.90

Our next meeting will be in Tri Cities on July 28th 2007. It will be on the 4th Sat due to BRANA. Time and Place TBA

In Loving Service, Jeff H.

Literature Review

Hi family, things are well with the Literature Review Subcommittee. The committee met May 19, 2007, in Luray, VA.

The subcommittee discussed the time lag between the subcommittee and the Areas. The subcommittee decided to have the chair include updated flyers with his RSC report.

The subcommittee decided to schedule future meetings for 1.5 hours. The first hour will be spent working on (studying) %workshop as subcommittee are planning tool+and the %R handbook+. The remainder of the time will be spent in administrative tasks.

There are no outstanding proposed pieces of literature from NAWS.

Due to health reasons, it has become clear that I must resign my trusted servant position effective at the end of today's RSC. Thank you for the opportunity to be of service.

In loving service, Bob U.

Outreach

The Outreach Subcommittee met on May 19, 2007 at Christ Episcopal Church, 16 Amiss Ave., Luray, VA.

George B., Chair pro temp open the meeting at about 4:20PM with the Serenity Prayer. He then read the 12 Traditions of Narcotics Anonymous. Tim C. read the 12 Concepts of Narcotics Anonymous.

The following members were present, George B., Tim C., Cindy W., Donna M., Sherry V., Burrell P., Bonnie W. and Amanda H.

The issue of Isolated Groups and Areas was the main item of discussion.

May 19, 2007 (new recommendations in bold)

Isolated groups requesting assistance by RSC Outreach (confirmed)

First Step Group, Thurs 8pm; Laurence Town Building basement, Lawrence VA (contact Outer Limits ASC)

Foundation Group, Tues 7:30pm; Willow Woods Apts, 222 Allen Ave. Radford VA (contacted Apr 07, New River Valley ASC)

H & I

Keen Mountain Group, Mon 8:30pm, Wed 9am; Keen Mtn Corr. Ctr., Oakwood VA (contact available, no update)

Substance Abuse Group, Tues 7pm; Keen Mtn. Corr. Ctr., Oakwood VA (contact available, no update)

Surrender to Win Group, Wed 6:45pm; Coffeewood Corr. Ctr., Mitchells VA (institutional, isolated, contacted by H&I, no info)

Lunenburg Group, Thur 6:30pm; Lunenburg Corr. Ctr., Victoria VA (institutional, isolated, contacted by H&I)

HOW Group, 7pm Mon; Haynesville Corr. Ctr. (institutional, isolated, contacted Apr 07) west of Tappahannock VA

no meeting location - group subscribed to NA Way, mailing address available

New Canton Thursday Group, New Canton VA

New Dominion

Farmville Group, Tues 7pm, Farmville Presb. Ch., 200 W. 3rd St., Farmville VA. Note: The New Dominion listing only has the Tuesday and not the Friday meeting. Both are on NA.org and George B. has attended the Tuesday and heard about the Friday at the Tuesday meeting.

Piedmont

Locust Group; 7pm Tues, Thur 7pm, Sat 2pm; Jail, 1600 Avon St., Charlottesville VA (institutional, no contact info, no update)

Keeping It Real Group, Fri 7pm, Culpeper Reg. Hosp., 501 Sunset Ln., Culpeper VA

Rappahannock

Standing by Recovery Group, Tues 7:30pm, Garrison Woods Ctr., 207 Garrison Woods Dr., Stafford VA

**Start Living Group, Thur 7pm, Wrights Chapel UM Ch., 8063 Ladysmith Dr., Ladysmith VA
Richmond**

White Flag Group, Thur 8pm, Walmsley UM Ch., 2950 Walmsley Blvd., Richmond VA

**The Lie Is Dead Group, Tues 7pm, New Hope 7th Day Adv. Ch., 23592 Tidewater Tr., Tappahannock VA
Shenandoah Valley**

NA @ Mill Creek Group, Sat 8pm, Grace U Ch. Chr., 10492 Orkney Grade, Mt. Jackson VA

Another Chance Group, Thur 7pm, Salvation Army, 300 Fort Collier Rd. , Winchester VA

Gratitude Group, Wed 7:30pm, Front Royal UM Ch., 1 Main St., Front Royal VA

area unknown

Marion Survivors Group; Sun 8pm; Royal Oak Presb. Ch., 139 W. Main St., Marion VA (no contact info) New River Valley?

Patrick County Group, Tues & Fri 8pm; Stuart UM Ch., 946 Blue Ridge St., Stuart VA (no contact info) Southside?

New Beginnings Group, Mon 12pm, Wed 6pm; Horizons Building, 24141 Jeb Stuart Hwy., Stuart VA (contact available) Southside?

Isolated Areas

We had only one area which is isolated due to the lack of attendance at RSCs.

The Blue Ridge Area Service Committee and the Outreach Subcommittee meet the second Thursday of each month at Shoney's Restaurant, East Market Street (U.S. 33 East) at Burgess Road, Exit 247 from Interstate 81, Harrisonburg, Va. Outreach meets at 5:30 p.m., followed by ASC at 6:30 p.m. Their next meeting will be on June 14, 2007. There was discussion about their ASC been attended by the Sherry V., Tim C., and George B.

A motion was passed to pay Tim C. the sum of \$33.11 for the copies and postage for the isolated group mailing. A motion was passed to pay \$10.00 for today's meeting space. The meeting was closed with the Serenity Prayer at 5:20PM.

After the ROVNA Outreach Subcommittee meeting, the fact that Roanoke Valley Area had missed the last two RSCs was realized during emails. On May 27, 2007, the Roanoke Valley Area Service Committee was attended by George B., Pro Temp Chair of ROVNA Outreach, Greg H., ROVNA Regional Delegate Alternate and Floyd A., Pro Temp Vice Chair of ROVNA. We met their RCM who would be attending the next RSC. On June 14, 2007, the Blue Ridge Area Service Committee was attended by George B., Pro Temp Chair of ROVNA Outreach and Tim C., Vice Chair of ROVNA Outreach. The Blue Ridge ASC did not have a RCM or Alternate RCM. Since they did not have anyone present who could attend the next RSC, so they sent their donation by George B. and Tim C.

Tim C. reported to me that his travel to Orange, VA was in the amount of \$22.05, the subcommittee in March of 2007 had approved up to \$50.00.

Outreach Subcommittee will meet a Southside Regional Hospital on July 28, 2007 at 10AM.
In Loving Service, George B.

Policy

Open meeting with Serenity Prayer at 3:35 in Wiley Ford, WV by Cynthia W.

Read Traditions: Bonnie W.

Read Concepts: Cris W.

Minutes approval: Motion to approve March 25, 2007 minutes as presented. Mover: Sherry V. 2nd: Bonnie W. Passed 4-0

Reports: Chair: Thank you for allowing me to be of service. I am here today to ask for some suggestions from those present about changes that need to be made to G&RO. I have spoken with the treasurer about his suggestion for the position of Alt Treasurer. He will continue to work with me on this so that we can present to this committee a motion to approve this position. In loving service, Cynthia W.

Old Business: 1. Motion 124-4 about VRCC Passed

2. Motion on Creation and Dissolving sent back to groups

New Business: 1. Calendar of Elections: Chair will work on this and present next at next meeting.

2. Suggestion that secretary election overlaps with outgoing person to allow for training time of two RSCs.

Motion: to pay \$10 rent for facility for today's meeting. Mover: Bonnie W. 2nd: Sherry V. Passed 4-0

Next meeting Date and Time and Quadrant Location

July meeting will be July 29, 2007 in Tri-Cities possibly at Southside Regional Hospital.

Motion: to adjourn meeting at 4:20. Mover: Don V. 2nd: Bonnie W. Passed 4-0

Closed meeting with Serenity Prayer

In loving service, Cynthia W.

Public Information

PI met on May 19, 2007 in Luray, VA. We had eight members in attendance. Thanks to Janet W. for securing the space for us to meet.

We defined guidelines for the upcoming Virginia Summer Institute for Addiction Studies Conference (VSIAS). We will have members with a minimum of 5 years clean staffing the booth at all times. Members with less time may work with the more experienced members at the booth.

We discussed the request of the Western Branch Correctional Facility in Cumberland, MD. Both Jeff and I made several attempts to reach our contacts there to no avail. I agreed to write a letter to the facility as a follow up, which I did.

Back to VSIAS - Thanks to everyone who has thus far volunteered. We still need volunteers. The daily hours for this event are lengthy, 8am to 5pm with breaks. Please contact me if you are willing to participate. July 16 0 20, 2007 at College of William and Mary, Williamsburg, VA. Mental Health professionals, many from Community Service Boards and Re-Entry with DOC, will be present. The event expects 900 attendees in the field of addiction from around the Mid-Atlantic region and beyond. We discussed the conference at length in past reports, and will not do so again here. I just encourage everyone interested to contact me so that we can discuss it at greater length.

We took over 800 calls in the last billing period with an average call length of 2+ minutes. Greg G. from Rappahannock Area has agreed to take on the 411 issues we have raised here in the past. We will keep you posted on progress.

National Recovery Month is in September, ROVNA has been invited by Richmond to participate in their Unity Fest 2007 event. We have been offered a table and time to share with those present, inside members, about Public Information at the Region and what we do to serve Narcotics Anonymous in fulfilling our primary purpose.

We want to recognize Almost Heaven Area's participation in an area Anti-Drug Festival held in May in Cumberland, MD; supported by the Coop there. Good Work, Coop! We are still looking for the email report to share with ROVNA PI email distribution.

Check rovna.org events page for the upcoming meeting info on July 28, 2007.

Thank you for allowing me to be of service to the program I love.

Amanda H. Chair

228 Monticello Avenue, #2

Williamsburg, VA 23185

Phone: 757-565-6469

ajholley@hotmail.com

Speaker Jam

Open meeting with Serenity Prayer at 2:20pm in Wiley Ford, WV by Teddie A.

12 Traditions: Cynthia W.

Teddie A. explained the procedures of bidding on Speaker Jam to Cris W. from Almost Heaven

OLANA Rep. Mike presented the flier for Sept. 15, 2007 Speaker Jam

Theme: ~~We~~ We Keep What We Have By Giving It Away+

Time: 10 to 5pm

Place Meherrin River Park in Emporia, VA

Only change to flier is to add contacts Teddie A. and someone from OLANA. Updated flier will be emailed to Cynthia W. for distribution after acceptance.

Final Planning will be made at July meeting

Motion to donate \$10 for rent for subcommittee meeting. Made by: Cynthia W. 2nd: Bonnie W. Passed 7-0

Next meeting will be July 29, 2007 at Popular Springs Hospital in Petersburg.

Motion to adjourn 3:15pm. Made by: Bonnie W. 2nd: Sherry V. Passed 7-0

Closed with Serenity Prayer in Circle.

Attendance: Teddie A., Beverly A., Mike, Bonnie W., Sherry V., Don V., Cris W., Cynthia W.
ILS, Teddie A

Area Reports

Almost Heaven

We have 28 home group with 43 meetings per week; we had 1 new home group join @ Junes ASC with 2 meetings per week. We have an average of 12 GSRs attending area and a Co-op rep. representing 9 home groups.

We currently have these positions open: Policy: Jennifer F. pro-tem, Vice-Chair: Terry H. nominated, Chair, Outreach: Mark L. pro-tem, Special Events: Bernard W. pro-tem, Newsletter. Treasurer: Don V. was acclimated in May ASC.

Co-op position open: Special Events, H&I Katie N. pro-tem, Treasurer: Chris W. acclimated at the last co-op meeting on 3rd of June.

All of the sub-committees are up and running but some of them are not giving much information on what is happening with-in their committee at area.

At this time PI is the only sub-committee to report on. PI is working on doing a mailing in the near future. They are exploring something for Recovery Month in September. They are also reading several pages of the PR handbook to better inform committee.

Area Service meets on the 1st Saturday of the month except for June, July and August then it is held the 2nd Saturday of the month in Shepherdstown, WV @ 1:30pm.

Co-op meets the Sunday before Area Service in Wiley Ford, WV. @ 3pm.

We have current meeting list here today as well as our area convention fliers.

In Loving Service, Jennifer D.

Appalachian

We have 12 groups in our area with 9 GSRs present. Region motions #126-4 passed, #126-5 passed. Open Area positions, Mark E. are our PI Chair, Stephanie W. and Darin L. was nominated for Special Events Chair. Open Region positions, Floyd A. Vice Chair voted 9-0. Outreach Chair and Secretary no nominations. Our area is doing fine with what we got. We are always trying to get the newcomers to get involved. We have an Ad-Hoc checking our literature supply because our inventory is not balancing out. Area Policy Meeting at The War is Over 6/30/07 at 1:30pm. Our area meetings are the first Sunday of each month at the Gateway on 12th and Church street in Lynchburg, VA.

In loving service, Melvin L.

New Dominion

New Dominion Area continues to be a very strong area with 28 groups; Quorum is routinely met. All positions are currently full. We have a new Chair John H. who has actually been the area chair in previous years. Most area meetings are well supported. We have an area concern to increase the clarity of our group conscience and to improve the integrity of our communications between our area and the region. New Dominion Area-Special Events will be hosting our 2nd Annual Field of Dreams+June 30, 2007. Fliers have been provided. Also, Special Events held a successful campout in May raising \$450.00 this money will go towards helping to fund the 26th AVCNA.

PI is holding an area shone line workshop on June 30th. Please contact me for details at 475-7935.

H&I is diligently carrying the message and are working on starting meetings at Chesterfield County Jail, Deep Meadows and VCCW in Goochland.

Our area has a strong Newsletter Committee-the topic for the next newsletter to be distributed in August is Working the Steps and what it means to our recovery+

I encourage and invite the different areas to submit articles please share your experience, strength and hope with us. You may email articles to me and I will forward them to the Newsletter Committee

(bkmlove2001@yahoo.com). Our next area will be July 9th 4pm at Hatcher Memorial Baptist Church.

ILS, Bronwen M.

Outer Limits

Hi family, Area met Sunday, 6/3/07. Five GSRs attended out of seven. The Outer Limits Area is requesting to host the region convention in 2009. The OLANA area is voting no to motion 126-5 changing region from two

nights to one. The Learning to Live Group joined OLANA in May giving us seven active home groups. We are making donation of \$351.16.

In loving service, Ernest A.

Peninsula

Our area still has 35 plus home groups, which facilitate 40 plus meetings per week. 18 GSRs attended our June ASC meeting. Our Vice Chair position has been filled. Our RCM alternate, PI and Phone Line Chair, Activities Chair and Literature Chair positions are currently open.

The area's spending is approaching the point where most of our budget categories are fully funded, but we still have some shortfalls. We have spent from our prudent reserve and misc. funds to cover the shortfalls.

Therefore I have no regional donation at this time.

The motion to hold an area convention at some future time has been approved by home groups. We are recruiting an Ad Hoc Chair to explore the feasibility to do so.

We have had no activities in the past two months. Our next ASC will be on July 7th.

Thank you for allowing me to be of service, Bob M.

Piedmont

All is well in the Piedmont Area. Positions are all filled at the area level. We added two new home groups.

Friday night 7pm-8:30pm at the Thomas Jefferson Unitarian church at 717 Ruby Rd and the Men's Group will meet also at 7pm-8pm held at the Rockfish Valley Community Center 190 Rockfish School Lane off of Route 151.

Piedmont Area voted 6-5-0 to pass the motion 124-1. The area voted to abstain on the Budget due to lack of information. Questions were what the changes to the budget and what percentage changes were made to the budget.

In loving service, Rob B.

Rappahannock

Hi Everyone, My name is Pat P and I am the new Alt RCM for the Rappahannock Area of NA. Our Area Service Meets every 1st Sunday of the Month at 5:00pm, at St George Episcopal Church in Fredericksburg, VA. We have 21 meetings in our Area; we had 9 GSRs present at the last Area meeting, June 3, 2007.

We are preparing to celebrate our Annual Picnic July 7, 2007; we will be selling T-shirts for this event. Sunday, June 10, 2007, Man-up to Recovery, Men's Group celebrated their first year anniversary; this was the first celebration of this sort in our area for NA. The men made history. Previously, in 20058 the women started the first women's group in our area.

The area did not vote on contributing to Region, since our treasure was not present. Therefore, there will be no donation at this time.

We are happy to report, that all service positions are currently filled.

In Loving Service, Pat P.