Open Forum -

- Wants some discussion regarding Area inventories.
- Can region sponsor a learning day for Area inventories? How can Southside be recognized after missing 2 RSC conferences?
  -- His area wants to see better clarification of motions to take back to groups.
  -- Region can sponsor a learning day for guidance with Area inventories and it can be done through submitting a motion.
  -- Can the concepts be a part of the CAR and other workshops that the RD team performs?
  -- Yes
- Is a phone line report included in PI report?
  -- Yes
- Can PI give a summary of the roundtable discussion scheduled for tomorrow?
  -- The RD is facilitating the discussion.
- Does anyone have experience on how to do an Area inventory?
  -- Area Inventory is a good tool. Responsibility should start at the sponsor and group level and that will translate into responsible area officers.
  -- My area is currently doing an inventory. We are using the area-planning tool. It is going well, but we are not done yet.
  -- A round table is a good way to start an area inventory. An inventory is usually asked for when there is dissention. It is important to clear the air and resolve any personnel issues before starting.
  -- The area-planning tool has been around for 20 years. You can get it online. All areas should be utilizing it.
  -- But area planning tool is a guide and not to be held with strict enforcement. It should be used to encourage unity and structure.
  -- We have all the tools, but we must include grievances. Those must be addressed first. Area inventories usually arise because someone is mad at someone else or something that has been done they don’t agree with.
  -- We are trying to implement in our area and I am lobbying for its use. But I think it needs to be in the Areas policy and become a standard.
  -- We shouldn’t use an area inventory because we are mad at someone.
  -- When there is something I don’t understand I ask for help. We need to promote that on a group and sponsor level so we don’t use constructive service tools for inappropriate reasons.
  -- We need to make an effort to keep things simple and expand communication. I would like to see a summary of motions in the minutes.
  -- In my experience as a GSR and RCM it is my responsibility to carry and communicate the information from the Region effectively.
  -- Each group needs to hold GSR’s responsible for duties they were elected to carry out.
  -- There is a lack of participation. We need to start there and get more people involved.
  -- It needs to start at the sponsor level to try to encourage service participation.
  -- GSR’s need to be educated and held accountable to follow through with their responsibilities.
  -- In my area the pager help line is part of PI, but H&I returns the calls. Is that the proper way it should be handled?
  -- It is not H&I’s responsibility. And on the previous topic, it is important that we cultivate leadership and look for those with leadership skills.
– We have received pages for New River Valley Area. Does anyone have a contact for that Area?
– I would like to see motions that are less than one page sent back to the areas. Countless pages of motions are too much. I would like to see the RSC minutes included in area minutes to uphold the integrity of the information being relayed.

Open Forum closed at 10:58 a.m.

**RSC opened with the Serenity Prayer at 10:15 a.m.**

Purpose read by Greg G., 12 Traditions read by Jimmy C., 12 Concepts read by Nina.

**Roll Call - (all members below were present)**

Burrell P. – RSC Chair
Jimmy B. – RSC Vice Chair
Greg G. – RSC Secretary
Tim C. – RSC Treasurer
Sherry V. – RSC Regional Delegate
Greg H. – RSC Regional Delegate Alternate
Etta S. – RSC Regional Delegate Alternate II
Jim H. – VRCC Chair
Jimmy C. – RSC Activities Chair
Jeff H. – RSC Hospitals & Institutions Chair
Cynthia W. – RSC Policy Chair
Amanda H. – RSC Public Information Chair
George B. – RSC Outreach Chair (Pro Temp)
Teddy A. – RSC Speaker Jam Chair
Jennifer D. – Almost Heaven RCM
Melvin L. – Appalachian RCM
Robert W. – Blue Ridge RCM
Rick B. – New Dominion RCM Alternate
Mike E. – New River Valley RCM
Ernie A. – Outer Limits RCM
Tee T. – Piedmont RCM
Pat P. – Rappahannock RCM Alternate
Nina M. – Richmond RCM
James B. – Shenandoah Valley RCM
Mike E. – Southside RCM

Areas/Positions not present – Peninsula, Roanoke Valley, Tidewater, Tri-cities, Literature Review Chair (vacant)

**Recognition of New Attendees** - Paula C. (Richmond RCM Alternate)

**Establishment of Quorum** - 11 RCM’s present

**Reading and Approval of Minutes** - Jimmy B. states that New Dominions report that was included in minutes was from June not August. Would like that taken out of the 128th RSC minutes. Jeff H. motions to wave reading of the 128th RSC minutes. Seconded by Mike E. Motion passes 9 to 1. Pat P. motions to approve 128th RSC minutes as amended. Seconded by Nina Mc. Motion passes 9 to 1
**Trusted Servant Reports -**

**RSC Chair Report**

Hi Family,

I was able to attend the Regional Speaker Jam on September 15\(^{th}\) that was hosted by the Outer Limits Area. Many thanks to the Outer Limits Area and the Speaker Jam Subcommittee for a job well done. This was a great way to carry the message. I attended the Regional Subcommittee meetings in Christiansburg on September 23\(^{rd}\). We can always use trusted servants on each of our subcommittees. We ask that all of us carry the word out that our subcommittees are in need of trusted servants. I also attended the joint VRCC and Regional meeting in Charlottesville on September 29\(^{th}\). We are seeking information on the possibility of having the VRCC be a part of the region. Special thanks goes to Wyers Cave home groups and the BRANA area for their gracious hospitality at the 128\(^{th}\).

ILS        Burrell P.

**RSC Vice Chair Report**

Hello to all,

Not much to report since last regional. The only information that I receive is in the form of email. I just received a copy of Regional Policy.

Jimmy B.

**RSC Secretary Report**

I would first like to take the time to thank this committee and the fellowship of Narcotics Anonymous for the opportunity to serve as your secretary. I am extremely grateful that I can be of service to the fellowship and help carry the message to the addict who still suffers. My email address is gregg239@yahoo.com and my phone number is 732-439-2125. I would like to thank Cynthia for the great job she did and would ask this body to please contact me on any future issues. She has graciously agreed to support and guide me in my new position. But please don’t burden her with my new responsibilities.

I.L.S.        Greg G.

**RSC Treasurers Report**

Region of the Virginians RSC  
129th RSC Conference  
October 20, 2007

1. LEDGER: At the last RSC, I reported $5,848.67 on hand as of August 17, 2007. Deposits and credits from August 18 to October 19 totaled $5,754.95 and withdrawals and debits totaled <$2,165.80>, bringing the balance to $9,437.82 as of today’s date.

<table>
<thead>
<tr>
<th>ASC</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Almost Heaven</td>
<td>$80.16</td>
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<tr>
<td>Blue Ridge</td>
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<tr>
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<td>$650.00</td>
</tr>
<tr>
<td>Rappahannock</td>
<td>$150.00</td>
</tr>
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</table>
2. PRUDENT RESERVE: The base prudent reserve for the period September 1-October 31, 2007 is $11,119.34 [123-1, 125-8, 127-1, 128-1*]. Adjusted for funds below the maximum due to increases in the new budget (marked below with *), and for subcommittee expenditures, the adjusted prudent reserve for the period is $9,257.81. Our balance is ***above*** the adjusted prudent reserve by $182.51. The base prudent reserve for September 1-October 31 is $11,592.34.

3. 2008-2010 BUDGET: Discussions for the new budget will take place tomorrow from 9:00 a.m.-10:30 a.m.at Colington Harbour Association Clubhouse, 1000 Colington Dr., Kill Devil Hills, NC 27948. This meeting has been announced in advance, and I hope that those interested in funding expenses of the RSC and its subcommittees will be prepared to attend.

4. DONATIONS: My thanks to Piedmont ASC, New Dominion ASC; It Can Be Done Group of Harrisonburg, VA; and New Vision Group of Martinsburg, VA; who mailed contributions totaling $1,986.70 since the last RSC.

5. VERIZON REFUND: Verizon has refunded $37.78 payable to Region of the Virginians RSC for services we did not order, nor pay for. After many calls to Verizon, I am still not sure where the funds originated, so I am hesitant to accept them for the RSC. Direction from the RSC would be appreciated.

6. UNCASHED CHECKS: My previous report stated there was a check payable to YMCA for $10.00, which had not cleared the bank and was over 6 months old. A check written payable to Teddie A for $10.50 over 6 months ago has also not cleared the bank. In addition, two checks written 6 months ago tomorrow have probably not cleared the bank. These checks were payable to Teddie A for $17.71 and the ASL interpreter for the spring Speakerjam event for $30.00.

I would like to reissue a check to YMCA for $10.00 and deliver it by hand or certified mail. Also, I would like a Speakerjam Subcommittee member to provide an address for the ASL interpreter so I can mail her a replacement check, provided the original check has not cleared on the next statement. Direction from the RSC would be appreciated.

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<td><strong>166.38</strong></td>
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<td><strong>9,271.44</strong></td>
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<th>B. RSC primary ops</th>
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Total: $5,754.95

Total Withdrawals & Debits: $2,165.80

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2/17/2007 #2468 Teddie A (E-Speakerjam) $10.50
Executive: 50.00 0.00 50.00
Secretary: 60.00 0.00 60.00
Treasurer: 20.00 0.00 20.00
GSR Assembly: 600.00 0.00 600.00
Multi-Regional Events: 400.00 0.00 400.00
SUBTOTAL: 1,530.00 0.00 1,530.00

C. Travel
AZF/RD: 0.00 0.00 0.00
AZF/RDA: 0.00 0.00 0.00
AZF/RDA2: 0.00 0.00 0.00
MARLCNA/RD: 210.00* 0.00 210.00
MARLCNA/RDA: 210.00* 0.00 210.00
MARLCNA/RDA2: 210.00* 0.00 210.00
WSC/RD: 0.00 0.00 0.00
WSC/RDA: 1,200.00 0.00 1,200.00
WSC/RDA2: 1,200.00 0.00 1,200.00
WSW/RD: 100.00 0.00 100.00
WSW/RDA: 100.00 0.00 100.00
WSW/RDA2: 100.00 0.00 100.00
SUBTOTAL: 3,330.00 0.00 3,330.00

D. Subcommittee ops
Policy: 80.00 0.00 80.00
Activities: 20.00 0.00 20.00
Speakerjam: 20.00 0.00 20.00
PI: 20.00 0.00 20.00
H&I: 20.00 0.00 20.00
Outreach: 20.00 0.00 20.00
Lit Review: 20.00 0.00 20.00
SUBTOTAL: 200.00 0.00 200.00

E. RSC secondary ops
H&I: 704.06 0.00 704.06
Speakerjams: 476.22 0.00 476.22
Overnight RSC: 1,500.00 0.00 1,500.00
Outreach: 143.38 0.00 143.38
PI: 895.00 0.00 895.00
PI startup: 310.27 0.00 310.27
SUBTOTAL: 4,028.93 0.00 4,028.93

F. Discretionary
Literature Review: 30.00 30.00 0.00
SUBTOTAL: 30.00 30.00 0.00

G. Contribution
NAWS: 0.00 0.00 0.00
SUBTOTAL: 0.00 0.00 0.00

Just for today,
Tim C., RSC Treasurer

**RSC Regional Delegate Report**

Hi all,

I attended the subcommittees that I could since two were held at the same time in Christiansburg, VA. On the 29th of Sept I attended the Joint Regional/VRCC meeting in Charlottesville, VA. We are making great strides there I feel and working well together. On the 13th of October I was asked to attend the Eastern PA Unity day. Their topics were some of the Issue discussion topics and other topics affecting our fellowship today. I was also their speaker that evening.
We have from World Services five new service IP’s. We have about 4ea per RCM to distribute. There were five distributed but now only four our RDA will discuss why there are only four now available. There is a cover letter that came with them that we can put on the website if so directed.

We have also received the 2006 draft GWSNA for Consensus-Based Decision-making update to it. I can ask our Webmaster if it could be put on the web page if so directed. This draft will be up for vote at the conference for us to vote on. Please take time to go through and let us know your thoughts at the GSR assembly.

I have included a Delegates Calendar for you to find your quadrant and if you would continuously announce with the appropriate CAR workshop and GSR assembly is being held. This is a conference year and we need you input to be able to serve our Region effectively.

We will be attending MARLCNA in February and as per guidelines my tentative budget will be:

Budget for MARLCNA
59.99 plus tax $66.59  
Total for Room: $133.18  
89.91 Lancaster host/night

140 miles to Lancaster, PA-
$54.00  
17mpg base on $2.85

2days per diem-$70.00  
$25.00 reg. Possibly cheaper  
$282.18 tentative budget

Lastly, We are hosting the Autonomy Zonal forum on Saturday January 26, 2007. We have fliers and location. Our RDA2 will give on-site information and budget. As your RD I will be facilitating the zonal as per Zonal direction. We have ask members from our World Board to attend and facilitate the Car discussion (the CAT) comes out on that day and a round table to be decided. We have not received a formal response yet but I talked with the Chair in San Antonia and it sounds very positive.

Hope all can attend.

And as always your Delegate Team is available as a resource, facilitator or just a new face to help get some projects going in your areas.

ILS

Sherry V.
RD
Region of the Virginians

**RSC Regional Delegate Alternate Report**

Hello Family,

I must say it is good to be in North Carolina for our regional weekend! Since our last regional service, the delegate team received a mailing from World Services. Included in the mailing were copies of the new Service Pamphlets (SP’s), which were approved by the fellowship at the last World Service Conference. I say they were approved by the fellowship in the sense that the fellowship voted to have the World Board develop and distribute service pamphlets. As you may recall this was
presented as a motion and passed because of the time it took to have service related materials developed and distributed to the fellowship as a whole, and the need for timely distribution of service materials. Five SP’s were sent out to conference participants to review and distribute which include: An Introduction to NA meetings, Disruptive and violent Behavior in NA meetings, Group Business Meetings, Group Trusted Servants: Roles and Responsibilities, NA Groups and Medication. Of these pamphlets An Introduction to NA meetings has been pulled due to a concern about the definition of clean where in a list of NA terms clean was described as “abstinent from all drugs (not including prescription medications).” Some members of the fellowship felt that this description of clean was a new definition; so taking this concern into consideration the World Board has pulled this SP to allow for further discussion at the October meeting. Since there are limited amounts of pamphlets to be distributed 5 copies of each will be distributed to each RCM, but please keep in mind that the An Introduction to NA meetings pamphlet is already outdated. This speaks volumes of how the World Board listens to the fellowship. The approval draft of the Basic Text is available online at www.na.org/conference/bt, or hard copies can be purchased through world services at the price of $8.00 which includes shipping and handling. Input on the Youth IP’s has been incorporated, and the drafts will be ready for publication in the 2008 Conference Agenda Report (CAR), or sooner if possible. A document on consensus-based decision has been drafted and is available for input. And the Public Relations Handbook with added resources is now available. Tons of new information is out there and more yet to come.

In other World Services news the fellowship survey that usually collects basic demographic information such as age, drugs of use etc. that is collected at the World Convention, is for the first time distributed outside of the convention. You can get it online and in a downloadable paper version. You can log onto http://naws.org/surveys/index.php?sid=1 to complete the form online or you can go to http://www.na.org/PR/index.htm to download or print the paper version. The survey will also be included in the October NA Way Magazine. The deadline to have your completed surveys is on December 31, 2007. This will give a more accurate picture of the fellowship as a whole as many addicts do not get to go to the World Convention to be a part of this survey. There is Merchandise available from the WCNA 32, which was held in San Antonio this year, and you can find that by going to http://www.na.org/wcna32/merchandise.htm. There is a NAWS Literature Distribution and Convention Workshop coming up on November 9-10 in Woodland Hills, CA.

NAWS has traveled the Western States Zonal forum in July 2007 held in Ontario, CA. The Southeast Zonal Forum which was held in Pineville North Carolina in June 2007, as well as World Wide Workshops and other workshops and events throughout the world. I must say that before I became a member of the Delegate Team, I was under the impression that the World Board and NAWS was this unreachable group of NA guru’s. My experiences as the RDA-2, and the RDA have proven this to be untrue. I have found that the members of NAWS and the WB are very down to earth as a whole and are here to serve the fellowship as a whole just as you and I are.

Please don’t forget that our region is hosting the upcoming Zonal Forum which will be held in Fredericksburg on January 26th, we hope to have members from the World Board participate, as well as members from every region within our Zonal Forum. A flier has been made (I will forward a copy of this flier to Greg to be distributed in the minutes. I understand that there is a flier on our calendar of events on our regional website. All members are welcome so feel free to attend.

I have included my estimated expenses for MARLCNA which is upcoming in February in Lancaster PA as follows: $37 for gas, $70 for 2 days per diem, $135 for hotel, and $25 for registration with a total amount of $267.

With Love of the fellowship, Greg H. RDA

RSC Regional Delegate Alternate II Report

Hello family,
I have been busy for the past several weeks working on the plans for the Autonomy Zonal Forum to be held Saturday January 26th, 2008. This year it will be held at the VFW Post 3103, 2107 Princess Anne St. Fredericksburg VA 22401. It will be from 11 a.m. till 6 p.m. We will have possible round table discussions with World Board representation. Any member of Narcotics Anonymous is welcome to participate. During some sessions, only delegates will be recognized. We will be providing lunch for all that attend. I am submitting both my budgets today for Autonomy Zonal Forum and MARLCNA.

Thanks for letting me serve,                    Etta Stevenson

Budget for Autonomy Zonal Forum Saturday January 26th 2008

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<th>Description</th>
<th>Cost</th>
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<td>Room</td>
<td>$100</td>
</tr>
<tr>
<td>Plates, napkins, forks spoons and cups</td>
<td>$25</td>
</tr>
<tr>
<td>Spaghetti, sauce, salad, bread, 2 choices of dressing</td>
<td>$100</td>
</tr>
<tr>
<td>Drinks &amp; Ice</td>
<td>$35</td>
</tr>
<tr>
<td>Audio visual equipment</td>
<td>$100</td>
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<tr>
<td>Total for estimated 150 members</td>
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Budget for RDA-2  Marlcna February 8/9/10 2008

<table>
<thead>
<tr>
<th>Description</th>
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<tr>
<td>Total</td>
<td>$250</td>
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VRCC Chair Report

Hello Family,

I’ve been very busy since the last RSC meeting. I went to Winchester on August 26th to hold elections for the 27th AVCNA, and they had a very good turn out; with people from the Blue Ridge and Almost Heaven Areas. The election for the 27 officers went very well.

The VRCC held its last meeting on September 16th where we approved the offices for the 27th AVCNA. We went over and approved some of the contracts for the 26th AVCNA. Things are moving along very well at this time.

I attended the joint meeting with the Region and the VRCC on September 29th. I believe we are heading in the right direction. Everyone in attendance seems to want the same goals, we just don’t all agree on how to get there.

I attended the 26th host committee meeting on September 9th. Overall most things seem to be doing very well. The host committee met again on October 14th and Kim, the chair, called and asked me if I could attend. I told her I was unable to be there but I would ask the Vice chair or Policy chair to be there. I called Ron and Ben and both said they would be there. They seem to have internal problems and seem to be taking care of them. They are having an emergency meeting today at noon to fix the problems.

I attended the 27th AVCNA Host committee meeting on September 30th and answered questions from the host committee and committee chair. They seem to have everything in place and are off to a good start.

In Loving Service,            Jim H.       VRCC Chair
Activities Subcommittee Meeting 15

The Activities Subcommittee met at St Thomas Episcopal Church, Christiansburg VA September 23, 2007. Attending were (Chair) Jimmy C., Mike E., Jennifer D., RSC Chair Burrell P., Teddie A., Skip N., Topics of discussion were on obtaining CAR workshop addresses, status of Zonal Forum, April GSR Assembly location, June RSC location in Richmond and August RSC location, all contacts who are involved were emailed about addresses and status of were we at with each one of these commitments.

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum. All events are on rotating bases by quadrants, although the one day and two day events do not coincide with each other.

Activities:
1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
2. Schedule and plan the GSR Assembly annually in April.
3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005)

Unconfirmed/Confirmed Events: (TBA=To Be Announced)

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<tr>
<th>Status</th>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Quadrant</th>
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<td>3</td>
<td>N</td>
</tr>
<tr>
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<td>1/25/08</td>
<td>Zonal Forum</td>
<td>VFW Post 3103 2701 Princess Anne St Fredericksburg Va. at the intersection of Princess Anne and Rt 1 N.</td>
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<td>2/16/08</td>
<td>RSC conference</td>
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<td>Luray Va.</td>
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Hello Family,

Since the 128th, activity has been calm. We had our subcommittee meeting on September 23rd in Christiansburg VA, with good attendance.

In open forum we discussed our points we would like to cover with DOC. We had good input; please refer to our minutes for details. In our reports we had 5 areas present; AHA, Piedmont, New Dominion, Tri-cities, Shenandoah.

In old business we still await response from the Cumberland MD facility. Buckingham Correctional Center would like an inmate presentation, but hasn’t set a date. Tri-cities is going to contact Petersburg Federal Prison.

In new business we voted to help in house prison meeting assistance for registering with WSO.

The ROV H&I made contact with DOC.

Paid $10.00 rent.

ROV H&I chair position is up at 130th RSC.

Our next H&I subcommittee meeting will be held in Emporia VA on November 17th, 2007 from 11 – 12:30.

In Loving Service,        Jeff H.

H&I Subcommittee Meeting Minutes 09/23/07

Opened meeting in Christiansburg, VA at 1pm with Serenity Prayer by Jeff H.

12 Traditions: Taylor H.

12 Concepts: Brad M.

Open Forum

Jeff H. -Meeting with DOC, Mrs. S. Richardson. He wants some input on how to approach meeting

a. Develop relationship with key people to advocate for NA
b. Set up possible cross the board clearance
c. Image of NA
d. Be able to provide policy and handbook
e. Be prepared with an assessment from each area about right and wrongs with facilities and clearance
f. Go with approach “What can we do to help simplify the process to bring in the message of recovery?”
g. First gentle step to a long-term relationship
h. Need to come up with a form for area H&I to give us feedback to take with us

Minutes: Motion to approve minutes from 07/28/07. Mover: Brad M. 2nd: George B. Passed 8-0

Reports
Chair: Written attached
Vice Chair: Absent
Secretary: None

Area Reports
AHA: carry Area 2 meetings and Co-op 3 meetings PI working to help carry meeting to VA again
Piedmont: carry 6 meetings 1st H&I Workshop on 9/15
New Dominion: carry 10 meetings, more female help has come out to support
Tri-Cities: carry 2 meetings Petersburg Jail possible commitment pending
Shenandoah: 3 meetings Treatment Center meeting has no turnout of inmates

Old Business
1. Cumberland facility responded to letter that was sent waiting for another response on literature needs.
2. Buckingham has not responded to phone calls. Presentation postponed
3. Petersburg clarity on what needs to be done.
   a. Send letter to inmate to inform him that we are working on request
   b. Contact facility to get info about inside meeting
   c. Give info about how to register with world

New Business
Motion 1: Mover: Sherry V. 2nd: Sarah H.
To write letter to inmate from Regional H&I subcommittee showing them how to register online or if they cannot do it themselves to offer to help.
Intent: To get in-house meeting registered. Passed 7-0-0

Motion 2: Mover: Amanda H. 2nd: Brad M.
That H&I make contact with DOC administration. Passed 7-0-0

Motion 3: To pay $10 for rent.
Intent: To be fully self-supporting. Mover: Brad M. 2nd: Sherry V. Passed 7-0-0

Next meeting November 17, 2007 in Emporia, VA more info to come.
Brad M. made a motion to adjourn at 2:38 2nd: Sherry V. Passed 7-0-0
Closed with Serenity Prayer.

RSC Literature Review Chair Report
Position vacant at this time

RSC Policy Chair Report
We met on September 23, 2007 in Christiansburg, VA. I reported that I had met with VRCC Policy Chair to come up with a proposed motion to make changes to our guidelines and VRCC Policy to
bring unity with the two bodies. The members of the subcommittee voiced that they didn’t believe that the motion addressed the issues discussed at the joint meeting in July. We as a group decided to go to the next joint meeting with the suggestions for changes. There was much discussion on this subject matter. Discussion on Motion 128-9 referred to Policy at the 128th RSC was tabled until November due to lack of time to discuss in meeting. I attended the joint meeting on September 29th. Several people present were assigned to research topics of interest and we will bring back info to our next meeting on December 8, 2007 from 10am to 3pm at Region 10. All are welcome. Our next subcommittee meeting is on November 17, 2007 from 10am to 11am at Southern Virginia Regional Medical Center in Emporia, VA.

In loving service, Cindy W.

**RSC Public Information Chair Report**

Region of the Virginians *(ROVNA)*

Public Information *(PI)* Sub-Committee

October 20, 2007

*Report of the Chairperson:*

Thanks to everyone who works and supports ROVNA PI.

PI did attend the Richmond Metro PI Unity Fest yesterday, September 22nd at Forest Hill Park in Richmond, VA. The Regional PI Sub-Committee had a table set up and we participated in a panel discussion of Regional PI efforts. Our hats are off to the Metro PI Sub-Committee for a very well organized event with a great opportunity for fellowship. Very grateful to introduce our Vice Chair, Charles W. from Richmond, who is here with us today.

We had a great PI Sub-Committee meeting in Christiansburg, VA on September 23rd. Thanks to the New River Area for welcoming us. We had an interesting discussion that led to the idea for holding the Round Table tomorrow on offering Phoneline to all the Areas. We also discussed meeting with H&I at DOC to introduce our Region to the state wide Volunteer Coordinator for VA DOC.

PI is still working on 411 issues and Greg G. from Rappahannock Phoneline has taken on this project. Greg worked with Regional PI in an effort to resolve his area’s 411 issues, in doing so we all discovered there are multiple issues throughout the Region. Thanks to Rappahannock and Greg for focusing on this concern. Of greater concern was the recent loss of Phone line service because of a technical glitch at PRIMUS, our 800 number service provider. This loss of service bears further discussion and research-may be part of our roundtable tomorrow. The upside is this lapse in service had nothing to do with our answering service. The culprit was PRIMUS and they have to date provided no explanation as to what happened nor are they able to provide an assurance that this will not occur in the future. According to some of our regional historians, this is the first time in 15 years this has occurred. We will keep a watchful eye. Here are the stats for Phone line for the last three months: August/340 calls at 740 minutes, 2.17 minutes per call on average; September/397 calls at 866 minutes, 2.18 minutes.

As to the regional name change motion, the work of this committee is attached to this report will serve only as a “start” to this process, hope this sheet is discussed here today.

PI is still working on our Sub-Committee guidelines. We will keep you posted on progress.
Our next meeting is in Emporia on November 17th at 1:15pm. Check our rovna.org for more details.

In Loving Fellowship, Amanda H. PI Chair (757-332-6450/email:pi@rovna.org)

Phone Line Subcommittee Report

As the newest member to the phone line committee, I would like to take this time to thank everyone for the opportunity to serve in fulfilling our primary purpose, to carry the message to the addict who still suffers.

We have made some progress with Verizon. After many lengthy phone conversations with multiple individuals yesterday, we finally found the departments that will be responsible for listing our toll free 800 # in 411-directory assistance. Theresa in the Directory Support Department will help us with all our listings.

There is a charge for each listing. A listing consists of the organization, city, and their number. Our current region consists of 92 major cities or towns, according to the information I retrieved off ROVNA’s website. The charge for each listing is $1.72 a month per listing in most parts of Virginia. $2.42 a month in selected locations in Virginia, and $.86 a month in West Virginia. A total of $147.76/month. The North Carolina cities are handled out of a different office. We have not contacted them yet.

There are a few factors that will reduce this cost per month:
1. There are some cities or areas that already have a functioning 411 system.
2. Many of the smaller towns we serve will be covered under a larger city area.
   For example: when I ask for NA in Fredericksburg, it searches the surrounding area including Spotsylvania, Stafford, and Caroline Counties. That primarily makes up the Rappahannock area. So we have just reduced our cost by $5.16.

Our next step is to identify what areas have a working directory assistance and which ones do not. Then determine which cities and towns we can combine to reduce cost. Once these steps are complete we can place an order with Verizon Directory Support. Also keep in mind that with the 411 listings also comes a listing in the white pages of the Yellow Book. We are thinking a rough estimate for monthly charges will be between $40 and $70 a month.

Again thank you for the opportunity to serve the fellowship that saved my life! We are hopeful that we will have a resolution to this ongoing challenge we have been facing.

In Loving Service,

Greg G.
RANA Phone Line Coordinator
732-439-2125
gregg239@yahoo.com

Phone Line Subcommittee Report- Addendum 1

There has been new information acquired today to update the previous report. After speaking with another wonderful individual at Verizon we have been able to get an exact cost for our 411 listing needs. Verizon has their areas broken down into 32 areas in Virginia. 34 if you include Northern Virginia and Prince William County (2 areas that are part of the Dulles Corridor Region). That means if we list our 800 # in all of these areas the maximum cost per month would be $62.04. This does not include North Carolina and West Virginia. Those will be done separately following the same procedure. The breakdown is as follows: 10 areas at $2.42 per month and 22 areas at $1.72 per month. Below is a list of all 32 areas that will be listed. We are not sure if all these areas are within
the Region of the Virginians. If the committee would please review this list and let us know of any that need to be removed from the list.

(Pardon the spelling on some of these, I have been in Virginia all my life and haven’t heard of half of these places.)

Accamock N. Hampton County  Lee Wise County
Amherst  Penninsula
Bedford  Petersburg
Chase City  Chesapeake/VA Beach
Piedmont  Polaski/Dublin City
Danville  Raphine
Emporia  Mercer/Taswell/Buckanon County
Fredericksburg  Richmond
Giles County  Roanoke
Gloucester  Dickinson/Russell County
Harrisonburg  Smithfield/Franklin
Loudon/Fauquier County  Augusta County
Lovingston  Suffolk
Lynchburg  Warsaw
Montgomery County  Williamsburg
South Hampton Roads/Norfolk  Winchester

A couple other items to note. There is an account already set up with Verizon Directory Support, but there are no listings for that account hence no fees have been charged. The account information is as follows:

Contact : Dunrand Cooke
Contact # : 434-799-8581
Billing Address : POB 2164   Danville  VA
Please let us know if this is the new billing information:
Region of Virginians RSC
POB 1959 Chesterfield VA 23832
AND contact name and number

In Loving Service, Greg G.

Public Information Sub-Committee
September 23, 2007
Christiansburg, New River Valley Area

Meeting called to order at 3:36PM
Meeting was opened and all were welcomed by Amanda H., Chair
Traditions were read by Akin S., Concepts were read by Jeff H. and Sub-Committee Purpose was read by Charles W.
Open Forum
Only one topic was mentioned by George B.
Our regional Phone Line becoming the primary service for the entire region.
  • One area, which had thought about it until the 800 number was out of service for seven days.
  • Is our Phone Line provider able to take the load? The answer given was yes.
  • What services could or would be provided? The answer was the same services could be provided. Then a listing of the services currently provided Area by Area was given.
• The regional Phone Lines service currently has 85% wanting a meeting and 15% want to talk to an addict. The average call is two and half minutes.
• How long would it take the Richmond, New Dominion, Tri-Cities and Blackwell Southside Areas to get out of their contract? The answer was that it is a monthly contract.
• What about having just one number in the whole region even if we had separate services?
• Would the Area money come to the region if the Areas did not get a bill?
• The discussion ended at 4:10PM.

Charles W. made a motion to approve the minutes from the July meeting. Akin S. seconded the motion. The motion passed.

Chair report – see attached.
Vice Chair – no report
Secretary – open
Phone Line Coordinator – no report
Webmaster – no report

Area Reports
Richmond
On Saturday, September 22, 2007, we held a Unity Fest ’07, a unified PI Learning Day for our National Recovery Month activities. This was hosted by members from each of the PI Subcommittees from the Areas – Blackwell-Southside, New Dominion, TriCities and Richmond. We held workshops that discussed “What We Do and What We Don’t Do for Public Information in “in terms of a NA member, group, service work, Phone line service and our relationship with the H&I Subcommittee and the Region. We provided information tables for all other subcommittees throughout our areas so they may also discuss their service work with members. We especially appreciate member from the Region and its PI Subcommittee from the region for their participation. It was well attended with over 300 members in attendance. There was much fun, fellowship and learning about NA’ public relations.

Charles W. Chair of Richmond’s Area PI/PL Subcommittee

Tri-Cities Area
A new chair of the subcommittee has been found but he is in the hospital today. We have made contact with Poplar Springs Hospital and more is expected. We were at Unity Fest.

Akin S., Tri-Cities Area

New Dominion Area
We have a new PI Chair. Nancy E. is meeting with the PI Subcommittee today buts plans to make all the Regional Subcommittee meetings that she can. H & I did two presentations while the PI Subcommittee was down. Pi subcommittee was at the Unity Day and the Unity Fest.

Jeff H., New Dominion Area

Public Information Sub-Committee
September 23, 2007
Christiansburg, New River Valley Area
Page 2

Almost Heaven Area
We talked to a newspaper about doing an article but were not able to make it happen. Instead we had a project to place cards around instead.
We talked to the VAMC about bringing meetings back to the VA Medical Center. We are trying to get the meetings back as H & I meetings.

Sherry V., Almost Heaven Area
Old Business

- Elections; Secretary – no action taken
- Phoneline Transition Update – *Reports attached.*

New Business

- Regional Name Change – The Pros and Cons will be pulled together and sent out with the minutes and then taken to the RSC in October.
- Recovery Month Events – Unity Fest in Richmond was reported on by Charles W. in his report. Unity Day in Richmond was reported on by Jeff H. in his report. No one reported on Unity Day in Rappahannock.
- PI Guidelines/PI Purpose – *see attached.*
- **Motion by Jeff H. and seconded by Sherry V.** The motion was to offer the topic of utilizing our Regional Phone Line throughout the Region for a round table discussion at the Multi-day regional in October. The intent is to unify our Phoneline through the ROV. After much discussion the motion passed.

Housekeeping

- Motion made by Jeff H. and seconded by Akin S. to pay rent in the amount of $10.00. Motion passed.
- Motion was made and passed to close the meeting at 5:00PM.

**REGIONAL NAME CHANGE INFORMATION SHEET**
**PREPARED BY OUR REGIONAL PUBLIC INFORMATION SUB-COMMITTEE**

**ORIGINAL MOTION**

Motion 127-2: Mover: Etta S. RDA-2 2nd: Pat P. Rappahannock
To change the name of our region from the Region of the Virginians to the Central Atlantic Region so that this will be more reflective of our meetings that are in Maryland, West Virginia, Virginia and North Carolina.
Intent: To promote unity clarity and better carry our message. *Referred to Public Information for report at 129th.*

*SUGGESTION OF THE PUBLIC INFORMATION SUB-COMMITTEE THAT THE MOTION BE AMENDED AS FOLLOWS:* To change the name of our region from the Region of the Virginians so that this will be more reflective of our meetings that are in Maryland, West Virginia, Virginia and North Carolina.

*If group conscience supports this motion, Public Information believes it is important that the entire fellowship have the opportunity to participate in the “re-naming” of our Region.*

The following PROS and CONS are offered in the spirit of unity; to encourage a fully informed discussion and are presented to act as a “starting point” only for groups to use as they see fit.

**PROS**

- THAT NO ADDICT FEEL EXCLUDED IN THEIR OWN REGION
- TO SUPPORT AN ATMOSPHERE OF UNITY AND INCLUSION
- THAT EVERY ADDICT FEELS WELCOME TO PARTICIPATE AND A PART OF THEIR REGION
• ROVNA TREASURER REPORTS NO APPRECIABLE COST WOULD BE INVOLVED IN MAKING A REGIONAL NAME CHANGE

• VRCC VICE-CHAIR REPORTS NO SIGNIFICANT FINANCIAL IMPACT WOULD BE INCURRED BY OUR REGIONAL CONVENTION IN CHANGING OUR REGION NAME

CONS

• CREATES CONFUSION FOR MEMBERS OF THE REGION AND THROUGHOUT THE FELLOWSHIP

• TIME REQUIRED TO MAKE THE CHANGE – INCLUDING TIME INVOLVED IN PROMOTING AND DISSEMINATING NEW MEETING SCHEDULES, WEB SITE INFO AND OTHER RELATED DOCUMENTS.

• CHANGES ALL REFERENCES IN SERVICE MATERIAL AT AREA AND REGIONAL POLICY LEVELS

• PURPOSE OF NAME CHANGE IS UNCLEAR, TO A VAST MAJORITY OF THE REGION, INTENT REQUIRES MORE DEFINITION.

• NAME CHANGE PROCESS HAS NOT BEEN DEVELOPED.

RSC Outreach Chair (Pro Temp) Report

The Outreach Subcommittee meeting was held on September 23, 2007 at St. Thomas Episcopal Church in Christiansburg, VA. The meeting opened late, do to H & I taking longer than they were allotted.

1. Isolated Home Groups
We need to visit the isolated home groups that have been on our list for the longest time, which we still have not got around to visiting.
We need to visit all of our already contacted isolated home groups on an every six months basis. They are on the following list from our web site.

Tuesday
7:00pm-8:00pm. Farmville Group,
Farmville Presbyterian Church, 200 W. 3rd Street, Farmville, VA 23901

Wednesday
7:00pm. Free At Last Group,
Calvary Baptist Church Dining room, 397 General Puller Hwy., Saluda, VA 23149
8:00pm-9:00pm. Crewe Group
Crewe Christian Church, 100 W. Maryland Ave., Crewe, VA 23930

Thursday
8:00pm. First Step Group
Brunswick County Govt. Building, basement, 100 Tobacco Street, Lawrenceville, VA 23868

Friday
8:00pm-9:00pm. Farmville Group,
Farmville Presbyterian Church, 200 W. 3rd Street, Farmville, VA 23901

I talked to the GSR of The Lie is Dead Group (Richmond Area) about putting their group on the contacted isolated list because of their location in Tappahannock, VA. The GSR said yes.
The distance between Saluda and Tappahannock is about 35 miles. The distance between Crewe and Farmville is about 21 miles. The distance between Crewe and Lawrenceville is about 40 miles. The distance between Petersburg and Lawrenceville is about 50 miles.

2. Ad Hoc Committee report
The report is attached. The Ad Hoc Committee has received two surveys back as of the end of the subcommittee meeting.
Howard C. of Richmond Area, Chair of the Ad Hoc Committee send the following report to the Pro Temp Chair of Regional Outreach.

We are in the initial stages of developing an Outreach Learning Day Template to be used throughout the Region. The intent is to develop Outreach Subcommittees in areas that are in need of support or meetings that are isolated from other meetings. We have attached a Questionnaire for each RCM to review and submit back to us.

3. Visiting home groups on the isolated group list and contact isolated group list.
George B. discussed the need for the Regional Outreach and just interested NA members to visit with the isolated groups. After much discussion, George B. asked for a motion to provide gasoline reimbursement for Tim C. and George B. to visit three groups on the not yet contacted list of isolated meetings. A motion was made and seconded. The motion passed after much discussion with only one person abstaining.

   Burrell P. said that he would visit the Free At Last Group in Saluda.

   Tim C. had reported to the Pro Temp Chair that he had again contacted and visited the First Step Group in Lawrenceville, VA. We now have the correct address. This group has joined the Outer Limits Area.

4. Motion to pay rent was made and passed.

5. Meeting was closed

Minutes by George B. Pro Temp Chair of Outreach Subcommittee
Since the Outreach Subcommittee meeting, George B. and Tim C. visited three home groups that were on our Isolated Home Group list.

   On Thursday, October 11, 2007, we visited White Flag Group, Richmond Area. We were happy to learn that members of White Flag Group had visited The Lie is Dead Group in Tappahannock, VA on October 10, 2007. Both home groups are in the Richmond Area. The meeting was of value to me because although I had attended before I had to answer the question of why I drive past a meeting to go to meetings far from home or my place of work. The White Flag Group is isolated because they do not have any members currently that will attend the Area Service Committee meeting and they can order literature from WSO.

   On Tuesday, October 16, 2007, we visited Standing by Recovery Group, Rappahannock Area. This home group is about 12 miles from Fredericksburg meetings and 16 miles from Woodbridge meetings. We found that the meeting was easy to locate even in the dark. The meeting was of value to me because it made me realize the value of variety in my recovery. When the group is next visited, the question of their group being listed on the Outreach Isolated Home Group List on the ROVNA.ORG website, will be asked. The home group agreed that they are somewhat isolated.

   On Thursday, October 18, 2007, we visited Start Living Group, Rappahannock Area. This home group is about 23 miles from Fredericksburg meetings. I drove past the church on the first try. The address is wrong on the Rappahannock Area website but correct on the NA.ORG website. We asked the home group if they would like to be listed on the Outreach Isolated Home Group List on the ROVNA.ORG website. The home group said yes. We gave them some Richmond unified meeting lists. They were interested in catching an early afternoon meeting when in Richmond for school. The home group said that from time to time that they have had Richmond meeting lists on their literature table.

I (as chair pro temp) feel that all subcommittees meeting on the same day will not work. After a tiring & fulfilling meeting in one subcommittee then without much of a break then another subcommittee starts.
Outreach Subcommittee Purpose:
- The purpose of the Outreach Subcommittee is to offer support to new or existing meetings or groups within an area or isolated meetings, groups or areas outside an area.

Intent of Questionnaire:
- To help us develop a learning day template by assessing Area Service Committees to determine who provides outreach services within each area.

Questions:
1. Please check below which ASC Subcommittees are found in your area.
   - Public Information ______
   - Phone Line ______
   - News Letter ______
   - Hospitals and Institutions ______
   - Outreach ______
   - Special Event ______
   - Literature ______
   - Others, Please list.

                                                                                     
                                                                                     
                                                                                     
2. Based on the purpose statement above, which ASC Subcommittee(s) or persons provide these services in your area?
                                                                                     
                                                                                     
                                                                                     
3. Is there a need for outreach services in your area? Yes _____, NO ______. If yes, what services are needed?
                                                                                     
                                                                                     
                                                                                     
4. What is the distance between your Area and the nearest NA Area?

5. What is the average distance between meetings in your Area?
Hi family the Speaker Jam met in Christiansburg VA on Sept 23
We open with the Serenity Prayer and the 12 Traditions

Old business: approve minutes from the Aug. sub-committee meeting
Motion by Jimmy C. to approve minutes as amended
Seconded by Jennifer B.
Motion passed

New business:

Bids for Mar. '08 Speaker Jam

1 bid from NRVANA
There was a question on how long do we wait before we decide who gets the bid?
A: If more than one (1) bid comes to the sub-committee then we choose one.
B: If one comes then they get the bid.

After discussion Cynthia W. made a motion to accept NRVANA’s bid Seconded by Jimmy C.

Motion by Cynthia W. seconded by Jennifer B. To pay HY-VOLTAGE fifty dollars ($50) a piece for the last four (4) speaker jams for a total of two hundred dollars ($200.00) for taping.
Intent to be fully self-supporting

The speaker jam is asking for reimbursement of twenty-five dollars for audio service at the Sept. '07 Speaker Jam.

Motion by Cynthia W. Second by Jimmy C. to pay Saint Thomas ten dollars ($10) for rent. Motion passed.

The next sub-committee meeting will be on November 17TH at 6pm in Emporia VA.

ILS
Teddie A.
Speaker Jam Chair

Break for lunch at 1:15 p.m.

Meeting re adjourned at 2:30 p.m.

Area Reports -

Almost Heaven RCM Report

We currently have 21 home groups with 42 meetings per week. We currently have an average of 9 GSR & 1 Co-op representative representing 9 groups at area every month. These are the most current positions open in our area. Vice-chair, Literature, Outreach, Newsletter, PI, these positions were currently filled at our last area service H&I Al W., Special Events Maurice K., Convention Chair Karen B. (Pro-tem) Terry H. Chair in {august asc}.
Policy: We are currently working on revising our policy to make it more clear, we are placing guidelines into their appropriate laces.

PI: We are currently working on sitting up a poster day to go to different places and hand-out or post up information about NA.

We would like to say a special Thank you to our web master for making the almost heaven area meeting list printable on the web.

H&I: We are still carrying the message into the facilities.

We have a donation of $296.22. Our next ASC is Nov. 3rd 2007 @ 1:30pm in Shepherdstown WV. Our area service meets the 1st Saturday of the month except for June; July & August it is the 2nd Saturday of the month. We have our current meeting list here today for anyone who want them.

In Loving Service, Jennifer D.

Appalachian RCM Report

We have 12 groups in our area. 9 GSR’s were present. Open area positions: Secretary and Special Events Chair. Open Region Positions: Outreach Chair – no nominations. Our area is having a little trouble with money. We are missing about $1500 from our literature person. We have an ad-hoc committee working on it. We do not have any money for region. We are always trying to get the newcomers to get involved. Our phone line, PI, and H&I are doing ok.

Our area meetings are the first Sunday of each month, at the Gateway on 12th and Church St. in Lynchburg VA.

In Loving Service, Melvin L. RCM

Blue Ridge RCM Report

BRANA RCM REPORT
To: Region of Virginians
129th Regional Service Conference
October 20, 2007

From: Robert W (BRANA RCM)
622 East Wolfe Street
Harrisonburg, VA 22802
cell) 540-383-2584
e-mail) thinskull@comcast.net

Dear Regional Members:

This report, for the Blue Ridge Area of Narcotics Anonymous covers the last two Area Service Meetings; September 13th, 2007 and October 11th, 2007. We have seven groups in our Area. We had five attending GSRs at October’s Area Meeting, and we had six attending GSR’s at the October Area Meeting, last week. Our current Area trusted service positions that are open are: Secretary,
RCM Alternate, and Special Events Committee Chair. Our Policy Chair will be stepping down soon. We had no elections during our last Area Service Meeting, but we do have a new Outreach Committee Chair. Mike G had been Pro-Temp for Outreach. Alan B accepted the Outreach Chair nomination at BRANAs September Area Meeting. Our Treasurer, Aaron A, offered to serve a second year term in this position during last week’s meeting. Also, we have a new Alternate Literature Chair. Pete C was elected during September’s Area Meeting.

The latest group news within the Blue Ridge Area is as follows:

- The Harrisonburg It Can Be Done Group is still offering to help with meeting space for an Area Planning Tool Workshop. The group is interested in offering a spaghetti dinner, and perhaps coordinating the Area Planning Tool Workshop to occur just after a regularly scheduled Open NA Meeting. The Surrender To Win GSR was absent from both September and October Area Service Committee Meetings. It is understood that the GSR for this home group will be unable to attend Area Meeting’s indefinitely.
- The Luray Surrender To Win Group has established a new meeting time and location. The meeting list attached to this report has the corrected information regarding the group’s monthly NA Meeting. The Surrender To Win GSR was absent from both September and October Area Service Committee Meetings. It is understood that the GSR for this home group will be unable to attend Area Meeting’s indefinitely.
- The Fishersville Change Or Die Group reported simply group meetings are going well with much attendance. The Change Or Die Group is hoping to start a “Youth NA Meeting” soon.
- The Staunton Just For Today Group reported simply good regular meeting attendance, and that October experienced a good “Newcomer Meeting”.
- Waynesboro’s Find A New Way To Live Group reported a slight meeting attendance drop during September, but October has seen two new home group members. The Find A New Way To Live Group has experienced little 7th Tradition contributions.
- Staunton’s A Chance For Gratitude Group NA Meetings are going real well. They have a strong home group. They are working toward taking a group inventory. A Chance For Gratitude Group also reported that they plan to donate some NA Books to a local jail and to nearby schools.
- Harrisonburg’s Courage To Change Group has a new GSR. The GSR’s first meeting at Area level was last week, October 11th. The Courage To Change Group reported the election of a new Treasurer, too. They are working toward “cleaning up” their funds, and working with a new bank account. The Courage To Change Group also reported a meeting change. Their final monthly Thursday NA Meeting will no longer include the speaker portion, but all else remains the same for that meeting.

Regarding Group News as a whole, this RCM is way happy to announce that the level of participation regarding the motions sent back to groups (128-3,4,5 and 8) was outstanding. Although we struggled a little, the voting procedure at October’s Area Meeting went well, and we are learning how to improve in the communication process.

The latest Subcommittee news within the Blue Ridge Area is as follows:

- Policy Chair reported, “wrapping up the final draft of the Area Policy”. Also, as previously mentioned, our Policy Chair will be stepping down from the position soon.
- Literature Chair reported a little trouble providing the literature for the past month, but apparently no big problem.
- Web Servant/BRANA Campout Chair had no report for September and was absent during the October Area Service Committee Meeting.
- Special Events has been quite active the past two months. In September, the Special Events Chair reported the intent to visit NA Meetings outside of that person’s “home group area” hoping to attract participation toward some new event ideas from the area fellowship.
- The Outreach Committee reported an awesome attendance during the September Outreach Committee Meeting. Nine members were present. Flyers were distributed at last week’s Area
Meeting for the next Outreach Sub-Committee Meeting, which will be Tuesday, October 30th. Also, Flyers have been distributed inviting women interested in carrying the message to other women in institutions. A copy of both flyers are attached to the Region’s copy of this report.

The latest Area concerns within the Blue Ridge Area are as follows:

- We are still working toward budgeting a fair reimbursement for our RCM when overnight lodging becomes necessary during trips made to Regional Events. Up to now, for trips four hours and over, lodging will be considered.
- There was considerable mention regarding the understanding of the wording of the motions that were sent back to groups to vote on. One GSR at our last Area Service Meeting requested to simplify the wording in the future.
- The latest Area Special Events within the Blue Ridge Area were reported as follows:
  - none confirmed

To conclude, the Blue Ridge Area of Narcotics Anonymous has it’s next Area Service Committee Meeting Thursday November 8th, 2007 at 6:30 PM. I have attached our latest meeting list and our contact information to the Regional Secretary’s copy of this report. Please note that any mentioned meeting changes have not yet been made on the meeting list. Also, the Blue Ridge Area of Narcotics Anonymous still has one meeting listed that is not in our Area. We are researching this. Finally, I have a check (#1548) to submit as BRANA’s September/October 2007 donation to Region in the amount of $22.00.

The BRANA ASC Contact List has been updated. Please visit the BRANA website for contact names and numbers. The Outreach Subcommittee will meet on Tuesday, October 30th, 2007 at 31 Millport Ct. Weyers Cave VA at 5:30 p.m. Dinner will be provided so we can eat and get down to business! Please contact Alan B. (540) 421-4086 or Jean W. (540) 908-7051 and let them know you are coming so we can know how much to make, this will be greatly appreciated!

WANTED: Women interested in carrying the message to other women in institutions. Please contact Amy P. (540) 490—398 if you are interested. More information to follow…..

In Loving Service,
Robert W 
BRANA RCM

New Dominion RCM Report

New Dominion Area continues to thrive with approximately 27 groups; quorum is routinely met at area service. We recently elected a new Chair for the area. Also, we have a new H&I Chair, PI Chair, and Literature Chair. Special events also have a strong subcommittee. I can truly state that I am blessed to be involved with the New Dominion Area. This has continued to grow and thrive despite the never-ending presence of the disease of addiction. Please excuse my absence today. Our Areas RCM Alternate is present and will be reporting some additional details from the Area. Thank you.

ILS  Bronwen M.

New Dominion RCM Alternate Report

Hello Family,

All is well in the NDANA. We have 27 groups with 2 new noon meetings. NDANA welcomes John M. as Chair and Cynthia W. as Secretary. Our area subcommittees continue to grow. H&I is going strong and PI has a new chair, Nancy E., and has a strong subcommittee that is in the process of kicking in high gear. They are meeting twice a month now and have plans to get the NA message out
there. The Special Events just had a golf tournament to raise funds for the New Year’s dance. It was very successful and a great time was had by all.

Recovery in our area continues to grow as we concentrate on our primary purpose, to welcome the newcomer, and try to carry the message to the still suffering addict who has not heard about us.

In Loving Service,       Rick B.

**New River Valley RCM Report**

Greetings from the New River Valley. Our last area service meeting was held on Sunday October 7th. There were 7 out of 9 GSR’s present.

NRVNA currently has several trusted servant positions open; those being Secretary, H&I Chair, Literature Chair, and VRCC Representative. The Secretary, H&I, and Literature Chair are being filled on a pro temp basis.

Our H&I subcommittee was unable to fill our lone commitment due to lack of participation. As a result of our area service struggles, our GSR’s have elected to have an area inventory.

On a positive note, the New River Valley was awarded the March 2008 Regional Speaker Jam at the September subcommittee meeting. We have obtained a location for the event. The location being Galax Pentecostal Holiness Church 7486 Carrollton Pike (on US 58 West next to Papa Johns) Galax VA, pending a meeting of the Speaker Jam committee.

Our area will be hosting the 130th Regional Service meeting in December at St. Thomas Episcopal Church, on the corner of Main and Roanoke streets in Christiansburg VA.

Our next area service meeting is November 4th. No donation at this time.

In Loving Service,       Mike E.

**Outer Limits RCM Report**

Hi Family,

Area was held on October 7th. 4 out of 10 GSR’s attended. Sabrina Mc is now the Outer Limits Secretary. We are glad to have her back. The OLANA votes yes to all budget motions sent back to groups. The Treasurer didn’t attend the last Area, so we have no donation. Speaker Jam was held on September 15th in Emporia VA. The turn out was modest. All the speakers were great and a clear message of hope was carried. The Unity Fun Day was held that week in Emporia VA. We played cards, volleyball, and one new recording act sang. The turn out was modest. Each time we hold an event the turn out gets better. We are planning some more events, in our area, to promote unity.

In Loving Service,     Ernie A.

**Piedmont RCM Report**

Hello Family,

All is well in the Piedmont Area. I was unable to attend the 128th RSC due to the birth of my son. I would like to thank our newly elected alternate for filling in for me.

We currently have 31 meetings serviced by 17 home groups. Attendance in meetings is up. All service positions are filled except Alternate VRCC director. This position is going back to home groups for the first time. Dave O. was elected as the new VRCC Director and Jennifer W. was elected as the new Special Events Chair.
Our areas Halloween party is Friday October 26th from 9 to 12 at the 4th St. station. 410 4th St, NW. All are welcome.

ILS, Tee

**Rappahannock RCM Alternate Report**

Hello Everyone,

My name is Pat P. and I am the Alternate RCM for the Rappahannock Area. I attended the area meeting on October 7th, 2007 at 5 p.m. We opened with 9 GSR’s. We elected Alternate Literature Chair, Mike. There is still an opening for RCM and Area Chair. At present Mark T. is acting Chair.

The Area voted yes to all the issues going back to groups. The Area voted that there would be no donation at this time. We are working out our prudent reserve issues, more will be revealed. Our next Area meeting is November 4th, 2007.

Upcoming anniversaries: Bruce C., Oct. 23, 23 yrs; John B., Oct. 26, 8 yrs; Rhonda, Oct. 28, 5 yrs; Mike L., Oct. 31, recognizing 20 yrs; Sara T., Oct. 31, 8 yrs; Brenda, Nov. 2, 3 yrs; Pat P., Nov. 27, 26 yrs, celebrating at the Experience, Strength, and Hope Group on Saturday Night, 7 p.m., Bragg Hill Community Center.

In Loving Service, Pat P.

**Richmond RCM Report**

Good morning family,

It is good to be back. Thanks for the emails keeping me updated with your areas. I would like to first thank God for our newly elected Alternate RCM, Paula C. There are service positions on the Area floor, including the Treasurer, which needs to be filled ASAP. We have been maintaining approximately 20 to 25 total groups, with at least 13 to 16 voting. Announcements are being made to enlist the home groups/fellowship to encourage GSR’s to show up to vote. The motions from the last Regional meeting were not heard on the area floor, so no votes were taken.

Events for the upcoming months:

- **H&I Learning Day**  11/24/07  Wesley Memorial VMC  
  1720 Mechanicsville Turnpike  Richmond  2pm – 6pm  
  Contact Shirletta T. (804) 909-7938 or James W. (804) 405-8177

- **Special Events 24 HR Marathon**  11/16/07 – 11/17/07  Serenity Club  
  107 W. Brookland Park Blvd.  12 midnight till 12 midnight

- **Simple Basics Home group Thanksgiving Day Marathon Mtg/Dinner**  
  11/22/07  913 N. 1st St.  12 pm – 7 pm

- **Phone line Workshop**  11/3/07  1010 N. Thompson St.  12:30 pm – 3:30 pm

The Monday Reality that meets at 2700 Hanes Ave. at 5:38 has changed their time to 6:38 beginning Monday 10/22/07. Phoneline/PI has distributed a 2007 membership survey at our last Area Service to be completed on a voluntary basis. The survey is also online at [http://naws.org/surveys/index.php?sid=1](http://naws.org/surveys/index.php?sid=1). The deadline for submission is 12/31/07. No check was received for the region. I’ll be celebrating my 15th year anniversary, Saturday November 17th 12 noon, at the We Do Recover home group; 1720 Mechanicsville Turnpike in Richmond. Hope to see you there!

ILS, Nina Mc
Shenandoah Valley RSC Report

Dear RSC,

It’s good to finally be back here after car trouble in June and a personal obligation in August. It feels like forever. The SHEVANA Area is doing well with 20+ home groups and participation on all sub committees.

We have recently won the bid for the 2009 AVCNA and that is progressing well. The pre-convention sub committee will be hosting many events in the coming year. This body will be informed of specific events, dates, and times. We would appreciate any support from other areas. We sent a donation today.

Thanks,      James B.      SHEVANA

Southside RCM Report

Hello All, October 20th, 2007

Southside Area is growing. We currently have over 35 meetings in the area. There are quite a few new faces and some are eager to get involved in service. I am currently the RCM and I am once again humbled that the Area has voted me in as a Trusted Servant. Most of the trusted servant positions have just been filled yet our Secretary and Vice Chair positions are still in need of a trusted servant. And I just found out that our RCM Alt. just resigned their position. I do believe when we do the right thing for the right reasons the position will get filled. It is here where we are in need of experience, strength, and hope.

Southside Area made a donation of $215.00. Today makes the 22nd home group anniversary for Solutions with Serenity in South Boston, Va. November 28th is the Recovering Vigilantes home group 21st Anniversary. I will address the request for support when we get to new business. Other than that all is well. ILS, Mike E. Southside RCM

Tri-Cities RCM Report

Hello All,

I really do not have anything to report other then as of the end of October I will be resigning my position as RCM of the Tri-Cities Area to take a new job. I will be unable to attend the bi-monthly meetings of the ROV. I understand that with this absence, it will be three in arrow that the Tri-Cities has not been represented and that the Outreach subcommittee will be contacting our area. I really enjoyed the time I spent serving at the Regional level and hope to be able to do so again in the future. The Tri-Cities does have a $782.17 donation. I have given it to Tim C. along with this report. Thanks again for everything.

In Loving Service,      Jane F.      Tri-Cities RCM

Peninsula, Roanoke Valley, and Tidewater Areas – No RCM reports

Old Business –

Procedural Motion
Mover: Jennifer D. (Almost Heaven RCM) Seconded: Mike E. (Southside RCM)
Motion: To change the order of the day to deal with a motion regarding motion 127-2
Intent: To take care of business, more clarity on the original motion
Motion passes 6 to 4.
New Business –

**Motion 129-1**
Mover: Jennifer D. (Almost Heaven RCM)  Seconded: Mike E. (Southside RCM)
Motion: That we avoid suggestions and input from PI and send the original back to groups. Motion 127-2.
Intent: To have our groups decide whether they want the name change
Motion passes 7 to 2

**THE FOLLOWING MOTION TO GO BACK TO GROUPS**

**Motion 127-2**
Mover: Etta S. (RDA-2)  Seconded: Pat P. (Rappahannock Alt. RCM)
Motion: To change the name of our Region from the Region of the Virginians to the Central Atlantic Region so that this will be more reflective of our meetings that are in Maryland, West Virginia, Virginia, and North Carolina.
Intent: To promote unity, clarity, and better carry our message.
Pros: 1. Promote unity.
2. Establish a region and not be specific to an individual state.
Cons: 1. Motion creates confusion around the region and will be a lot of time and money to change all printed material. Bank accounts, meeting lists, website.
2. Doesn’t give home groups a chance to pick an alternate name.

Old Business (continued) –

**Procedural Motion**
Mover: Tee T. (Piedmont RCM)  Seconded: Ernie A. (Outer Limits RCM)
Motion: Waive the reading of the motions for 128-3, 128-4, 128-5, and 128-8
Intent: To maximize the use of our time
Motion passes 10 to 1.

**Motion 128-3**
Mover: Tim C. Treasurer 2nd: Jennifer D. Almost Heaven
To amend the 2007-2009 budget, replacing:
C. Travel: Prepaid expenses in excess of $35/day per diem requires RSC pre-approval, travel inside the Region is not covered; 2 signatures required.
AZF/RD: Prepaid expenses or reimbursement for Regional Delegate to attend Autonomy Zonal Forum (January and July, yearly). $35.00/bimonthly up to $200.00 maximum
AZF/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend Autonomy Zonal Forum (January and July, yearly). $35.00/bimonthly up to $200.00 maximum
AZF/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend Autonomy Zonal Forum (January and July, yearly). $35.00/bimonthly up to $200.00 maximum with:
C. Travel: Prepaid expenses in excess of $35/day per diem requires RSC pre-approval, 2 signatures required.
AZF/RD: Prepaid expenses or reimbursement for Regional Delegate to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event). $70.00/bimonthly up to $200.00 maximum
[JUL-AUG $200, SEP-OCT $70, NOV-DEC $140, JAN-FEB $200, MAR-APR $70, MAY-JUN $140]
AZF/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event). $70.00/bimonthly up to $200.00 maximum
AZF/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event).

$70.00/bimonthly up to $200.00 maximum

Intent: to clarify bimonthly maximum reserves; to provide appropriate funding for these expenses, returning to pre-established levels; limits funding when travel is entirely inside ROV. Travel to airports for WSC, WSW, etc. is specifically covered.

Comment: corrects an error in the approved budget; there was no intent to reduce funding for these events.

Explanation: Treasurer wrote $35 in first budget instead of $70.

Motion passes 9 to 2.

Motion 128-4
Mover: Tim C. Treasurer 2nd: Jennifer D. Almost Heaven
To amend the 2007-2009 budget, replacing:

B. RSC primary operations: approved to budget limits, excess requires RSC approval, 2 signatures required.

Multi-Regional Events: Prepaid expenses or reimbursement for holding multi-regional events (such as zonal forums, learning days) upon approval of the RSC. $200.00/bimonthly up to $1000.00 maximum.

Zonal Forum: Prepaid expenses or reimbursement for holding zonal forums with line budget pre-approved by the RSC Conference (next scheduled: January 2008). $100.00/bimonthly (beginning 6 months prior to the Zonal Forum the Region is scheduled to host) up to $300.00 maximum.

Intent: to define regular events the RSC holds; to provide appropriate funding for these events, returning to pre-established levels. (Requires group conscience, roll call vote); to clarify bimonthly maximum reserves.


Motion passed 9 to 2.

Motion 128-5
Mover: Tim C. Treasurer 2nd: Ernie A. Outer Limits
To amend the 2007-2009 budget, replacing

D. Subcommittee operations: approved to budget limits, excess requires RSC approval.

Policy: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Policy Subcommittee, including meeting space, preparation and distribution of reports and correspondence, service-related materials and literature, and annual report (February, yearly). $30.00/bimonthly up to $180.00 maximum.

Activities: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Activities Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.
Speaker jam: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Speaker jam Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.

Public Information: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Public Information Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.

Hospitals and Institutions: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Hospitals and Institutions Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.

Outreach: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Outreach Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.

Literature: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Literature Review Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) $20.00/bimonthly up to $20.00 maximum.

with:

D. Subcommittee operations: approved to budget limits, excess requires RSC approval.

Policy: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Policy Subcommittee, including meeting space, preparation and distribution of reports and correspondence, service-related materials and literature, and annual report (April, yearly) $30.00/bimonthly up to $180.00 maximum.

[ J U L - A U G $ 6 0 , S E P - O C T $ 9 0 , N O V - D E C $ 1 2 0 , J A N - F E B $ 1 5 0 0 , M A R - A P R $ 1 8 0 , M A Y - J U N $ 3 0 ]

Activities: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Activities Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.

[ J U L - A U G $ 2 0 , S E P - O C T $ 2 0 , N O V - D E C $ 2 0 , J A N - F E B $ 2 0 , M A R - A P R $ 2 0 , M A Y - J U N $ 2 0 ]

Speaker jam: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Speaker jam Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.

[ J U L - A U G $ 2 0 , S E P - O C T $ 2 0 , N O V - D E C $ 2 0 , J A N - F E B $ 2 0 , M A R - A P R $ 2 0 , M A Y - J U N $ 2 0 ]

Public Information: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Public Information Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.

[ J U L - A U G $ 2 0 , S E P - O C T $ 2 0 , N O V - D E C $ 2 0 , J A N - F E B $ 2 0 , M A R - A P R $ 2 0 , M A Y - J U N $ 2 0 ]

Hospitals and Institutions: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Hospitals and Institutions Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.

[ J U L - A U G $ 2 0 , S E P - O C T $ 2 0 , N O V - D E C $ 2 0 , J A N - F E B $ 2 0 , M A R - A P R $ 2 0 , M A Y - J U N $ 2 0 ]

Outreach: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Outreach Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.

[ J U L - A U G $ 2 0 , S E P - O C T $ 2 0 , N O V - D E C $ 2 0 , J A N - F E B $ 2 0 , M A R - A P R $ 2 0 , M A Y - J U N $ 2 0 ]
Literature Review: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Literature Review Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) $20.00/bimonthly up to $20.00 maximum.
[JUL-AUG $20, SEP-OCT $20, NOV-DEC $20, JAN-FEB $20, MAR-APR $20, MAY-JUN $20]
Intent: to clarify bimonthly maximum reserves; to reiterate annual reports are due in April for GSR Assembly.
Comment: no financial impact.
Motion passed 8 to 3.

**Motion 128-8**
Mover: Sherry V. RD 2\textsuperscript{nd}: BRANA
To add on Page 8 Section 1V Reports as #7
To include in the Region of the Virginians minutes…the topics discussed during Open Forum.
*Intent: To have a written archive of the topics discussed during this time.*
Motion passed 9 to 2.

Nominations and Elections –

*RSC Outreach Chair* – No nominations – George B. appointed Pro Temp by RSC Chair
*RSC Literature Review Chair* – No nominations
*RSC H&I Chair* – Jeff W.’s term is up. Taking nominations at the 130\textsuperscript{th} RSC.

New Business (continued) –

**Motion 129-2**
Mover: Mike E. (Southside RCM) Seconded: Jennifer D. (Almost Heaven RCM)
Motion: To support a 12 concepts workshop in Southside VA. Not to exceed $300.00
Event will be before the 26\textsuperscript{th} AVCNA.
Intent: To gain experience, strength, and hope from around the Region pertaining to the concepts.
Motion passes 8 to 1.

**Motion 129-3**
Mover: Pat P. (Rappahannock Alt. RCM) Seconded: Robert W. (Blue Ridge RCM)
Motion: Summarize motions going to groups from Region in laymen’s terms so
Everyone may understand what is to go back to groups.
Intent: Clearer understanding of what is going that Alt. RCM and RCM and groups
May better serve our Area and Region.
Motion ruled out of order by RSC Chair.

**Motion 129-4**
Mover: Pat P. (Rappahannock Alt. RCM) Seconded: Robert W. (Blue Ridge RCM)
Motion: The Rappahannock Area would like abstentions to count as an abstention on regional floor voting.
Intent: To reflect those who may want to abstain rather then vote yes or no. This reflects more of a true voice of its members.
Motion sent to Policy for clarification. Report back to 131\textsuperscript{st} RSC.
Motion 129-5
Mover: Tim C. (RSC Treasurer) Seconded: Tee T. (Piedmont RCM)
Motion: To increase available funds for the following parts of the 2007-2009 budget.
   A: Mailbox +$2.00   A: Website +$2.00
   B: CAR Workshops +$400.00 B: Zonal Forum +$200.00
   C: AZF/RD +$10.00 C: AZF/RDA +$10.00
   C: AZF/RDA-2 +$10.00
Intent: To fully fund parts of the 2007/2009 budget, that have been increased, to
        Reallocate funds from B: Multi Regional Events.
Financial Impact: Reduces funds available for NAWS donation by $234.00.
Pros: It frees money in a category, approved by groups, and moves it to another
category. To put the money where it belongs, in the right category.
Cons: Groups should make decisions regarding funds. Manipulative.
Motion passes 7 to 0.

Motion 129-6
Mover: Greg H. (RDA) Seconded: Mike E (New River Valley RCM)
Motion: To approve an estimated budget for travel to MARLCNA for the RDA, to
        Include $37.00 for gas, $70.00 Per Diem, $135.00 for a hotel room, $25.00
        For registration. Total amount of $257.00.
Intent: To fulfill duties.
Pros: Should support RD team to fulfill duties. To be fully self-supporting.
Cons: N/A
Motion passes 11 to 1.

Motion 129-7
Mover: Etta S. (RDA-2) Seconded: Melvin L. (Appalachian RCM)
Motion: To approve budget for RDA-2 for travel to MARLCNA on 2/9/08.
        Hotel room (2 Nights): $125.00 Per Diem: $70.00
        Registration: $25.00 Gas: $30.00
        Total: $250.00
Intent: To be fully self-supporting.
Pros: To be fully self-supporting. Allow RDA-2 to fulfill duties.
Cons: N/A
Motion passes 9 to 1.

Motion 129-8
Mover: Etta S. (RDA-2) Seconded: Melvin L. (Appalachian RCM)
Motion: To approve the budget for Autonomy Zonal Forum on 1/26/08.
        Room: $100.00
        Plates, napkins, forks, spoons, and cups: $25.00
        Spaghetti, sauce, salad, bread, and 2 choices of dressing: $100.00
        Drinks, Ice: $35.00
        Audio Visual Equipment: $100.00
        Total estimated for 150 members: $360.00
Intent: To host Autonomy Zonal Forum which occurs, approximately, every 2.5 yr.s
Pros: To allow RD team to fulfill duties. Concept 11 – be responsible.
Cons: Budget should have been raised prior to now. We knew it was coming.
Motion passes 9 to 0.
**Motion 129-9**

Mover: Sherry V. (RD)  
Seconded: Nina Mc (Richmond RCM)

**Motion:** To approve tentative budget for travel to MARLCNA for the following:

~As per guidelines~

- **Hotel:** $59.99 plus tax w/ tax $133.18
- **Mileage:** based on 290 miles @ $2.85/glln & 17 mpg $48.62
- **Tolls:** $12.00
- **Registration:** $25.00
- **Per Diem:** $70.00

**Total:** $288.80

**Intent:** To fulfill the duties of the RD.

**Pros:** Fulfill duties. Self-supporting.

**Cons:** Under budget already.

**Motion passes 10 to 1.**

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**Motion 129-10**

Mover: Norman C. (Shenandoah Alt. RCM)  
Seconded: Pat P. (RANA Alt. RCM)

**Motion:** To pay Liberty Christian Fellowship and Colington Harbour Association $100.00 each for rent.

**Intent:** To be fully self-supporting.

**Pros:** Under budget. To be self-supporting.

**Cons:** $100.00 seems expensive.

**Motion passes 7 to 3.**

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**Motion 129-11**

Mover: Sherry V. (RD)  
Seconded: Jennifer D. (Almost Heaven RCM)

**Motion:** To pay $50.00 for rent for VRCC. From Category 5-Discretionary Funds.

**Intent:** To be fully self-supporting. To follow direction of conference.

**Pros:** To be fully self-supporting. We asked for joint meeting with VRCC and RSC.

**Cons:** N/A

**Motion passes 10 to 0.**

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**Planning for Next RSC –**

The 130th meeting of the Region of Virginians Regional Service Committee will be held in Christiansburg VA on December 15th. St. Thomas Episcopal Church 303 East Main St. Christiansburg VA 24073. Open Forum will begin at 11 am and The RSC will adjourn at 12 pm.

*Meeting adjourned at 5:05 p.m. with a circle of love and the WE version of the Serenity Prayer.*
REGION OF THE VIRGINIANS SUBCOMMITTEES

INVITE YOU TO JOIN US AT OUR BI-MONTHLY MEETING

Southern Virginia Regional Medical Center, Classroom A, 727 Main St., Emporia, VA 23847
Saturday, Nov. 17, 2007

10 am - 11 am       Policy
11 am - 12:30 pm     Hospitals and Institutions
12:30 pm - 1:15 pm   Lunch
1:15 pm - 2:45 pm    Public Information
2:45 pm - 4 pm       Literature Review
4 pm - 5 pm          Outreach
5 pm - 6 pm          Activities
6 pm - 7 pm          Speaker Jam

PLEASE COME OUT AND GIVE US SOME SUPPORT