

**138th Central Atlantic Region
Regional Service Committee
Meeting Minutes
April 18th, 2009 - Williamsburg VA**

Open Forum – (began at 10:00 am)

Topics of Discussion:

1. An area wants to know if there is a way to amend a motion that has already gone back to home groups. Policy Chair states that it cannot, but a new motion can be submitted.
2. An area is asking for clarification on the motion to have CARNA bid hosting convention. They felt there wasn't enough information.
3. Area needs experience on how ASCs develop a prudent reserve.
4. How can we get the minutes sooner?
5. Is there any experience with groups using a web cam during celebrations?
6. Need suggestions on how to attract members to participate in subcommittee meetings.
7. Policy chair informs committee that \$300 of regional money was stolen from her. She wants to make arrangements to pay back money. Suggestion was made to pass the hat and \$300 was collected.
8. Thanks to Burrell for his service is this is his last RSC as RSC Chair.

Open Forum closed at 11:05 a.m.

RSC opened with the Serenity Prayer at 11:28 a.m.

Purpose read by Pat P., 12 Traditions read by Sabrina Mc., 12 Concepts read by Akin S.

Roll Call/1st Quorum - (all members below were present)

Burrell P. . RSC Chair
Sherry V. . Vice Chair
Greg G. . RSC Secretary
Don V. - Treasurer
Greg H. . RSC Regional Delegate
Etta S. . RSC Regional Delegate Alternate
Jim H. . VRCC Chair
Mike E. . Activities Chair
Richard P. . RSC Hospitals & Institutions Chair
Cynthia W. . RSC Policy Chair
Charles W. . RSC Public Relations Chair
Shawn C. . Speaker Jam Chair
Liability Insurance Ad Hoc Chair . Etta S.
Regional Inventory Ad Hoc Chair . Cynthia W.
In Times of Illness Revision Ad Hoc Chair . Cynthia W.
Donna Mc. . Almost Heaven RCM
Eddie W. . Appalachian RCM
Robert W. . Blue Ridge RCM
Mark C. . New Dominion RCM
Misty N. . New River Valley RCM
Denise C. . Outer Limits Vice Chair acting as RCM
Tee T. . Piedmont RCM
Patsy P. . Rappahannock RCM
Paula C. . Richmond RCM Alt.
Mike G. . Roanoke Valley RCM
Tim B. . Tidewater RCM
Akin S. . Tri-cities RCM

Areas not present . Peninsula, Shenandoah Valley, and South Side.

Southside and SHeVANA have missed 2 consecutive RSC meetings they should be referred to Outreach. Since we do not have an Outreach Chair at this time

Recognition of New Attendees –

Tim B. . New Tidewater RCM
Misty N. . New New River Valley RCM
Denise C. . Outer Limits Vice Chair acting as RCM
Billy D. . Tri-cities member
Marvis B. . Peninsula member
Terry H. . Tidewater RCM Alternate

Establishment of Quorum - 12 RCMs/RCM Alt.s present, 1st Quorum met.

Reading and Approval of Minutes – Motion 138-1 made by Cynthia W. to waive reading of the 137th RSC minutes. Seconded by Norman C. Motion passes 11 to 0.

Amendments offered are to:

Add under: **Roll Call/1st Quorum**

Sherry V. . RSC Vice Chair

Mike E. . Activities Chair

Delete under: **Roll Call/1st Quorum**

Richard P. . H&I Chair

Motion 138-2 made by Greg G. to approve 137th RSC minutes as amended. Seconded by Norman C. Motion passes 11 to 0.

Trusted Servant Reports -

RSC Chair Report

Welcome to the Peninsula Area. Thanks to the Activities Subcommittee, Regional Delegate Team, and everyone else who contributed in making this weekend possible. Our Speaker Jam Subcommittee along with the Rappahannock Area did a wonderful job on March 21st. We had a great time with speakers and food! I was able to attend our Policy and Public Relations subcommittee on March 27th in the Roanoke Valley Area. We appreciate the warm hospitality that was given to us. Thanks to the Tidewater Area for hosting our 137th Regional conference. Congrats goes also for having a wonderful convention. A great time was had by all the attendees. Keep up the good work. What we ask is that our subcommittees do the best we can to persevere and keep going. In spite of our lack of support, there is support, so keep going because the work is there to do and we need to do it.

ILS, Burrell

RSC Vice Chair Report

Hi All

The past two months I was able to go to the Florida Symposium in Tampa. It was a very good symposium. I attended three sessions on the NA Web Na in the 21st Century: IT Infrastructure to better carry our message. Another workshop was on a proposed new service pamphlet tentatively called Giving It Away. Generally speaking the graphics didn't go over too well but there was good information about the amount of the actual donations that come in from our fellow compared to the donations that come in from AA. Their donations are huge compared to our for the number of members and as a result this is reflective in the cost of their literature especially the Big Book. More will be revealed.

I attended our speaker jam in quad 1 Fredericksburg.

I also attended the regional subcommittees that were held in Covington, VA. I would like to thank the Covington NA community for their warm hospitality and great eats.

I would also like to thank our Activities Chair for his hard work while going through a tough situation. Coordinating our 2-day Regional and GSR assembly has always been a bit difficult while staying within our group conscience budget.

I enjoyed participating in the ITOL workshop and look forward to hearing the input from our region. Please also remember on the naws website there is another service pamphlet to send input and also information on the living clean project.

For anyone new to the regional or are here for the GSR assembly Welcome and thanks for your service to our fellowship I sorry to say I will not be able to attend the June RSC. I will be finishing up a group project the revision on In Times of Illness. This is the last meeting.

ILS, Sherry V., VC CARNA.

RSC Secretary Report

Hi Family,

Minutes for the 137th RSC looked great on the computer screen but when they printed the Treasurers spreadsheets printed off the page. I thought the formatting was correct, but indeed it was not. I suggest that you check the margins if you wish to print out copy. I sincerely regret to inform everyone that it is time to start taking nominations for the

secretary's position. Since I believe so firmly and wholeheartedly in the concept of rotation of continuity, my last meeting as your secretary will be in August. I will be attending the 140th RSC in West Virginia and producing the minutes for that meeting. In October you will have a new Secretary. I repeat, IN OCTOBER, you will have a new Secretary. We will need to announce this position as open starting today. It has been a great pleasure to serve with all of you. I have learned more about service work from the people attending these conferences than I have since I started in recovery. I appreciate everyone's patience with me when I fell short in my responsibilities. But you kept encouraging and supporting me, and that makes me feel all warm and fuzzy inside knowing you care. This is truly an amazing fellowship and you are all amazing individuals.

Thanks. Greg

RSC Treasurers Report

Dear Family,

I have not yet purchased or begun to use MS Money, but will do that ASAP.

Our beginning balance since the last RSC was: \$16,276.62

Total donations were: \$3,218.37

Expenses were:

Greg Harris	RDA Travel Zonal Forum	\$106.23
St. Christopher's Episcopal Church	137th RSC Rent	\$100.00
Shawn Crawford	Speaker Jam Expenses	\$72.70
Greg Harris	RDA Travel MARLCNA	\$19.23
Cynthia White	Literature Review Expenses	\$300.00
Cynthia White	Policy Copies	\$64.05
Tandy Wood	Speaker Jam Taping	\$200.00
Cynthia White	P.O. Box Rental	\$74.00
NAWS	H&I Literature	\$156.69
	Subcommittee Rent	\$50.00
NAWS	H&I Literature	\$16.00
NAWS	H&I Literature	\$16.00
White Oak Rescue	Speaker Jam Rent	\$100.00
Meeting Tomorrow	GSR Assembly AV Eq. Rental	\$188.00
PCMS	Answering Service March-April 2009	\$1,131.88
Primus	Phone Line Feb-Mar 2009	\$209.58
NAWS	Regional Donation	\$2,007.96

Total expenses: \$4812.32

Current Balance: \$14,682.67

Current Prudent Reserve: \$14,234.43

NAWS Donation: \$448.24

Note that the NAWS donation may need to be adjusted due to the pre-approved but unused H&I checks. ILS, Don V.

RSC Regional Delegate Report

Hello Family,

It has been a quiet time since the last region in regards to travel. I attended the regional H&I subcommittee, which was held in Lynchburg on March 14. I did not attend the other subcommittee meetings, which were held in Covington.

In preparation for the upcoming GSR assembly this weekend I had to purchase some items to include post-it notes, markers, and name tags in the amount of \$36.19. There were no other expenses for this event or any other delegate expenses.

The Review and input drafts of the self-support pamphlets, %Keeping It+and %Giving It Away+and proposed revisions to In Times of Illness are out for fellowship review until May 30, 2009, these drafts can be accessed online at www.na.org/?ID=Conference-index with the username and password WSC2010. Feedback can also be provided online. There will be regional workshops on the In Times of Illness revisions held throughout the region; Cynthia W. will be the chair for these meetings.

World Unity Day will be on August 22, 2009; this is an event where Individual members, groups, area/regional functions, and institutions can join in the celebration of World Unity Day. This is a two-hour telephone hookup to the

Saturday night main meeting of WCNA 33. The cost is 50" for calls within the United States/Canada. One free hookup will be provided for each region outside the US and Canada! Specific event time will be announced in the near future. To plan and register your event, download a registration form, or to get more details, go to: www.na.org/wcna33/unityday or contact NA World Services at 818.773.9999, ext 149.

Registrations must be received by 1 August 2009

The workgroup currently working on Living Clean the Journey Continues, which is a literature piece currently being worked on which touches bases with issues relating to experienced members throughout their recovery, is currently still seeking stories from members throughout the fellowship. In order to best receive these stories, NAWS has implemented new ways of receiving this information to include a portal for the project and all supporting information at www.na.org/?ID=Living_Clean_Project. On this page you will find a new discussion board specifically created for Living Clean. Here, members may register (doing so helps minimize spam) to offer input and experience regarding the topics to be covered in the book. The discussion board is organized with each chapter as a separate thread so members can direct input to specific topics. We encourage members with a desire to contribute to join us on the discussion board, where you will also be able to interact with other members. For those who choose not to share in a public forum, you can also send your input directly to livingclean@na.org. (As always, you can also send input via regular mail to NA World Services; Living Clean Project; PO Box 9999; Van Nuys, CA 91409.)

The first review and input period of Living Clean will begin this summer, and will include the first two chapters and an outline of the book. The remainder of the book will be sent out in pieces for review and input periods in 2010. Draft material will be available for a minimum of ninety days, with the input deadline clearly marked on each page. Those chapters will be based on material submitted online, the discussion boards, and letters and workshop notes from the fellowship.

NA now has a new face to its website! It looks quite different from the old website and takes some time getting used to but it does appear to be more user friendly after several visits. Go to www.na.org to check out the new website. Monthly website hits have increased from 2 million in 2005 to over 5 million.

Members interested in being considered for nomination at the 2010 WSC will want to update their World Pool Information Form by 31 August 2009. The online version can be found at www.na.org/?ID=HRP-wpif-default.

A copy of NAWS tax return has been circulated throughout the fellowship, which includes salaries of some of NAWS staff. I felt obligated to inform NAWS of this and was informed by Steve Rush that they (NAWS) had knowledge of this information and Jim B. (World Board Chair) issued the following statement:

For several years Anthony performed the Executive Director function without regard to having a contract or having the level of compensation based upon any comparison to other non-profits. Then in 2002 the World Board decided to offer a contract but still the initial couple of contract years were at a compensation level higher than it was before but not based upon comparison to available compensation data. In 2005 the World Board decided to make the compensation level equitable to that of other non-profits with similar scope of operations and responsibility. So the Executive Committee used available external nonprofit data to determine what the level of compensation should be. This explains the change in compensation as we went through this several year period of adjustment.

One of the tools utilized in our compensation research was a report from GuideStar. It is described on their web site as follows: *The 2008 GuideStar Nonprofit Compensation Report presents information on more than 84,421 positions in 58,462 tax-exempt organizations that filed Form 990 with the IRS for the fiscal year 2006. Use it to benchmark your organization's salary and benefits packages. Find information by job category, program area, gender, and geography. Scan high-level data in the report's executive summary, which highlights key compensation trends in the nonprofit sector. Get detailed, comprehensive information in the data tables.*

This data gave us all the salary ranges of Executive Directors of non-profit organizations in the United States. They base these salary ranges on the size of an organization, whether it is an international organization or just national, the number of employees, branch offices, the location of the office and amount of revenue it generates. Anthony's salary has always been lower than those other organizations. By law this information is public knowledge, as non-profits are required to disclose this information.

We never have and still do not discuss the specifics of people's compensation at the WSO, because we believe that the privacy of our special workers needs to be respected. On the other hand, we believe that we ought to be transparent and open with the fellowship about the general principles we are operating under regarding compensation, and the general ranges we believe are appropriate for the various levels of responsibility at the WSO.

I felt obligated to report this to NAWS because the information presented in my opinion is private information and just thought that they should know that this information is being circulated. I feel a need to report this to this body because of my role as RD is to remain accountable to this region. I did not inform NAWS of this information as a regional correspondence but as a member of NA.

I received an email from NAWS requesting updated regional/area phone-line information to have an updated database. I need to know from each area the phone number of the phone-line, which area maintains the phone-line, which cities are

included in the service area for the phone-line, and website information if applicable. I ask the RCM to please give this information to me so that I may be able to forward this on to have an updated database for our region.

I am submitting travel itinerary for the zonal forum, which will be held in Jenkintown PA on July 25th. It is as follows: 74.99- hotel, 52.50 for 1 1/2 days per diem rate, and 70.00 projected gas expenses for a total amount of 197.49.

I received from our treasurer a notice from the regional post office box stating that a certified letter was sent to our PO box but has been returned to NAWS Inc because it was not picked up in a timely fashion. I am not aware of what this mailing may consist of and was asked to follow up on this. I will follow up regarding this and report back at the next RSC. With love of the fellowship, Greg H. RD

RSC Regional Delegate Alternate Report

There has not been a lot activity since the last RSC. I had the great opportunity of attending the Regional Speaker jam in my home area Rappahannock. It was a great success! I have been busily preparing for the GSR Assembly and I am submitting my request for funding for the next Autonomy Zonal Forum. It will be held July 25th at Jenkinstown United Methodist Church Walnut and Summit Avenue Jenkinstown Pa.

\$35.00 per Diem = 1.5 days 52.50 Hotel 1 night 67.99 but 8% tax= 74.99 gas-50.00 Total= 177.49

In Loving service Etta S.

RSC Regional Delegate Alternate II Report- vacant

VRCC Chair Report

Hello Family,

Things are going well with the 28th avcna. The next VRCC meeting is May 16&17 which is the retreat and it will be at the Hilton Garden Inn in Newport News. It will start at 10 am Saturday morning.

We have a new treasure Pam from Roanoke, vice treasure Michael from Outer Limits, Policy Linda from Sheva and web site Melissa from Sheva.

We have received one bid so far for the 29th avcna and its from the Rappahannock area.

In Loving Service, Jim H - VRCC Chair

RSC Activities Chair Report

Hello Constituents

It is good to be at another Regional Conference. I am sorry about my inability to attend the Subcommittee Meeting in Covington VA back in March, I do have a Dr.s Note though. As is well though.

Activities have been busy with this RSC and the GSR Assembly is concerned. I tried to accommodate all with the sleeping schedule and hope it goes over well.

Thus far we have all but three months covered as far as the rotations are concerned. August, September, and the October two day event are the three months that I am lacking having a schedule for. However, I have been in touch with Allen from BRANA who is helping me with the September Subcommittee meeting place and October two day event. And Don V. is assisting me with the August meeting space. Following is a schedule of the upcoming meeting places.

March 28th. Subcommittee Meeting

Emmanuel Episcopal Church
138 N. Maple Ave.
Covington, Virginia 24426

April 17th-19th. RSC and GSR Assembly

Americas Best Inn
1600 Richmond Road
Williamsburg, Virginia 23185
757-229-6226

May 16, Subcommittee is meeting

Southern Virginia Regional Medical Center
727 N. Main Street (US route 301)
Emporia, VA 23847 - classroom A and B

June 20th RSC

White Oak Rescue
535 White Oak Road
Fredericksburg, Virginia 24405

July 18th, Subcommittee Meeting

White Oak Rescue
535 White Oak Road
Fredericksburg, Virginia 24405

August, September, October...TBA

November 21st, Subcommittee Meeting

Holy Name of Mary Catholic Church
1307 Oakwood St
Bedford, VA 24523
(540) 586-8988

December 19th, RSC Meeting

Emmanuel Episcopal Church
138 N Maple Ave.
Covington, Virginia 24426

If any Area would like to have the RSC or Subcommittee meetings held in their Area (keeping with rotation) please have someone contact me. I am trying to get some of the %out of reached+towns covered within our region. There are several towns that we make it to pretty regular and some we do not get to at all. I know the location will also depend on what facilities are available and the quadrants in which they are located yet; I do think working with the out of reach areas will broaden our horizons in reaching the addicts that still suffers (service work speaking).

I am guessing that I need to still get a co-chair and a secretary. Please let they Areas know that the only two requirements to be in a subcommittee is to be clean and have a desire to serve.
ILS, Mike E., Activities Chair, 434-548-1257, [designs by mike@yahoo.com](mailto:designs_by_mike@yahoo.com)

RSC Hospitals & Institutions Chair Report

No report turned in.

RSC Literature Review Chair Report- vacant

RSC Policy Chair Report

Hello family, the subcommittee met on March 28, 2009 in Covington, VA with Sherry V., Don V., Burrell P., Bonnie W., Jess G., Charles W., James D., Jerry V., and myself present. I reported that the four motions we submitted at the 137th RSC were sent back to groups. I hope everyone has come today ready to vote on all the motions that went back. We also discussed and came up with a motion to clarify both the nomination and election sections in the Guidelines. We are continuously working clarifying them but we worked on this at the suggestion of this body after the motion on pros and cons on nominees was sent to groups. We had a long discussion on these two sections and believe we have come up with the solution. We are submitting a motion today and I have copies for each RCM to have to simplify the process of explaining it to you. Thanks to all who have supported this subcommittee for the last 3 years that I have been pro temp and then elected chair. My position is up for election in June. Please bring in nominations and nominee for election. It has been bought to my attention that when at the 125th RSC we as a body passed the motion to add Section to Guidelines about GSR Assembly that included some changes to duties of trusted servants but as noted today Treasurers Duties were not changed. So, we will discuss this at the next Policy meeting and hopefully bring a resolution to the next RSC.
ILS, Cindy W.

RSC Public Relations Chair Report

The Best of the Day to Each of You,
Simply want to thank the members of the New River Valley Area for inviting us to participate in their Service Work Learning Day on February 28th in Blacksburg, Va. They allowed us to discuss with them the services that are provided to the Areas and groups by the CARNA's PR Subcommittee. What a warm reception and meaningful exchange of information with members from their Area, West Virginia, and surrounding treatment centers.
The CARNA PR subcommittee was able to meet in Covington, Virginia on March 28th as scheduled. However, we are very concerned about our inability to attract members from the various subcommittees in those Areas that we are visiting to come and out and share with us the activities and service work that are being carried out by them. The whole purpose of rotating through these quadrants is to exchange information. Therefore, we are requesting the help of the RCM's within

these areas to encourage your Areas subcommittees to come out and join us. We need your help because the regional subcommittees cannot do it alone.

Our Professional Answering Service is doing a fine job handling the calls through our toll-free number. They continue to manage their time very well in providing meeting times and locations to callers.

1-800-777-1515	March 2008 Calls
Calls-in	373
Minutes Used	882
Average per Call	2.36

We did update them with the new help line numbers from the Tidewater Area, which is 866 972 5055. By working with those Areas who we had not received updates from during the period of March 2008- December 2009, we have since received updates from the Roanoke Valley Area, Outer Limits Area, and the Tidewater Area. If for any reason that your Area Phonenumber Coordinator did not receive the spreadsheet for updating your meeting times and locations, you may contact the regional Phonenumber Coordinator through the Public Relations page on the website. On the right-hand side of the page one will see Help line Corrections - For additions or corrections to the Central Atlantic Region Help line (800-777-1515), contact: phonelineupdate@car-na.org.

Since we acquired the new web host company in February, our Web servant and other NA members have been working diligently to convert the files from the old to the new and get the NA events listed as quickly as possible. We thank everyone for their diligence because our website is important for disseminating information when we are averaging some 5,000 visits per month. It would be much quicker if you want approved NA events and information to be listed on the website by simply sending it directly to the webmaster@car-na.org.

We have been invited to man an information booth at the 2009 Virginia Summer Institute for Addiction Studies at the College of William and Mary July 20-22nd. This is a conference given each year for addiction professionals to become certified in their profession. Two years ago we participated and it was revealed to us how hundreds of these professionals were not able to tell the clients about the NA program and where to find us. We are looking for volunteers who have public relations experience to help us staff the booth during those days. They have agreed to discount the registration fee from \$350 to only \$50, which I respectfully request today. Please contact us about your availability. It will be experience to remember.

In Fellowship, Charles W., 804-301-8380, Email: Chazz6@verizon.net or pi@car-na.org

RSC Outreach Chair Report- vacant

RSC Speaker Jam Report

Hello family,

We held our spring speaker jam March 21 in Fredericksburg, VA in the Rappahannock area. I would personally like to express a huge thank you to the Rappahannock area activities committee as several people worked very hard helping with setting the event up, cooking and serving lunch and most of all at 10 pm that night there were still ten addicts there to clean up. The event was a huge success as almost 200 addicts attended throughout the day. I have receipts to turn in as well as a motion to be reimbursed for \$65 dollars that was spent on food. Overall the cost of the event was \$72 dollars below our five hundred dollar budget. Also the Rappahannock area activities committee voted to donate 50% of their earnings back to the region. I am to be given a money order for approximately \$220 today to pass on to the region.

As far as the September speaker jam goes I traveled to the Blue Ridge Area service on April 9, 2009 to present the bid requirements to host the next event as well as to answer any questions the area had about hosting. I was informed the area would like to host but as of this date I have not received any letter from that area or any other. Any area that would like to host can see me for requirements to submit a bid and I am more than willing to travel to and hold subcommittee meetings in that area.

In loving service, Shawn C.

Ad Hoc Committee-Regional Inventory

Hello family, we have not met since the last RSC. I hope some of you have brought in feedback from your areas because we plan to meet in May to start putting together information. We are planning to start planning the agenda for this inventory to be held on Sunday of the two day in October. I hope to see you all at the meeting in May to help with the planning. Thanks for allowing me to be of service.

ILS, Cindy W.

Ad Hoc Committee-Liability Insurance

There are three quotes that make of the final numbers for the coverage quotes requested. They include the special events riders. Aztec came in a 7100 annually, 6150 for the Ohio company I referred in naws bulletin, and 5000 for the

Williamsburg company. I have names and numbers for contact should we wish to proceed.
Etta s.

In Loving service,

Ad Hoc Committee In Times of Illness Pamphlet Review

Hello family, I have had one workshop in Quadrant 2 one last Saturday with some good input giving. Everyone present felt overall that it is a good piece of literature with a few needed corrections or improvement. I have plans to be in Quadrant 3 next Saturday, April 25th in Bedford, in Quadrant 1 next Sunday, April 26th in Richmond, and Quadrant 4 on Saturday, May 9th in Portsmouth. I hope that all of those RCMs have taken fliers that were distributed to you by email to each of your areas and have been announcing in your home groups. I hope to continue to get some good information. We will meet in May to put the information together to submit in a report form to the world by May 30th. I will then bring a final report to the RSC in June to let you know what was sent to the world from our Region. Thanks for your support and understanding with everything discussed in open forum.

ILS, Cindy W.

**Break for lunch at 1:11 pm, Re-adjourned at 2:40 pm.
2nd Quorum is 7 out of 15 RCM's present.**

Area Reports -

Almost Heaven RCM Report

The Almost Heaven Area Service Committee met on Saturday, April 4, 2009 in Shepherdstown, West Virginia. Our area meets the first Saturday of every month.

There are thirty-one groups in the Almost Heaven Area. There were fourteen GSRs present, representing 23 groups in the area. Currently, we have six area positions open. They are: RCM alternate, Newsletter, Outreach, Public Information, Convention and Literature. There is a nomination for Newsletter chair and nominations have been closed for this position. Convention Chair is being filled pro tem and will go back to groups for nominations. Most of the groups in our area are doing very well. There are groups in the area that could use support. Otherwise, the Almost Heaven Area of Narcotics Anonymous is alive and well!

Regional motions were taken back to the ASC to be carried to home groups for a vote. They will be shared at the appropriate time here today. They are as follows:

- Motion 135-3 Amended (passed 13-0)
- Motion 137-7 (passed 14-1)
- Motion 137-8 (passed 16-0)
- Motion 137-9 (passed 16-0)
- Motion 137-10 (passed 16-0)
- Motion 137-12 (passed 13-3)
- Motion 137-13 (passed 14-1)

The Almost Heaven Area Convention #23 is July 31st through August 2nd, 2009. It will be at the Northern Virginia 4-H Educational Center, 600 4-H Center Drive, Front Royal Virginia 22630. We hope to see all of there! Register early if you need an air-conditioned room. They go fast! There are registration flyers on the table.

On Saturday, April 11, 2009, the Almost Heaven Area hosted the Regional Ad-Hoc Literature review, for Quadrant 2, to review the revised booklet %a Times of Illness+. Six NA members attended and the review was fantastic. In general, our area thinks this revised edition is great. Thanks to Cynthia for coming to Almost Heaven and leading us in a meaningful discussion.

The Almost Heaven Area does not have a donation to CARNA at this time.

ILS, Donna Mc. - RCM for Almost Heaven Area

Appalachian RCM Report

~ There are 12 groups currently meeting in the Appalachian Area.

~ There were 8 GSRs present at our last ASC on April 5th, 2009.

~ There are 3 trusted service positions open: Co-Treasurer, VRCC Alternate, and Public Information Chair, and one position filled at our April ASC (that of Alternate RCM . Christine B.)

~ Our Special Events subcommittee has scheduled its second annual Area Speaker Jam entitled %eeling Our Way Through II+for May 16th from 10am-11pm at the Holiday Inn Select, 601 Main Street, Lynchburg Virginia, 24504. The event will include Workshops throughout the day, a cookout, followed by a main speaker and finally a dance. There will be a registration fee of \$15.00 per person and early registration is encouraged, as limited seating is available.

~ All of our subcommittees are experiencing fair support. Our Phone line subcommittee is investigating the possibility of switching from the pager that we currently maintain to a cell phone. Our Area Chair Jim H. mentioned that the Central

Atlantic Region already has a system in place, which forwards calls to specific Areas and asked that I investigate the possibility of utilizing this service. Our H&I subcommittee currently has one commitment (at the Detox/Crisis Stabilization Unit at the Courtland Center in Lynchburg) and is experiencing fair support. Our next Area Service Committee meeting will be held on Sunday May 3rd at 2:00pm in downtown Lynchburg at the corner of Twelfth and Church Streets.
~ I have one check today for our regional donation in the amount of \$299.32
In loving Service (Eddie W.)

Blue Ridge RCM Report

Dear Regional Members:

The Blue Ridge Area of Narcotics Anonymous now has eight home groups in the Area. We had six attending GSRs at the last Area Meeting. Our current trusted service positions that are open are: Vice-Chair, Special Events Chair, Policy Chair and Outreach Chair.

The latest **group news** within the Blue Ridge Area is, in short, all is well.

The latest **Subcommittee news** within the Blue Ridge Area is as follows:

The Literature Committee continues to provide groups with the NA Literature that is needed

The BRANA Campout Inc. Committee had its second sub-committee meeting on Saturday April 11th.

The Special Events Committee has announced the upcoming events:

1. June 20, 2009 / New Hope Community Center / a Prom-themed event with kings and queens
2. August 15, 2009 / the 2nd annual %Go Jump in the Lake+event

More will be revealed

To conclude, the Blue Ridge Area of Narcotics Anonymous has its next Area Service Committee Meeting Thursday May 14, 2009. This report includes a copy of the latest BRANA meeting list. I have e-mailed this report to our Regional Secretary. Today, the Blue Ridge Area of Narcotics Anonymous has a \$19.64 (Nineteen Dollars and 64 cent) donation to the Central Atlantic Region of Narcotics Anonymous.

In Loving Service, Robert W - BRANA RCM

New Dominion RCM Report

All is well in the NDANA. We currently have 31 groups in our area, having added a new meeting, Together We Can, this month. Due to the Easter weekend, we had only 10 voting & 12 reporting GSRs. We usually have 15-20 voting.

We have just elected Tim E. as alternate VRCC director and at this time have no positions open.

Our groups are doing well with attendance up at most meetings. There are still a few that are struggling and announcements are being made for support.

Our area has been doing very well. Although 7th tradition donations are down, we continue to support all our sub-committees as well as donating to Regional and World. Our donation to Region was \$641.19 this time. We did pass a motion unanimously to host the September Regional Speaker Jam and an AD HOC committee was appointed.

All of our Sub Committees are doing well. H & I continues to thrive, Carrying 14 meetings into 12 facilities per week. They are always in need of speakers to help carry the message and get involved. PR is hosting a phoneline workshop April 25th and continues to do well with the website, [metroichna.org](http://www.metroichna.org). Hope Fiends is hosting its 7th annual campout May 1-3. Flyers are available. Our Special Events sc is also planning a Memorial Day campout, with flyers available.

All of our area events can be found on the website, <http://www.metroichna.org>

Our next ASC will be Sunday, May 10th.

South of The James Softball Tournament is June 13th at Harry G. Daniels at 9 am. I will send flier to Webmaster.

ILS Mark C.

New River Valley RCM Report

The New River Valley Area currently has nine home groups with a total of 14 meetings per week being held. We recently held this years elections for our Area positions. We currently have two positions open; Area Treasurer and VRCC Rep. Our Activities Subcommittee is in the process of planning our Area Spring BBQ, which will be held May 9th at the HOW group in Dublin VA. Our H&I is maintaining to commitments at local treatment facilities, once a month. We have recently established an Ad Hoc Archives Committee to work on collecting and organizing information on the history of our area.

We are continuing to work on getting our new policy to the groups for a vote. And we are grateful to report that our monthly ASC meeting has had great attendance. The next ASC meeting will be held May 3rd at the How group in Dublin. We have a \$30 donation to region.

In Loving Service, Misty N.

Outer Limits RCM Report

Hello Family

Since the OLANA area has not had a RCM representing for awhile, our Vice-Chair, Denise C. and our Literature Chair, Sabrina Mc. will be our acting RCM and RCM Alt. representing until someone steps up for the position(s).

In our March minutes, copy to be given to secretary, it will reflect the responses of our groups regarding the motions that were brought back to the areas.

135-3 = 2Y/2A

137-7 = 3Y/1A

137-8 = 3Y/1A

137-9 = 3Y/1A

137-10 = 3N/1A

We are now down to 4 home groups in the OLANA area, losing Serenity Seekers to the Capital Area in NC. There is a new group that started in Emporia, VA at a new Women's Recovery Home that is open to all addicts that needs support. They have showed up initially to become part of the OLANA area, but lost their GSR and is now looking for someone else to step up and that would give us 5.

Because our area is struggling and trying to find ways to get more addicts involved, we are asking the RD team to do an area learning tool workshop.

One of the home groups has asked about having a regional policy and how to go about getting one for our area.

Our area will be hosting the next Regional Subcommittee meeting in Emporia, VA on May 16th from 10-6pm. Information to be provided by regional activities chair.

The OLANA area is planning a pig pickin the weekend of July 11 at North Bend Park at Kerr Dam as a fundraiser in support of the AVCNA 29th. Flyers will be forthcoming.

We are donating a check in the amount of \$560.36 as our regional donation.

Thanks for letting me serve, Denise C., Vice Chair/Acting RCM

Peninsula RCM Report – no report

Piedmont RCM Report

Hello Family,

We currently have 26 meetings, served by 16 home groups. At the last ASC we had 13 GSR's in attendance. We have 2 positions opening up in our Area. They are RCM and PR. This is going back to home groups for the first time. All our subcommittees are strong and are getting lots of support. Our area is gearing up for PACNA 19 at Misty Mountain Campground in Greenwood VA on June 5 - 7.

Scheduled to speak at this point are Bob L. and Karen C. from Daytona Beach FL, Bob G. from FL., Bob McK. from PA, Vickie B. from Lynchburg, Kim C. from Roanoke, William H. from Richmond, Patsy G. and Kermit O. from Charlottesville. The slogan is "Flip for NA with a Burning Desire". There are fliers on our web page www.piedmontvana.org. Our area has decided to not send a donation to the region or world at this time in order to cover expenses for PACNA. Our next area service is May 3rd at 4 pm at Wesley Foundation. My service commitment as RCM ends after our June area service. Norman C. will be the new RCM.

ILS, Tee T.

Rappahannock RCM Report

The Rappahannock Area met April 5th at 5:00pm in room 102 at the St. George Episcopal Church in Fredericksburg, VA. We have 20 meetings in our area with 12 voting members.

Area Trusted Servant Positions Open:

H & I Chair

Alt H & I Chair

Alt PR Chair

Alt RCM

Alt Outreach Chair

Vice Newsletter Chair

Vice Policy/By laws Chair

There were no Trusted Servants elected

Area News

The Ad hoc committee for the Policy/by laws committee proposed to change our meeting time for the Area. The motion to change the meeting time went back to groups for voting. There was other by laws that went back to groups for voting.

Group News

I do not have any anniversaries for April or May at this time.

Subcommittee News

We sponsored the Regional Speaker Jam March 21, 2009. It was a huge success.

Our Activities Subcommittee meets every Friday after the 7:00pm meeting. We are planning a Camp Out - May 8th-10th, 2009: RANA CAMPOUT, Christopher Run on LAKE ANNA, 7149 Zachary Taylor Hwy Mineral VA 23117.

We are in the process of electing a new Activities Chair; our present chair stepped down last Area for personal reasons.

Motion to go Back to Home Group

Motion 135-3 amended . passed

137-7 . yes

137-8 . yes

137-9 . yes

137-10 . yes

137-12 . abstain

137-13 . abstain

No donations at this time.

Our next Area Meeting will be held May 3, 2009, 5:00pm, Room 102 at the St Georges Episcopal Church on Princess Anne Street.

In Loving Service, Pat P. - RCM for RANA

Richmond RCM Report

Greetings from the Richmond Area of NA,

Richmond Area service was well attended. We are in the process of nominating and electing a new secretary and assistant secretary. Taya R. was nominated and elected as the new Treasurer for Special Events. GSR and other trusted servants asked to put the word out for a new Secretary for our Area. The last dance put on by Special Events was a great success. There will be a New Comer Dance tonight at Rebos on Midlothian Turnpike in Richmond VA; 6000 Midlothian Turnpike, west of channel 12, Richmond VA 23225. All subcommittees are functioning ok. Unfortunately I do not have a donation for the Richmond Area today. We were \$400 below prudent reserve. Hopefully we will be back on track for the next Regional meeting. The Alternate RCM, Nancy S., received a check for \$1400 to donate at the last regional, February 21st, 2009 and in her report she stated she accidentally left the check at home. It is my prayer that the check is in the mail. I celebrated 3 years on April 16th, 2009 at A Shot of Hope home group. Our new Treasurer Bryon W. is currently doing a great job with our areas banking and book keeping. We are looking forward to a more accurate account of our area money matters. I have been informed today at 1 pm by the Alternate RCM that the \$1400 donation for the Feb. 21st Regional Conference will be given today by the close of this meeting. I sincerely apologize to this body for not being available at the last Region. It is my sincere prayer that I will be able to attend, as elected, all future regional conferences.

In Loving Service, Paula C.

Roanoke Valley RCM Report

Hello Family,

The Roanoke Valley Area of NA continues to carry the message of recovery. All of our area service positions are filled except for the PI Chair position. We have a donation to CARNA of \$314.91. The next RVANA ASC will be held on April 26, 2009 at 2 pm in Salem VA.

ILS, Mike G. . RVANA RCM

Shenandoah Valley RCM Report – no report

Southside RCM Report - no report

Tidewater RCM Report

Hello All,

The Tidewater ASC last met on Sunday April 12th 2009 with 43 GSR in attendance. We currently have 125 weekly meetings with 92 home groups. We currently have all Area trusted servant positions filled with Mark W. being elected as Vice Chair, Terry H. elected as RCM Alternate, Chris R. elected as VRCC Alternate, and myself, Tim B. assuming the position of RCM. We will not be bringing a donation this month due to much-inflated donation two RSC ago. It may be a few months before we do so. This mistake put us nearly \$3000 under prudent reserve. We have, however, restored our prudent reserve with the help of TACNA IX donation to the area, as well as last month's group donations. Events upcoming are TACNA X pig picking on April 26th from 11 am to 7 pm at the Redwing Park shelter 2 in VA Beach. On June 7th the 18th annual unity day picnic at Bayville Farms shelter 3 VA Beach. Area news . We have appointed an Ad Hoc Committee to look into the feasibility of putting on the 29th AVCNA in the Tidewater Area with the committee meeting

on Wednesday the 22nd of April. The next ASC will meet on Sunday May 10th at 2pm 2009 at Norview United Methodist Church in Norfolk. Thank you Again in Service.

Tim B.

Tri-Cities RCM Report

Greetings to the Central Atlantic 138th Regional Service Conference from the Tri-Cities Area of Narcotics Anonymous,

Our area service committee met at 2pm on Sunday April 5th at Poplar Springs Hospital in Petersburg. We currently have 11 home groups in our area and there were 8 GSRs in attendance. Our area conscience agreed to recognize our Public Information subcommittee as the Public Relations subcommittee. The committee has been delayed in the mailings to professionals and completion of the billboard to be used as an exhibit, but the hope is that these tasks will be completed this week. Our Hospitals and Institutions subcommittee continues to carry meetings to one prison facility in Hopewell, and recently entered an initial agreement to begin carrying meetings to a jail facility within the Petersburg Sheriff's Department.

We have elected Bob G. to fill the vacant VRCC position and he will attend the next VRCC meeting in May. All other area positions are filled except for VRCC Alt. and RCM Alt.

Our Monday Feelings group meeting has changed locations and details have been shared with the help line, region and world contacts. I have our areas conscience today for motions sent back from the 137th conference.

In Loving Service, Akin S.

Quorum re-established. 12 out of 15 RCM/RCM Alternates present.

Old Business –

Motion 135-3

Mover: Greg H. 2nd: Bonnie W.

Motion: To change CARNA policy so that when accepting nominations for Regional positions, pro and con be given prior to the nomination going back to Areas instead of after they go to Area, just prior to voting.

Intent: To better inform the Areas with any information about a nominee, which could impact the Areas vote on any given nomination.

Send to Policy to report back at 137th RSC. Policy Subcommittee has re-written the motion and submitted it as an amendment. Motion mover accepts amendment, and new motion is as follows. This is to go back to Home Groups.

Motion 135-3 Amended

Mover: To move on page 8, #3 under elections to #4 under nominations and add:

On return of nominee to floor, nominee will be given opportunity to provide any re-buttle to cons (Pros and cons and re-buttle will be included in minutes.) or withdraw nominations (pros and cons restricted from minutes.)

Renumber both sections as needed.

Intent: To give information prior to elections to groups.

Pros: 1. It gives the Areas all of the information needed to make an informed decision on nominee's suitability for election to an RSC position.

2. This motion would allow RCMs to know potential information regarding a nominee for a position before the nomination goes back to groups, which would impact a vote for or against a nominee. As the policy states now, pros and cons are only presented after nominations have come back from areas. This process does not allow for RCMs to present potential information to areas prior to voting.

Cons: 1. Questions to address problems are already allowed. Any problems or questions can be answered by the nominee then. Only the pros and cons need be included and the nominee should not have another chance to rebut.

2. If person drops out because due to a con, it should still be in the minutes.

Amended Motion 135-3 to go back to Home Groups.

AT THE 138TH RSC - ROLL CALL VOTE WAS AS FOLLOWS:

**3 AREAS ABSTAINING – NEW RVR VLLY, OUTER LIMITS, RICHMOND
AH-Y, APP-Y, BR-Y, ND-Y, PDMNT-Y, RAPP-Y, RV-Y, TDWTR-Y, TRI-Y
MOTION PASSES WITH 9 IN FAVOR AND 0 AGAINST.**

Motion 137-5

Mover: H&I 2nd: Norman C.

Motion: To correct this years H&I budget.

Intent: To put back the monies advanced last year when it was not needed to be advanced.

Motion tabled by Vice Chair to table till the 138th RSC to have RSC Treasurer clarify if budget is correct as is or incorrect.

AT THE 138TH RSC, THE TREASURER STATES THE THE H&I BUDGET IS CORRECT AS IS. AFTER DISCUSSION, NORMAN MOTIONS TO TABLE INDEFINATELY, SECONDED BY PATSY. MOTION TO TABLE INDEFINATELY IS CARRIED WITH UNANIMOUS CONSENT

Motion 137-7

Mover: Policy 2nd: Mark C.

Motion: To disband Literature Review Subcommittee due to lack of fulfillment of Chair position and the lack of consistent need for literature review.

Intent: Lack of consistent need.

No pros or cons given.

Motion to go back to Home Groups.

AT THE 138TH RSC – ROLL CALL VOTE WAS AS FOLLOWS

2 AREAS ABSTAINING – NEW RVR VLLY, RICHMOND

AH-Y, APP-Y, BR-Y, ND-Y, OL-Y, PDMNT-Y, RAPP-Y, RV-Y, TDWTR-Y, TRI-Y

MOTION PASSES WITH 10 IN FAVOR AND 0 AGAINST.

Motion 137-8

Mover: Policy 2nd: Mark C.

Motion: To add on page 9 in Guidelines under Chair duties N. Responsible to establish an Ad Hoc Committee to fulfill any duties not covered by standing subcommittee purposes.

Intent: To handle activities not covered in subcommittee purposes.

No pros and cons given.

Motion to go back to Home Groups.

AT THE 138TH RSC – ROLL CALL VOTE WAS AS FOLLOWS

2 AREAS ABSTAINING – NEW RVR VLLY, RICHMOND

AH-Y, APP-Y, BR-Y, ND-Y, OL-Y, PDMNT-Y, RAPP-Y, RV-Y, TDWTR-Y, TRI-Y

MOTION PASSES WITH 10 IN FAVOR AND 0 AGAINST.

Motion 137-9

Mover: Policy 2nd: Mark C.

Motion: To reschedule day of Regional Speaker Jam to the 2nd Saturday of March and September.

Intent: To allow consistency for subcommittee meeting schedule.

Pros: 1. To simplify and allow consistency for subcommittee scheduling.

No cons given.

Motion to go back to Home Groups.

AT THE 138TH RSC – ROLL CALL VOTE WAS AS FOLLOWS

2 AREAS ABSTAINING – NEW RVR VLLY, RICHMOND

AH-Y, APP-Y, BR-Y, ND-Y, OL-Y, PDMNT-Y, RAPP-Y, RV-Y, TDWTR-Y, TRI-Y

MOTION PASSES WITH 10 IN FAVOR AND 0 AGAINST.

Motion 137-10

Mover: Greg G. 2nd: Norman C.

Motion: To change guideline and rules of order under Section IX: Officers Duties/Qualifications, sub article 3A, Secretaries Duties, line (I) which currently reads %Minutes shall be sent to the area {ASC} mailing addresses and the addresses of RCM\$, RCM Alternates, Officers and attendees+TO %Minutes shall be emailed to all RCM\$, RCM Alternates, RSC Officers, Area Chairs and RSC Attendees unless otherwise requested to have hard copies mailed to a physical address.

Intent: To save money, to save time, to save trees.

Pros: Cost effective.

Motion to go back to Home Groups.

AT THE 138TH RSC – ROLL CALL VOTE WAS AS FOLLOWS

2 AREAS ABSTAINING – NEW RVR VLLY, RICHMOND

AH-Y, APP-Y, BR-Y, ND-Y, OL-N, PDMNT-Y, RAPP-Y, RV-Y, TDWTR-Y, TRI-Y

MOTION PASSES WITH 9 IN FAVOR AND 1 AGAINST.

Motion 137-11**Mover:** Greg G. 2nd: Norman C.**Motion:** To have the Region purchase Microsoft Money for use by the RSC Treasurer.**Intent:** Better financial accounting system.**Chair rules motion is out of order because motion is already passed. Secretary will provide reference to old motion passed on 12-17-05.****Secretary found reference in the 118th RSC folder to a motion regarding buying MS Office, McAfee Antivirus, Adobe Acrobat, and MS Money. Motion was tabled till next RSC (119th) and it looks like a Software Ad-Hoc Committee was formed. They reported back to the 119th "We could not agree on anyone software at this time and suggest we drop the discussion at this time".****AT THE 138TH RSC, THE PRESIDING CHAIR RULED THE MOTION OUT OF ORDER BECAUSE OF THE PENDING PURCHASE OF A NEW LAPTOP. AFTER PURCHASE OF NEW LAPTOP IT WILL BE DETERMINED WHAT NEW SOFTWARE WILL BE NEEDED.****Motion 137-12****Mover:** Greg G. 2nd: Norman C.**Motion:** To have the Region purchase a new laptop computer for secretary not to exceed \$500.00.**Intent:** To have a functioning PC for future secretary to be elected in August.**Pros:** 1. To perform the duty of Secretary, functioning equipment is needed. This computer was purchased 6 years ago and does not work properly.

2. To replace broken equipment

Cons: 1. Are we setting a precedent to purchase laptops for the entire administrative body as needed?

2. Premature purchase.

Motion to go back to Home Groups.**At the 138th RSC there was a procedural motion made by Don V. and seconded by Robert W. to re-open discussion on this motion. This procedural motion to re-open discussion fails with 4 in favor and 5 against. Since this is not a policy change it is not a roll call vote.****Motion passes with 5 abstentions, 6 in favor and 1 against.****Motion 137-13****Mover:** Jim H. 2nd: Eddie W.**Motion:** For the Central Atlantic Region to host the 30th AVCNA.**Intent:** To bring all areas together to host the regional convention**Pros:** 1. To future the relationship between the region and VRCC, to work together.

2. Unity

Cons: 1. We don't have a structure to host a convention.**Amendment:** To add the phrase %o bid+. Made by Norman and accepted by Jim H.**Amended Motion:** For the Central Atlantic Region to bid to host the 30th AVCNA.**Motion to go back to Home Groups.****At the 138th RSC RV RCM asks to table motion for lack of information to make an informed decision. Presiding Chair says no because this has already gone back to groups and we have to hear their vote. BRANA RCM appeals decision of the Presiding Chair. Decision of Presiding Chair was upheld and appeal failed with a 6 to 5 vote.****Since this is not a policy change it is not a roll call vote.****Motion passes with 4 abstentions, 7 in favor and 1 against.****Nominations and Elections –see your local RCM for qualifications and duties****Literature Review Chair . Committee has been disbanded.****Outreach Chair . No nominations.****RDA2 – Greg H. nominates Burrell P. Burrell P. respectfully declines. Pat P. nominates Greg G. Greg G. respectfully declines.****Chairperson – Nominations closed. Sherry V. is elected as new RSC Chair.**

Vice Chair . Vacated by newly elected Chair.

Donna Mc. nominates Cynthia W. Cynthia W. accepts.

Cynthia W. . 7 years clean, has a sponsor and a home group, has working knowledge of 12, 12, and 12, has been a GSR, Alt. GSR, Area Secretary, Regional Secretary, Regional Policy Chair and Area H&I Chair. She has the willingness to serve.

Qualifications and Duties are:

2A. VICE-CHAIR DUTIES

- (A) Performs all duties and has all the responsibilities of the Chair in the absence of the Chair.
- (B) Liaison between all committees to assure coordinated functioning of said committees per RSC Guidelines.
- (C) Attends Area Service Committee meetings when requested.
- (D) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly. (125th)
- (E) Co-signer on all bank accounts of the Central Atlantic Region.
- (F) Responsible with the Chair to be custodians of the RSC computer equipment during the time between Conferences. The Chair and the Vice-Chair are specifically empowered to delegate this responsibility to any RSC or committee officer needing the computer to complete RSC-related projects.
- (G) Is an automatic nominee for the Chair position when it becomes open.
- (H) Attends all Regional Service Committee meetings.
- (I) Audits the Treasurer's reconciliation of bank statement and records.

2B. VICE-CHAIR QUALIFICATIONS

- (A) 5 years clean time.
- (B) 3 years Area and/or Regional service experience.
- (C) Willingness and desire to serve.
- (D) 2 year term, 4-year commitment.
- (E) A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the body of the Conference concerning this.
- (F) Time and resources needed to be an active participant.

Policy Chair – Current Policy chair's term is almost up.

Cynthia W. nominates Donna Mc. Donna Mc. respectfully declines.

Cynthia W. nominates Jennifer D. Jennifer D. accepts.

Jennifer D. . 11 ½ years clean, has a sponsor who has a sponsor, has been Chair, Vice Chair, Secretary, RCM, RCM Alternate and GSR of New Hope on the Area level. Almost Heaven Area Convention Committee Treasurer, PI Arts and Graphics, Hugs, Hospitality and she has the willingness to serve.

Qualifications and duties are:

8A. POLICY CHAIR DUTIES

- (A) Compiles a report consisting of activities since the last RSC:
 - 1. Activities since last conference
 - 2. Recommendations
 - 3. Report on motions committed to committee
 - 4. Expenses
 - 5. Plans
 - 6. Approved policy changes from previous RSC
- (B) Compiles a report of previous year's policy changes for the April GSR Assembly. (125th) (C) Submits Budget for upcoming year to the Treasurer at or before the October RSC. (118th)
- (D) Attends all RSCs.
- (E) Maintains updated CARNA Guidelines and Rules of Order for referencing as needed at RSC.
- (F) Produces updated Guidelines as requested for February RSC. (118th)
- (G) Has available CARNA Guidelines and Rules of Order as requested.
- (H) Is accountable for clarifying policy issues at the RSC as needed.

8B. POLICY CHAIR QUALIFICATIONS

- (A) 5 years clean time.
- (B) 2 years Central Atlantic Region, Regional Service Committee term.
- (C) Willingness and desire to serve.
- (D) 2 year commitment.
- (E) A solid foundation of the Twelve Steps, Twelve Traditions and Twelve Concepts and willingness to answer questions ask by the body concerning this.
- (F) Knowledgeable of Regional Guidelines and Rules of Order.
- (G) Time and Resources needed to be an active participant.

Motion 138-10

Mover: Don V. 2nd: Eddie W.
Motion: To approve attached 2009 . 2011 budget.
Intent: To allow CAR to be responsible in paying their bills and carrying the message.
Pro: Same as Intent.
Con: Budget submitted has no amount for discretionary spending, therefore it is inaccurate and misleading, when trying to inform area for clear vote.

Motion to go back to home groups.

Motion 138-11

Mover: Don V. 2nd: Donna Mc.
Motion: To change policy to create a budget year for the region beginning on January 1 and ending on December 31. To change the duties of Treasurer to reflect submission of yearly budget in October. To change subcommittee duties to reflect submission of subcommittee budgets to Treasurer in August.
Intent: To coordinate the entire process for establishing the CAR budget.

Motion referred to Policy to report back at 139th RSC

Motion 138-12

Mover: Mike E. 2nd: Paula C.
Motion: To move August RSC meeting from 8/15/09 to 8/22/09.
Intent: To keep with our policy of meeting in places that are handicapped accessible.

Motion fails with 0 in favor, 8 against, and 1 abstention.

Motion 138-13

Mover: Don V. 2nd: Mike G.
Motion: To change policy to instruct all subcommittees to include in their yearly budgets all estimated expenses including possible workshops and events.
Intent: To better inform our areas and home groups of our actual planned and possible yearly expenses.
Pro: Intent above.

Motion to go back to home groups.

Additional New Business –

1. H&I Learning Day expenses were discussed.
2. Discuss Convention bid. Tabled till the 139th RSC. RSC to clarify procedure. This will be first under Old Business at the 139th RSC.
3. The RD, Greg H., states he has a check dated June 2008 that was for gas to the WSC. Can he get a new check because he still wants the money? Unanimously decided by RCM that he can
4. GSR Assembly read.

138th RSC closed at 6:10 pm with Serenity Prayer.