Agenda 168th Regional Service Conference
Central Atlantic Region
April 19, 2014

Note: RSC will be preceded by Open Forum, not to exceed one hour.
Open Forum begins: 11:00am
RSC begins: 12:15pm

1. Serenity Prayer

2. Open Forum
   a. Discussion of whether we wanted to add something to policy to allow moving RSC to a different location
      and/or date on a one time basis without a 2/3 vote. Was determined that this could be addressed within the
      current policy framework.
   b. PR Needs some materials for an upcoming event, but should be able to handle it out of their budget.
   c. Re: the 165-3 motion. The vote was not taken as a roll call. Should we determine how areas voted?
   d. WSO is sending out sections of the Traditions workbook. Should we form an ad-hoc committee to review the
      workbook?
   e. We are not getting any hits on the old regional website. Is it OK to let this address go?
   f. There was a discussion about possibly incorporating consensus based decision making at the regional level.
      Whatever decisions we make need to be done within the framework of current policy and cannot change
      current policy.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum
   Chair                  Abs          Almost Heaven        Don V.   X
   Vice Chair            Bill M.      Appalachian         Abs
   Secretary             Brian C.      Beach                Dave C   X
   Treasurer             Neal P.       Blue Ridge          Nancy H  X
   Regional Delegate     Abs          Gateway to Freedom  Abs
   Regional Delegate Alternate Abs      New Dominion    Robert W.   X
   Regional Delegate Alternate 2 Abs        New River Valley Abs
   VRCC Chair            Abs          Outer Limits        Abs
   Hospitals and Institutions Chair  Abs        Peninsula       Abs
   Policy Chair          Greg G.       Piedmont            Theresa M. X
   Public Relations Chair Etta F         Rappahannock     Stephanie B. X
   Speaker Jam Chair     Abs          Richmond            Abs
   Roanoke Valley        Pat W.        Abs
   Shenandoah Valley    Elisa D.       X
   South Side            Andrew D.      X
   Tidewater            Abs
   Tri-Cities            Abs

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
   Norman – Alt RCM for Shenandoah
   Thaddeus – Alt RCM for Almost Heaven
6. Approval of Prior Minutes – Mover: Pat W. 2nd: Don V. (Acclaimed)

7. Trusted Servants Reports

<table>
<thead>
<tr>
<th>Chair Report</th>
<th>Absent.</th>
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<tr>
<td>Vice Chair Report</td>
<td>Good afternoon,</td>
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<tr>
<td></td>
<td>It has been a relatively quiet two months. My activity was pretty much restricted to adding my opinion to an email exchange.</td>
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<td></td>
<td>ILS, Bill M.</td>
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<tr>
<th>Secretary Report</th>
<th>All is well.</th>
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<td></td>
<td>ILS, Brian C.</td>
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| Treasurer Report   | All the bills that I know of up to today are paid. We had a balance of $14,777.95 at the 167th RSC. Since then we have deposited $6,924.23 ($241.68 was returned funds from Brinkster for some sort of overcharge). We have had debits totaling $5,153.74 to give us a current balance of $16,548.44. Checks 1167, 1173, 1176, and 1181 are still out. I paid Primus and PCMS since the bank statement was issued so our actual balance doesn’t match the bank statement associated with this report. Our YTD (2014) expenses have been $9,354.34 and our YTD income has been $11,390.83. We received $454.77 back from the RD team as funds not used for the CAR workshops and we received $56.60 from Rudolph as funds not use for the Speaker Jam. You might notice a substantial increase in YTD expenses since the last RSC and this is because we have covered all of the costs (I think) associated with getting the RD team to the WSC. We have four checks that have not come through the bank yet. Check 1167 was for $300 and was written to NAWS to help defray the cost to the WSO for sending a representative to the AZF. I’ve contacted WSO and they don’t think that they ever got the check. Check 1173 was to the Massey Foundation and it should be coming in soon. A trusted servant put the check in their wallet and forgot to send it in. Check 1176 was written to the UVA Hospital Auxiliary and was replacing a previous check that never showed up. It covers the cost of three RSC’s. Check 1181 was to the Massaponax Baptist church for the GSR assembly. Our prudent reserve as determined by the formula approved by the RCMs is $15,277.00. If we subtract this from our current actual balance the difference is $1,271.44. We are over the prudent reserve and this difference will be sent to NAWS. |
Greetings everyone.

I am unable to attend the RSC and am sending this report in my absence. Since the WSC I have been enduring some major challenges in my personal life and in my recovery. Thank you to the other members of the delegate team in picking up my slack. I will only be reporting on the old business sessions of the World Service Conference.

What is known as motion 7 was a procedural motion related to how old and new business, proposals and motions, would be handled on the floor. I will not go into detail about it and I’m sure you will be thanking me. Though I will say that it was decided that proposals were as binding as motions. As far as how the process was, it was quite often frustrating navigating the process but in the end what needed done got done. If you want further technical details of this motion or any of the other old business feel free to read the summary draft of decisions on the conference page.

There was a motion passed to approve the minutes.

An introduction to NA meetings was approved by voice vote unanimously.

service system project motions
Motion 4 in regards to use of group support forums passed 78 yes, 28 no, 0 abstentions and 1 present not voting.

Motion 5 relating to local service conferences and strategic planning sessions passed 76 yes, 33 no, 1 abstention, and 2 present not voting.

Motion 6 in regards to the use of service boards passed 75 yes, 33 no abstention, 2 present not voting.

Present not voting does not affect the percentages needed to pass while abstentions do.

CARNAs well as several other regions did put in proposals to have it be necessary for ssp motions To require a 2/3rds majority to pass but the floor did not decide to do that. In the end though the ssp motions all passed by more than a 2/3rds majority.

Motion 2 to not have delegates at the conference did not pass. Neither did motion 3 about naws no longer funding delegates.

We can have a much more detailed presentation of the WSC at the October 2 day if you so decide.

I will not be attending the Autonomy Zonal forum in July due to a family commitment. I will do my very best to remain apprised of the events that take place there.
Thank you for the opportunity to serve.

Donna lee

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<tr>
<th>RDA Report</th>
<th>Regional Delegate Alternate Report – 168th RSC (June 21, 2014)</th>
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<tbody>
<tr>
<td>Hello family,</td>
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Please excuse my absence here at the 168th RSC as I am enjoying a much deserved & desperately needed vacation (first in Virginia Beach, then the ECCNA with my fiancé at her alma mater, the College of William and Mary in Williamsburg).

As Donna Lee likely mentioned each member of the delegate team will be reporting on various aspects of WSC 2014. My report will focus on the following components of “New Business”:

- ADOPTED MOTIONS
- DECISIONS MADE THROUGH PROPOSALS
- PROPOSALS COMMITTED TO THE WORLD BOARD
- PROPOSALS SUBMITTED AS INPUT TO THE WORLD BOARD
- MOVING FORWARD STRAW POLLS
- GWSNA CHANGES STRAW POLLS

These components will cover the various items presented in the CAT which were voted on at the GSR assembly. In the interest of the ten minute limit regarding reports, I will not be including ALL New Business Proposals introduced for discussion at the conference as to do so would add approximately 15 pages to this report. I will instead focus only on those items supported by the conference (during New Business discussion, or formal New Business), and list them under the aforementioned categories. I have taken the liberty to shorten lengthy proposals/motions, remove the “Intent”, etc… in the interest of saving time since our policy only allows what is read on the floor to be included in the minutes. All abridged motions/proposals in this report may be read in their entirety by going to www.na.org/conference and downloading the “WSC 2014 Draft Summary of Decisions”. Thank you in advance for your time and attention.

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**ADOPTED MOTIONS:**

Motion #9: Made by the World Board  
To approve the Fellowship Issue Discussions project plan for inclusion in the 2014–2016 NAWS budget.  
Carried through voice vote

Motion #10: Made by the World Board  
To approve the Service System project plan for inclusion in the 2014–2016 NAWS budget.  
Carried through standing vote 94-26-1-4 (yes-no-abstain-present not voting)

Motion #11: Made by the World Board  
To approve the Traditions Book project plan for inclusion in the 2014–2016 NAWS
budget.  
Carried unanimously

Motion #12: Made by the World Board  
To approve the Public Relations project plan for inclusion in the 2014–2016 NAWS budget.  
Carried through voice vote

Motion #13: Made by the World Board  
To approve the 2014–2016 NAWS budget.  
Carried through voice vote

DECISIONS MADE THROUGH PROPOSALS:

Proposal BA: Made by the World Board  
To remove, as identified in the 2014 CAT, the language “Approximately halfway through each conference cycle” from the HRP External Guidelines found on page 21 of Guide to World Services...  
Strong Support

Proposal H2: Eastern New York Region  
To seat the region from Dominican Republic...  
Support: (89 yes, 28 no, 1 abstain, 10 present not voting)

*For clarification: During the New Business Discussion session, Turkey fell short of the two-thirds required to receive formal recognition as a conference participant (as per the GWSNA page 28, criteria #8).

Proposal BC: World Board  
“For changes to Guide to World Services and the WSC Rules regarding decision making at the WSC”...  
Unanimous support

Proposal BB: Made by the World Board  
To remove those policies identified in the 2014 CAT as not currently in practice from Guide to World Services...  
Strong Support

Proposal BL: Sweden Region  
To form a workgroup out of delegates, that will suggest a format for a sharing session at the WSC 2016 for RD’s...  
Strong Support

PROPOSALS COMMITTED TO THE WORLD BOARD:

Proposal AS: Wisconsin Region  
The Wisconsin Region of Narcotics Anonymous wishes to propose that beginning at the 2016 WSC, the mechanism for decision making be geared toward a Consensus
Oriented Decision Making (CODM) process...

*For clarification: “committed” to the World Board (as I understand it) simply means the maker agreed to “turn it over” to the care of the World Board (for possible consideration/discussion) with no specific deadlines for action, or certainty of conclusion.

<table>
<thead>
<tr>
<th>PROPOSALS SUBMITTED AS INPUT TO THE WORLD BOARD:</th>
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<td>*All of which were too lengthy to be included in their entirety.</td>
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Proposal AY: South Florida Region
Change Motion 12 to add the following: “This new PR pamphlet will be made available for fellowship review for a period of 6 months”...

Proposal AZ: South Florida Region
Change Motion 12 to remove researchers from PR Project Plan Objective...

Proposal AG: Northern New York Region
To determine a means of allowing submissions of both proposals and motions into the CAR as Old Business...

Proposal AL: Carolina Region
To suggest changes which reflect current World Service Conference practices to the Guide to World Services NA...

Proposal AM: Carolina Region
To suggest new WSC practices to the Guide to World Services NA as guidelines for member regions and the World Board to work together to present motions/proposals/resolutions for consideration in the Conference Agenda Report...

Proposal AN: Carolina Region
To increase the number of days prior to the WSC for NA Regions, NAWS and the World Board to work together to develop proposals/motions/ resolutions for submission to the Conference Agenda Report...

Proposal AF: Northern New York Region
To develop a form showing simple and clear procedures regarding straw polling, resolutions, proposals, and motions...

Proposal AH: Connecticut Region
To place any proposed project plans that would seek to eventually create new recovery literature, or would ultimately affect groups or local service delivery, in the Conference Agenda Report and not in the Conference Approval Track ...

Proposal BM: Pacific Cascade Region
For the World Board to create a vehicle (perhaps in a clearly defined section of the CAR) for regions to submit ideas/topics for discussion by the fellowship prior to the conference...

Proposal BK: Alaska Region
For World Board to consider zonal body formed geographically with vote based on addict population of zone meeting every two years...

*For clarification: “submitted as input” to the World Board (as I understand it) simply means that once their idea has been discussed on the floor and feedback has been gathered, the maker agrees to end further discussion and simply entrust it to the care of the World Board simply as “input” from the fellowship.

<table>
<thead>
<tr>
<th>MOVING FORWARD STRAW POLLS (5 items):</th>
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<tr>
<td>CONFERENCE PARTICIPANT BULLETIN BOARD:</td>
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<tr>
<td>• Keep it? Strong Support</td>
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<td>• Posting by conference participants only? Strong Support</td>
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<tr>
<td>• Viewable to others or remain as is? Remain as is</td>
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<tr>
<td>ZONAL BOUNDARIES:</td>
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<td>• Want a map? Strong Support</td>
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<td>VIRTUAL WORKGROUPS:</td>
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<tr>
<td>A) WSC Processes Workgroup</td>
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<td>B) WSC 2016 Sharing Session</td>
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<td>WSC EVALUATION:</td>
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<td>If we created an online version would some of you complete it?</td>
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<td>Strong Support</td>
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<tr>
<th>GWSNA CHANGES STRAW POLLS (10 items):</th>
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<tr>
<td>*Taken during an informal session, intended to take a pulse of the body (not to make decisions)</td>
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<tr>
<td>1. A decision of the WSC is a decision – whether made by proposal or motions – and should require the same support thresholds called for in our existing rules.</td>
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<td>Strong Support</td>
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<td>2. Clarify the terms we use for voice decisions – support and strong support – to indicate majority or 2/3rds support.</td>
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<td>Strong Support</td>
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<td>3. Returning to motions in the CAR; continuing the use of proposals in new business.</td>
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<td>Support (47 - 45)</td>
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<td>4. Developing a mechanism and process for forwarding ideas for discussion.</td>
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<td>Strong Support (1 opposed)</td>
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<tr>
<td>5. A common understanding of how each decision making session will be conducted and consistency in facilitation.</td>
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<tr>
<td>Strong Support (1 opposed)</td>
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6. Call it a “straw poll” when we are trying to get a sense of the body. For “decisions”, call it something else – perhaps “vote” or “making a decision”, or ??
Strong Support (1 opposed, 1 abstaining)

7. For the purposes of this WSC, do you support making changes to GWSNA by establishing general direction for the changes at the WSC without the need to approve specific language.
Support (53 – 37)

8. Establish a review period of some kind.
Strong Support

9. Removal of policies/terms not currently in practice (Zonal reports at the WSC, Distribution/sale of WSC audio tapes, Terms like News Flash and bulletins that are no longer in use).
Strong Support

10. Removing language from Guide to World Services about when the HRP selects its own leadership.
Unanimous

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FAILED MOTIONS & MOTIONS MADE AND WITHDRAWN:
*May be read in their entirety by going to www.na.org/conference and downloading the “WSC 2014 Draft Summary of Decisions”.

In Loving Service,
Eddie W. (RDA)
RDA2 Report

Please excuse my absence. I struggled with the decision of whether or not to personally report here at the 168th RSC or keep my commitment to meet with my sponsor at the ECCNA (a commitment I made following the 166th RSC when we made the decision to hold Region in Williamsburg this weekend). Because I have a long distance sponsor, the opportunities to spend the weekend with her and other members of my sponsorship family are rare. Again, I do regret there ended up being a conflict between my commitment to the region and my commitment to my personal recovery.

As per the decision made by the delegate team each of us is reporting on a separate aspect of the WSC 2014. The majority of the latter half of the week was devoted to Planning Our Future. My report will focus on the following topics.

- STATISTICS ON PARTICIPANTS ATTENDING WSC 2014
- WSC 2014 ELECTION RESULTS
- FELLOWSHIP DEVELOPMENT
- PUBLIC RELATIONS
- PLANNING OUR FUTURE

STATISTICS ON PARTICIPANTS

- There were 215 people seated on the floor and of 115 seated regions. There were 112 RDs present. Missing were Le Nordet, France, and Nepal.
- There were 82 Alternate Delegates from seated regions attending, 61 from the US, 2 from Canada, and 19 from outside of the US or Canada.
- Of the 212 combined RDs and RDAs 158 were male and 54 were female.
- 40 countries with 21 different languages were represented.
During the Public Relations session we were shown a PowerPoint presentation with slides from some of the PR efforts that have occurred around the world. It was incredibly powerful to see slides depicting World Drug Day in Bangladesh, an NA helpline mural in Brazil, an NA PR booth next to a needle exchange in New Jersey, a helpline poster in Germany, an H&I panel in a prison in Brazil, a Certificate of Appreciation from the Hungarian Ministry of Social Affairs, a certificate recognizing NA as an NGO in Iran, Recovery Day in British Columbia, an Opioid Conference in Switzerland, a Bus sign in Russia, a very powerful PSA from the Portugal region and much more.

Rather than report further on that here, we will be showing you videos and a PowerPoint presentation at our upcoming October Assembly.
Through Fellowship development the needs of NA throughout the world are being addressed. During the Fellowship Development Session we were shown a PowerPoint that depicted many of the different Fellowship development opportunities in NA. In this past cycle some of the ways we engaged in Fellowship Development were:

- There was an incredible surge in Fellowship Development in the Minnesota Region as evidenced by a complete restructuring of their service efforts,
- The Georgia Region collaborated with NA World Services and the Savannah Low Country Area Service Committee to provide a display booth at the Seventh Annual Georgia School of Addiction Studies Conference in August of 2013, and we also saw
- We saw awe inspiring growth and development on the African continent which resulted in the First East Africa Convention of NA.
Prior to the conference I had been hearing and reading a lot of negativity, especially around the Service System Project. By the time I got to the conference and had the opportunity to view the much more silent majority I was able to see that much of the negativity seemed to come from just a small handful of US regions. It seems like the
regions that have yet to adopt CBDM and continue to use Roberts Rules of Order had the most difficulty with a discussion based conference and from my perspective it seemed these regions tended to continually bog down the process with policy.

During the Planning Our Future sessions the delegates discussed ideas for the future of the conference. The participants were split into groups and asked to look at the future of the conference and what it might look like. They were asked to forget that there is a WSC or WSO, or even a NAWS and to consider all the “needs” of a worldwide fellowship. They brainstormed ideas for what types of service bodies or entities would be needed to take care of those needs and to roughly develop some ideas for how such entities would be structured with how often they might meet and who the participants might be, etc.

The end result of those sessions was that the consensus among all the round tables seemed to be that the best-case scenario for the conference would definitely include zonal representation. More will be discussed this next conference cycle.

There is a “summary of decisions” from the conference which I’m sure you’ve already heard mentioned in Donna Lee and Eddie’s reports that I will send to the Webservant and we can hopefully get that document posted on the website.

I also need to request funds for travel and lodging to the Autonomy Zonal Forum in July and I will be contacting Neal with regards to this request soon.

As world requested during the WSC, I submitted our Zonal information to them.

In closing I also need to ask each RCM to please respond to the email I sent you while I was in California during the WSC 2014. This email request was for meeting information from each of your Areas. I need this information in order to fulfill my commitment as the web liaison to World Services. If you need me to resend you the request, please email me at kim@webmastery.org and I will find and resend the email.

Thank you for the opportunity to be a part of and to hopefully be of service. I was absolutely thrilled to be given the opportunity to attend the WSC and am infused with the lifeblood of our program. One Addict Helping Another is indeed without parallel - I am grateful to be able to serve.

ILGS,
Kim A
860.469.5462
kim@webmastery.org

<table>
<thead>
<tr>
<th>VRCC Report</th>
<th>Absent</th>
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<tr>
<td>H&amp;I Chair Report</td>
<td>The Regional H&amp;I Subcommittee met on May 17, 2014 in Cumberland, MD with 11 people in attendance. We read over the highlights from the minutes of the 166th SC. The main points of discussion for this meeting were: 1. Plans to maintain the rotation throughout the 4 quadrants. The next will be in quadrant 3. 2. We discussed that the subcommittees should be meeting to cover ALL states: WV, MD, PA, VA &amp; NC.</td>
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3. The most discussion was about Bullet 8 on the RSC minutes which says, “A policy will be submitted at the 168th RSC.” This refers to the ongoing discussion/teleconferences webinars about inmate step writing. Needless to say there was much discussion about the project, and the feedback was controversial. In discussing this the following was noted:
* Not everyone is getting the emails sent out with the minutes from the scheduled Thursday teleconferences.
* Because of not receiving the minutes, it came to light that there seems to be some work has been done in writing policy & procedure to adapt the Correctional Policy to fit the CARNA region. Note: There were only two people in attendance for this writing.
* The decision was to delegate a member to help write the first draft after we contact Chuck.

In Chuck’s absence today, there is no motion for the 168th RSC today.
The next H&I Subcommittee meeting is July 19, 2014 in Covington, VA with the location TBA.

Shevana’s H&I Chair is Mike W. H&I has six meetings in four facilities. There are no new meetings at this time. They are experiencing no problems at this time. H&I holds a book study bi-monthly. Facilities served are the Northwestern Regional Adult Detention Center, the Northwestern Regional Juvenile Detention Center and the Winchester Medical Behavioral Health Unit.

NA Luv & Hugs,
Nancy H.

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<tr>
<th>Policy Subcommittee</th>
<th>Dear RSC,</th>
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<td></td>
<td>The policy subcommittee met in Cumberland, MD at 11 am on May 17th. There were 8 members in attendance. The main topic of conversation was the recording of the results for motion 165-3. This was the motion concerning electing a representative to serve on the ECCNA. Policy states on page 4, Section IV, Line 3 “All Group Conscience votes will be Roll Call”. We suggest an effort be made to ascertain the individual votes from each area for a matter of recording purposes and not re-voting.</td>
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<td></td>
<td>The next policy subcommittee meeting will be held in Quadrant 3, New River Valley. It will be held in Covington VA. The time and date will be announced on the website as soon as possible. The conference call in number is 712-432-1500. The Access code is 608123#.</td>
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<td>ILS, Greg G.</td>
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<tr>
<th>Public Relations</th>
<th>Hi Family,</th>
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<td>• The PR Subcommittee met May 17th in quadrant 2 at Ft. Recovery in Cumberland Md. There were 9 people present. We discussed the lost materials and getting our hands on what is in Richmond along with what new materials will need to be purchased.</td>
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<td>• We also talked about materials that are sent to the website and how they align with policy. There had been one piece that was not an future event and contained a you-</td>
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tube video that we decided as a group not to post due to it not being a current event and the website link might cause harm to our website. The entire committee voted this on.

- We also discussed our current website problems and what was being done to fix the heart wire virus that had plagued or site sending visitors to a Nike link.
- We discussed the ROVNA domain name, which was free and had been agreed upon to keep for 5 years after the name change. It is now about $30 per year and does not get the traffic that the car-na website hosted by Brinkster. The committees suggest that we now let it go but are bringing it before the body for final approval.
- MULTI_REGIONAL PR LEARNING DAY May 10th Beltsville MD had World Board and out of State facilitation. It was hosted by the C&P Region. It consisted of from members from Mass, NJ, NY, MD DC and Virginia. We had large and small group discussions with topics from the PR hand Book and participated in mock presentations to groups outside of NA.

Phone lines are current and the spreadsheets of current information have been prepared and submitted to the phone line rep by George B. I have a copy of the current worksheet. Updates to the front page are being worked on and it will fit all cell phone screens.

Website has had extensive problems with Viruses and has finally been fixed by Sherry V and Julie B working with network solutions for the fix. It is now running fine from all search engines to our knowledge.

Virginia Summer Institute has been paid for and we are registered. We now need literature and design the packs and purchase the display materials.

    Our next meeting will be in Covington Va July 19th.

In Loving Service, Etta F.

Note: Etta F. was issued a $300 check in advance to cover expenses related to Virginia Summer Institute.

| Speaker Jam | Absent |

8. Area Reports

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<th>Area</th>
<th>Description</th>
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<tr>
<td>Almost Heaven</td>
<td>It is always an honor to have the opportunity to serve my area in NA. Since I have now been elected to the RCM position, it seems that this body will have to put up with my presence for the next year. In addition, I would like to introduce our newly elected RCM- Alternate, Thaddeus M. Our home groups are very active in the Almost Heaven Area and planning summertime activities such as picnics and pool parties. We have added one new meeting to our meeting list. This is a meeting will be starting this week on Sunday afternoons. We have donations for the region totaling $426.64. This includes $204.91 that I forgot to bring to the last RSC.</td>
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In Loving Service,
Don V.

Appalachian Absent

Beach

Hello family,

The Beach Areas H&I is working to get a meeting into the Virginia Beach jail. We are in the final process of getting members approved to enter the jail. The problem we are encountering with the corrections system is that they will not allow a convicted felon into the jail.

Our area has 20 home groups and participation is almost 100% every month.

ILS
David C

Blue Ridge

Hello from the BRANA area. Our last ASC meeting was held on June 12, 2014 with 8 of the 11 home groups represented. Overall the meetings are all well attended. There has been one home group meeting closed... A Chance for Gratitude closed its 8PM Monday meeting @ Lewis & Beverly Streets in Staunton. However, there have been two new meetings opened: Triumph Over Tragedy has an 11:30 AM meeting @ Cavalry UMC in Stuart’s Draft, VA. There’s a new home group (unnamed at this point) in Harrisonburg at Park View Mennonite Church. It’s at 12:15PM @ 1600 College Ave, Harrisonburg, VA. In relation to these additions, the PR committee has assumed the responsibility of updating the meeting list on the BRANA website. The web servant we had for 15+ years moved out of the state, so this is a work in progress. The H&I commitments are being met but as always we can use more volunteers. We are currently covering the MRRJ Women’s & Men’s group as well as the meeting @ Augusta Correctional Center in Craigsville, VA. We also have the Men’s Diversion Center in Harrisonburg.

The Outreach Committee which is PR and H&I are developing a meeting list for a poster day. This was taken back to the home groups for input. It will be discussed in the July meeting.

The open positions we have at this time are: Vice Chair, Literature Chair, VRCC Rep and Web Servant. We do have a trusted servant working on updating the website. The upcoming events are BRANA, BRANA, BRANA…. The 33rd campout will be on July 18-20th @ Natural Chimneys in Mount Salon, VA. The annual “Go Jump In The Lake” sponsored by the Find a New Way to Live home group will be on August 24th @ Lofton Lake. It is posted on the website and fliers will follow.

The next ASC will be held on July 10, 2014 @ 6:30PM at Lofton Lake. Our mailing address is PO Box 623, Harrisonburg, VA 22803. Today we have a contribution of $195 to the Central Atlantic Region.

NA Luv & Hugs,
Nancy H.

Gateway to Freedom Absent

New Dominion

All is well in the New Dominion Area
• We currently have 40 active meetings going
• PR in the NDA is steadily making progress on the phone line. They just started the
process of porting over our help line number from keener over to our new service, Freedom Voice. The new phone line will hopefully be up and running in the next month. Web site updates were completed a couple of nights ago and they are working on a “cart” program for literature orders.

- Hospitals and Institutions currently has 14 commitments actively going but have several men and women’s facilities that are in need of trusted servants looking to give back what’s freely been given to them. Please spread the word. Unfortunately Willow Oaks is closing its doors on the 27th of this month and tonight is actually the last meeting that H and I is carrying out there. H and I continue’s to go over there new policy at their meeting before area service each month.
- The camp out did not do as well as we had hoped due to lack of participation, hopefully we will do better next year. They donated $52 back to the area.
- We have a new policy chair….Carl P. He is eager to learn and I have been helping him learn his new position and will continue to do so as the former Policy chair of the area.
- We have $6489.35 in the bank account and are on track to be able to make our annual donation to region and world at the end of the year.

Thank You for the opportunity to serve,
Robert W.

New River Valley  Absent

Outer Limits  Absent

Peninsula  Absent

Things are going well in the Piedmont Area. We currently have 19 Home groups with 30 meetings per week. There are two new meetings: The Together We Can Group is Sponsoring a meeting Fridays 7:30-8:30 PM at the Mohr Center in Charlottesville. There is also a new meeting in Nelson County. Details will be available on the next Piedmont Meeting List.

H&I remains Strong with 8 meeting/week serving 5 facilities. There is one meeting/week in each of the inpatient psychiatric units at Uva and Martha Jefferson Hospitals, and one meeting/week at Boxwood Treatment Center in Culpeper. There are 3 meetings/week at Albemarle Charlottesville Regional Jail.
Current open positions are PR Chair, VRCC Director and VRCC alternate. Jon T. started his new position as Literature Chair at Area Service on June 1st.
The area hosted its first beginning of Summer Picnic Saturday June 14th at Pen Park with food, fellowship, activities and speakers. The event was well attended and may become an annual event. The Special Events committee is currently planning PACNA, which will be held September 12-14 at Small Country Campground in Louisa County. My term as RCM will be over in July, and I’m grateful for the opportunity I’ve been given to serve Narcotics Anonymous, and to learn about the functioning of our organization beyond the Area Level.
I anticipate that Aaron A. who is currently the RCM alternate, will be here as RCM in August. I think he’ll bring a level of energy and enthusiasm to the position that will serve our region well.

ILS,
<table>
<thead>
<tr>
<th>Location</th>
<th>Message</th>
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<tbody>
<tr>
<td>Rappahannock</td>
<td>Hi Family,</td>
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<tr>
<td></td>
<td>The Rappahannock Area had two Area Speaker Jams in May. A Mother's Day</td>
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<td>Speaker Jam on May 10th and the second Speaker Jam the following weekend</td>
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<tr>
<td></td>
<td>on May 17th. We had good attendance for both events, and they were a</td>
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<tr>
<td></td>
<td>success. There are 19 home groups and 33 meetings in The Rappahannock</td>
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<td>Area right now and we have a new meeting in our Area. The Rush Hour</td>
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<td>Group, meeting Monday, Wednesday, and Friday from 5:00-6:15pm at The</td>
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<td>Bowman Center. There has been discussion on possibly placing a bid to</td>
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<td></td>
<td>host the Regional Convention for 2016. Thank you for allowing me to</td>
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<tr>
<td></td>
<td>serve.</td>
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<tr>
<td></td>
<td>In Loving Service,</td>
</tr>
<tr>
<td></td>
<td>Rudolph C.</td>
</tr>
<tr>
<td></td>
<td>Stephanie B.</td>
</tr>
<tr>
<td>Richmond</td>
<td>Absent</td>
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<tr>
<td>Roanoke Valley</td>
<td>AT THE LAST ASC WE HAD 16 GSRS OUT OF 25 HOME GROUPS.</td>
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<td></td>
<td>THE NEXT ASC WE WILL BE ACCEPTING NOMINATIONS FOR AREA POSITIONS</td>
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<td></td>
<td>A.I.R. HOME GROUP IS WORKING ON A NEW LOCATION TO BEetter serve the</td>
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<td>addict who walks to mtgs.</td>
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<td>AMANDA W. RESIGNED AS SECRETARY AND KELLY M. WAS VOTED IN AS VICE</td>
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<td></td>
<td>SECRETARY.</td>
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<td></td>
<td>LAUREN R. WAS VOTED IN AS PR CHAIR. WE NOW HAVE THREE POSITIONS OPEN</td>
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<td>SECRETARY, VRCC DIRECTOR AND H.I. CHAIR.</td>
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<td>ACTIVITIES SUB COMMITTEE WILL HAVE A BBQ ON THE 4TH OF JULY 3 TO 7</td>
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<td>AND ON THE 5TH 2 TO 7 FOLLOWED BY A MTG 8-9 AND DANCE 9-12 AT ST MARKS.</td>
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<td></td>
<td>I ATTENDED ALL SUB COMMITTEE MTGS IN JUNE AND ALL ARE IN NEED TRUSTED</td>
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<td></td>
<td>SERVANTS.</td>
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<td>WE DISCUSSED THE WEB SIGHT AT THE PR MTG. A POLICY CHANGE HAS TO BE</td>
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<td></td>
<td>MADE IN ORDER TO FUND THE WEBSITE FROM THE PR BUDGET.</td>
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<td>WE HAVE NO DONATION AT THIS TIME.</td>
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<td></td>
<td>IN LOVING SERVICE</td>
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<td></td>
<td>PAT W.</td>
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<tr>
<td>Shenandoah Valley</td>
<td>June 20, 2014</td>
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<td></td>
<td>168th Regional Service Conference</td>
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<td></td>
<td>RCM Report – SheVANA Area</td>
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</table>
The Shevana Area continues to carry the message of hope and recovery to all addicts in the Valley. Currently Shevana Area has 17 active Home Groups with 24 meetings weekly. Shevana Area Service Committee met on June 9, 2014 at Grace Community Church in Winchester, VA. There were 12 GSR’s and/or Alternates in attendance. Quorum was met. All positions at the Area level are now filled and I have an RCM alternate attending the RSC with me. All Area Subcommittees have chair positions filled and meet on a monthly basis with their committee members. I do have the information requested by the Regional H&I Chair from our Area H&I Chair and will give him a copy. Shevana’s H&I Chair is Mike. W. H&I have 6 meetings in 4 facilities. There are no new meetings at this time. They are experiencing no problems at this time. H&I hold a Book study bimonthly. Facilities served are the Northwestern Regional Adult Detention Center, the Northwestern Regional Juvenile Detention Center and the Winchester Medical Behavioral Health Unit. On June 14, 2014 Shevana Area Special Events Sub-Committee hosted its annual Picnic at Jim Barnett Part in Winchester. It was well attended and a good time was had by all. (My volleyball team lost the tournament.) Shevana Area Speaker Jam XI is scheduled for July 12, 2014 at Jim Barnett Park at the Rotary Shelter. Workshops start at 10am until 5pm. Dinner is at 5:45, donations will be accepted. Clean time countdown and The Main Speaker at 6:45. I have flyers available. I also have copies of the Shevana Area Newsletter. While all anniversaries and celebrations are special for all recovering addicts to show that NA works, there are two worth mentioning in my report. In the Shevana Area on June 10th Hughie M. celebrated 44 years clean and on July 7th Barbara D. will celebrate 30 years clean. Last but not least The Shevana Area has a donation to the Region of $132.70.

ELS, Elisa D. RCM

Southside

Hello Family,

All is going well in the Southside area. We currently have 15 home groups and 40 meetings per week. We held our monthly area service meeting on June 1, 2014 and had 12 GSR’s attending the meeting. This was better than the previous month of May where only 4 GSR’s attended the area meeting. At times we have been struggling with trusted servants attending the ASC so it was good to see this month’s ASC well attended.

On June 28, 2014 we will be have a Game Night from 6 p.m. until 10 p.m. This will be located at Ascension Lutheran Church at 1035 W. Main St. Danville, VA. On July 27 there will be an AVCNA fundraiser including a History of NA presentation and potluck. We have flyers for both of these events on our website at southsidena.org.

Our next ASC meeting will be held on July 6, 2014 at 2 p.m. As always thank you for the opportunity to serve this fellowship.

In Loving Service,
Andrew D.

Tidewater

Absent
TRICITIES
HELLO MY REGIONAL FAMILY. SORRY THAT THE TRI-CITIES AREA WILL NOT BE REPRESENTED TODAY AT THE CONFERENCE. THIS IS DUE TO MY HAVING INVESTED IN THE ECCNA WEEKEND. PRAYERFULLY MY REPORT WILL REACH THE CHAIR AND SECRETARY IN TIME TO BE READ AT THE CONFERENCE AS THIS IS THE FIRST TIME THAT I EMAILED ONE IN. GOOD LUCK RIGHT.

ALL IS WELL AND ALIVE IN THE TRICITIES AND WE STILL HAVE TWELVE HOMEGROUPS IN THE AREA. FOR THE MONTH OF JUNE WE HAVE LISTED NINE (9) FAMILY MEMBERS CELEBRATING CLEAN TIME TOTALLING 56 YEARS. THERE IS SO MUCH EXCITEMENT AROUND THIS TIME OF YEAR - WITH CLEAN TIME CELEBRATIONS AND NEW COMERS ARRIVING LOOKING FOR LIFE AND HOPE.

HOSPITALS AND INSTITUTIONS (H&I) MEETS EVERY FIRST SUNDAY @ 1:00pm PRIOR TO AREA SERVICE WHICH MEETS AT 2:00 pm. BOTH MEETINGS ARE HELD AT 110 N UNION ST IN DOWNTOWN PETERSBURG, VA BUT BEGINNING IN JULY BOTH AREA SERVICE AND H&I WILL BE MEETING AT THEIR NEW ADDRESS OF: 125 E WESTOVER AVE, COLONIAL HEIGHTS, VA 23834 (HIGHLAND UNITED METHODIST CHURCH). THE TWO COMMITMENTS OF RIVERSIDE REGIONAL JAIL AND RUBICON TREATMENT CENTER ARE OUR ONLY COMMITMENTS. THE MEETING AT RUBICON IS EVERY TUESDAY FROM 6:30 TO 7:30 PM.

SPECIAL EVENTS HOSTED AN ECCNA SPRING DANCE FUNDRAISER WHICH WAS WELL ATTENDED. FUN WAS HAD BY ALL AND NEARLY $500.00 WAS SENT TO THE ECCNA. SPECIAL EVENTS IS PLANNING A PICNIC BUT FOR NOW – MORE WILL BE REVEALED.

DONATION OF $18.91 IS BEING MAILED TO THE REGIONAL CHAIR AND VICE CHAIR

ADDRESS FOR TRICITIES IS: TRICITIESAREAOFNA.ORG – P.O. BOX 947 – COLONIAL HEIGHTS, VA 23834
24 HOUR PHONE LINE: 804-965-1871

IN LOVING SERVICE:
TONEY W RCM FOR THE TRI-CITIES AREA

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**Elections & Nominations**

- **Public Relations** - Etta F. voted in by acclamation.
- **Vice Treasurer** – no nominations (nominations opened at the 163rd) – Send to Areas for Nominations
- **Ad-Hoc Traditions Workbook Review Chair** – no nominations – Send to Areas for Nominations

9. All New Business Motions turned in before lunch

10. Quorum achieved with 9 voting RCMs

11. Old Business:
   a. At 168th, we took a roll call vote to determine how Areas voted on item 165-3 at RSC 167:
      Yay: New Dominion, Roanoke Valley, Peninsula, Roanoke, Tri-Cities, Rappahannock and Richmond
      Nay: Almost Heaven, Piedmont, Shenandoah and Southside
12. New Business:
   a. Established an ad-hoc subcommittee to do a Literature Review for Traditions Workbook Review. (Unanimous Support, with members who are willing to participate, but they do not have sufficient clean time to be subcommittee chair.)
   b. There was strong consternation expressed by several attending about the absence of the RD Team and the Regional Chair at the current RSC.

1. Next RSC will be held in Charlottesville, VA on August 16th.
2. Announce Location and Time of next Subcommittee Meetings
3. Close with Serenity Prayer and Announcements